

**SECTION V
WINTER TRACK & FIELD
CHAMPIONSHIPS 2013**

This packet contains Section V Championship information. Please read this information carefully. Entries received not using the proper format may be rejected.

**2013 Meets: Classes A & B: Saturday, February 16, 9:00a – (doors open at 8:30)
Classes C & D: Saturday, February 16, 4:30p – (doors open at 4:00)**

All individuals are eligible according to NYSPHSAA rules, Section V rules, and the meet standards. **State and Section V rules are that an individual need to compete in six meets. Athletes who were scheduled to compete in the meets that were cancelled due to weather may use those meets as one of the six. If an athlete has competed in only four or five meets, please send a list of those athletes, and a motion may be made at the seeding meeting to accept all those athletes. If an athlete has competed in fewer than four meets, a letter explaining the hardship must be submitted, including the number of meets the athlete has competed in, and explaining why the athlete did not compete in the minimum number of meets.** If it is a medical reason, documentation will help.

MEET STANDARDS: These must have been met during the current season. There are two kinds of qualifying standards. An athlete who has obtained an automatic qualifying standard in an event will be guaranteed a place in that event, if he/she decides to do it. A provisional qualifier may be entered into the meet, and may compete if there is room in the event. See the accompanying sheet for qualifying standards.

In addition, each school is allowed one boy and one girl wildcard. A wildcard is an athlete who has not made the standard in an individual event, and you want to see this athlete compete. A wildcard entry will NOT displace a automatic or provisional qualifier, and will not add athletes to an event beyond the maximum number. The wildcard is allowed one individual event, and the athlete must have competed in that event during the season, and meet all other requirements. In bar events, the bar will not start at a lower height to accommodate a wild card entry.

HOW TO ENTER:

All entries must be submitted online through the coaches' team accounts. All athletes need to be listed on the Team Eligibility Form with their event entries listed as a backup.

An athlete needs to have done the event once to be entered, and must have met the qualifying standard.

An athlete should have each event he/she intends to compete in marked on the entry sheet. This means INDIVIDUAL and RELAY teams. The exact relay is required. (You may list up to six names per relay)

Section V – Winter 2013 Meet Info

Sample Eligibility Entry:

Name	Grade	Event	Event	Event
		Performance	Performance	Performance
Dave Hennessey	12	1600m Run	3200m	3200m Relay

Relay team entries are to be made on the space provided on the entry sheet..

An entry made with falsified performances will lead to the disqualification of the entry.

All qualifying marks must be listed on the League Web Site, or they will be considered null and void.

All entries are considered final after 8:00 p.m. on **Monday, February 11. Coaches meeting is Tuesday, February 12, 6:30, at Penfield High School in the Commons. All coaches are welcome. A provisional athlete may be scratched at the meeting. Automatic athletes may not be scratched. At the end of the meeting, all entries are final.**

Athletes who fail to report to the clerk or the field event judge prior to last call will be considered scratched from the remainder of the meet.

Meet Procedures:

55m Dash	Finals
55m Hurdles	Finals
300m / 600m Run	Several Sections, Final Placing on Time
1000m	Depending on numbers, One or Two Sections
1500m.1600m,	One Section
3000m/3200m, Racewalk:	One Section
Long/Triple Jump	One Flight per Class – 3 jumps – No Finals
Shot Put	One Flight per Class – 3 Throws, No Finals
High Jump	Boys and Girls: Starting Height will be 2 inches below the seeding performance of the last seed. Bar will advance by 2 inches until 6'0" for boys and 5'0" for girls, then up by one inch
Pole Vault	Starting Height will be 3 to 6 inches below the lowest qualifying mark, up by 6 inches until 12'0" for the Boys and 8'6" for the girls then up by 3 inches
Scoring:	10,8,6,4,2,1
Awards:	Shield, Certificate – 1 st place (Blue for Individuals, White for Relays) Ribbons for places 2 –6 Sectional Team Trophy for 1 st place for each class champion, White shields (up to 15) to winning team.

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Order of Events: Girls Long Jump, Boys Long Jump, Girls Triple, Boys' Triple Jump
Boys/ Girls High Jump
Girls/Boys Shot
Boys/Girls Pole Vault

Girls 3000m Run
Boys' 3200m Run
Girls 1000m Run
Boys 1000m Run
Girls' 1500m Racewalk
Girls' 600m Run
Boys 600m Run
Girls 55m Dash – Final
Boys 55m Dash Final
Girls' 1500m Run
Boys 1600m Run
Girls 300m Dash
Boys 300m Dash
Girls 55m Hurdles – Finals
Boys 55m Hurdles – Finals
Girls 4 x 800m Relay
Boys 4 x 800m Relay
Girls 4 x 400m Relay
Boys 4 x 400m Relay
Girls 4 x 200m Relay
Boys 4 x 200m Relay

Other Information

1. The uniform rule will be strictly enforced. All athletes must wear school uniforms, with relay teams being identical.
2. The jewelry rule will be enforced.
3. ¼” spikes may be worn.
4. Coaches and Spectators will not be allowed on the track.
5. No radios.
6. Admission charge for the Sectionals will be \$4.00 for adults and students. Please make potential spectators aware of this.
7. We will have sectional shirts for sale. .