

Alfred University

Track & Field Clinic – McLane Center

Sunday, December 11, 2016

Weight Throw: 10-12

Hurdles: 10-12

WT Open Throw/ Break: 12-1

Break 12-1

Glide Shot Put: 1-3

High Jump: 1-3

SP Open Throw / Break: 3-4



Clinics will be run by Alfred University coaches and assisted by current AU athletes!

Head Coach of AUTF Bill Sortore – High Jump

Coach Brian Gawne – Shot Put & Weight Throw

GA Coach Nick White – Hurdles

Cost: \$25 for one session

\$20 for every additional session

Contact Coach Sortore at sortore@alfred.edu or

(585) 307-4015 to reserve your spot!