

SECTION V WINTER TRACK & FIELD CHAMPIONSHIPS 2020

This packet contains Section V Championship information. Please read this information carefully. Entries received not using the proper format may be rejected.

**2020 Meets: Classes A and D - Friday, February 21, 6:00 - 11:00 – RIT
Classes B and C – Saturday, February 22, 12:00 noon to 5:00 – RIT**

Note new time - RIT's event on that day has been cancelled, which allowed us to move the starting time to accommodate any potential weather issues for that weekend.

All individuals are eligible according to NYSPHSAA rules, Section V rules, and the meet standards. **In order to participate in the Sectionals and State Qualifier, an athlete must have participated in six meets.** If your athlete does not meet this requirement, he/she must apply for a hardship entry. **This form, which is in the form section of the Section V website (not the track website) is entitled the [Medical Waiver to Representation Rule](#). This form is due to Executive director Kathy Hoyt by noon on Friday, February 14.** This is not for athletes who failed to meet the minimum number of meets due to academic problems.

MEET STANDARDS: These must have been met during the current season. There are two kinds of qualifying standards. An athlete who has obtained an automatic qualifying standard in an event will be guaranteed a place in that event, if he/she decides to do it. A provisional qualifier may be entered into the meet, and may compete if there is room in the event. See the accompanying sheet for qualifying standards.

In addition, each school is allowed one boy and one girl wildcard. A wildcard is an athlete who has not made the standard in an individual event, and you want to see this athlete compete. A wildcard entry will NOT displace an automatic or provisional qualifier, and will not add athletes to an event beyond the maximum number. The wildcard is allowed one individual event, and the athlete must have competed in that event during the season, and meet all other requirements. In bar events, the bar will not start at a lower height to accommodate a wild card entry.

HOW TO ENTER:

All entries (including 4-6 relay names) must be on the entry sheet provided, and submitted online on the form provided.

An athlete/relay team needs to have done the event once to be entered, and the athlete must have met the qualifying standard. A Relay team cannot be entered/accepted without a time from the season.

An athlete should have each event he/she intends to compete in marked on the entry sheet. This means INDIVIDUAL and RELAY teams. The exact relay is required. (You may list up to six names per relay) Relay teams submitted without times or names will not be accepted.

Sample Entry:

Name	Grade	Event	Event	Event
Dave Hennessey	12	1600m Run	3200m	3200m Relay

Relay team entries are to be made on the space provided on the entry sheet.

An entry made with falsified performances will lead to the disqualification of the entry.

All qualifying marks must be listed on the League Web Site, or they will be considered null and void. On line entries are due on Sunday, February 16 at 8:00 p.m.

All entries are considered final after 9:00 p.m. on **Monday, February 17. Coaches meeting is Monday, February 17, 7:00, at Penfield High School the Commons. Park in the small parking lot on the right, go into the nearby doors, and follow the signs. All coaches are welcome. A provisional athlete may be scratched at the meeting. Automatic athletes may not be scratched. A Wild card entry must have his or her coach at the meeting. A school may enter only one male and one female wildcard. Schools which enter more than one will have all wild card entries removed. At the end of the meeting, all entries are final.**

Athletes who fail to report to the clerk or the field event judge prior to last call will be considered scratched from the remainder of the meet. If the athlete checks in and then decides not to compete, he/she will be charged with competing in one event, but may continue to compete in their other events. If the athlete does not check in, then he/she is scratched from the rest of the meet.

Meet Procedures:

55m Dash	Finals
55m Hurdles	Finals
300m / 600m Run	Several Sections, Final Placing on Time
1000m	Depending on numbers, One or Two Sections
1500m/1600m,	One Section
3000m/3200m, Race walk:	One Section
Long/Triple Jump	One Flight per Class – 4 jumps – No Finals
Shot Put	One Flight per Class – 4 Throws, No Finals
High Jump	Boys and Girls: Starting Height will be 2 inches below the seeding performance of the last seed. Bar will advance by 2 inches until 6'0" for boys and 5'0" for girls, then up by one inch
Pole Vault	Starting Height will be 3 to 6 inches below the lowest qualifying mark, up by 6 inches until 13'6" for the Boys and 9'6" for the girls then up by 3 inches
Scoring:	10, 8, 6,4,2,1
Awards:	Shield – 1 st place (Blue for Individuals, White for Relays), a medal, and a championship shirt. Ribbons for places 2 –6 Sectional Team Trophy for 1 st place for each class champion, White shields (up to 20) to winning team. Winning teams will also receive twenty gold medals, and shirts. Second place teams will receive up to twenty silver medals.

Order of Events: **Class C, then B, Class D, then A**
Girls then Boys Triple Jump, followed by Girls, then Boys Long Jump
High Jump – Boys, then Girls (both classes will go together)
Pole Vault – Girls, then Boys (both classes will compete together)
Shot – Girls, then Boys,
Weight Throw – Boys then Girls
- For Long Jump/Triple Jump – 4 Jumps
- For Shot Put, Weight Throw – 4 Throws

-Boys, then Girls for Track Events

Boys 3200m Run

Girls 3000m Run

55m Hurdles

55m Dash

1000m Run

1500m Race Walk

600m Run

Boys 1600m Run

Girls 1500m Run

300m Dash

Boys 4 x 800m Relay

Girls 4 x 800m Relay

Boys 4 x 400m Relay

Girls 4 x 400m Relay

Boys 4 x 200m Relay

Girls 4 x 200m Relay

Other Information

1. The uniform rule will be strictly enforced. All athletes must wear school uniforms, with relay teams being similar. Undergarments under the uniform no longer have to be matching. Please make sure there is no writing on the waist band of compression shorts – those shorts are illegal. If they are worn under the shorts, they are OK.

2. The jewelry rule will be enforced.

3. Athletes may wear spikes of ¼ inch showing.

4. Coaches and Spectators / non-competing Athletes will not be allowed on the track/infield.

5. No radios / electronic devices allowed in the competition area.

6. Admission charge for the Sectionals will be \$5.00 for adults and students. Please make potential spectators aware of this.

7. We will have sectional shirts for sale.