# 8<sup>th</sup> Annual Marion Cross Country Invitational "Final Tune-up"



### \*\*\*Saturday October 21st 2017 10:00 AM\*\*\*

Marion Jr.-Sr. High School Campus - 4034 Warner Road Marion, NY 5000 meter course – grass, woods, with some hills - entirely on campus

Price: \$125 per school \$15 per individual

Up to "7" allowed in Varsity races Unlimited JV and Modified entries

Computerized- team scoring/results/barcodes for every runner/every race

Large schools and small schools - run together ALL races team scored.

We would like to create a championship style atmosphere before league champs and sectionals. See your top runners run in a championship style scored meet. This is also a great chance to have a quality race without the stress of a title on the line.

9:00 Course opens: Pick up race packets and tour the course

10:00 Modified Girls – 2 miles unlimited w/top 3 scored next 2 displace

10:30 Modified Boys – 2 miles unlimited w/top 3 scored next 2 displace

11:00 JV Girls – 5k unlimited

11:30 JV Boys – 5k unlimited

12:00 Varsity Girls – 5k 7 runners per team

12:30 Varsity Boys– 5k 7 runners per team

\*1:00 or sooner -- Awards presentation (Team Trophies)

#### Awards:

\*Medals to top 25 in each Varsity race

\*Trophies to the top 3 teams in each Varsity race \*JV top team trophy

\*Place Ribbons in all races (#26-50 Varsity, #1-50 all others) - handed out in chute \*Prizes and Races may be increased further depending on # of entries

Concessions: Bagels, Fruit, Pizza, Coffee, Hot cocoa, Gatorade, Donuts, Candy, etc. Limited Meet T-shirts will be available for sale

Please email intentions to Coach Pfeiffer ASAP e-mail Paul Pfeiffer <a href="mailto:ppfeiffer@marioncs.org">ppfeiffer@marioncs.org</a>

## **Marion XC Invitational Entry Form:**

School Name:		-	
Coach Name:			
Coach Phone:		-	
Coach Email:			
Expected Number of runners	s in each race:		
Modified Boys	Modified Girls		
JV Boys	JV Girls		
Varsity Boys	Varsity Girls		
*****Please turn in entry form with your payment****			

Please email your intentions to Coach Pfeiffer ASAP e-mail Paul Pfeiffer ppfeiffer@marioncs.org

Price: \$125 per school \$15 per individual
Entries submitted online by Wed. October 18<sup>th</sup> 2017 @ 8PM
WWW.YENTIMING.COM

Please make checks/vouchers payable to: Marion Track Club

Please send your payment with completed entry form to:
Paul Pfeiffer "XC Invite"
Marion Jr.-Sr. High School
4034 Warner Road Marion, NY 14505

<sup>\*</sup>Individual entries will be done online through <u>Yentiming.com</u>.

<sup>\*</sup>Your full roster in each race must be submitted online to be entered.

<sup>\*</sup>Every athlete will have a specific race number/barcode.

# **Copy of Marion XC Map 2016**

Marion XC Course

**Pinish Line** 

Start Line

**♀** XC COURSE

5000 meters 1 lower, 2 upper loops Modified- upper loop 1.4 miles Modified- lower and upper loop 2.0 miles

