

ALEXANDER CROSS COUNTRY INVITATIONAL

Date: 10/21/2016

Location: Alexander Central

Course: 2 loop Varsity
1 Loop Modified

Team Registration: 1st 15 schools entries will be accepted--please email intent to participate to jsherman@alexandercsd.org before October 14th, 2016 with approximate number of athletes participating. We will be using Yentiming this year. Please register athletes on yentiming by Tuesday, October 18th by 9pm.

Scoring: Top 7 runners(Varsity) will be used for Scoring

- Modified – unlimited(NO spikes)
- Varsity Races Unlimited Entries

Awards:

Varsity (Boys and Girls)

Ribbons- Top 60

Medals to winning team –Top 7 Runners

T-Shirts to Top 10 Runners(Varsity Races)Boys and Girls

T-Shirts to Top 11th Grade Runner-10th Grade Runner-9th Grade Runners
not in the Top 10 of the Race

Modified

T-Shirts-winner

Ribbons- all runners

Entry fee: \$125.00/School-- \$70 for just boys or girls team--\$15.00/ind runner

Race Schedule

2:45- Registration and course tour

4:20-(7th and 8th)Boys

4:30- (7th and 8th)Girls

4:45- Varsity Boys

5:15- Varsity Girls

Registration for

Alexander Cross Country Invitational

School Name:

Coach:

Phone:

Address:

Town:

State

Zip

PLEASE indicate which teams will participate

Boys Varsity _____

Girls Varsity _____

Boys Modified _____

Girls Modified _____

Final Entries in Yentiming: by 10/18/16 9 PM

Return Registration Form and fees (or purchase order) by 10/14/16

Make Fees out to : **Alexander Varsity Club**

Thank You!

Send To: Andrew Buckenmeyer, Jessica Sherman, or Robert Adams

Alexander Central

3314 Buffalo St.

Alexander, N.Y. 14005

Phone: (585) 591-1551

Athletic Office: Robert Adams, AD (Ext. 2304)

Coach Andrew Buckenmeyer Cell (585) 506-6497

Coach Jessica Sherman (Ext. 2242) Cell(585-813-7794) or email at
jsherman@alexandercsd.org