



# Memorandum

**To:** Track and Field State Association Administrators

**From:** Julie Cochran, Director of Sports

**Subject:** Variable Weight Pole Vault Poles

**Date:** December 12, 2018

Greetings to each of you. It has come to my attention that there is a pole vault pole being manufactured with a secondary weight label on the pole. It is being advertised so that you could use one pole for two weights. This is a variable weight pole and per NFHS rules 6-5-4 it would not be permitted in competition and warm-ups.

***NFHS Rule 6-5-4:** A competitor shall not use a variable weight pole, a pole which is improperly marked, or a pole rated below his/her weight, or any other equipment that is not legal during warm-up or competition.*

Please make sure you share this information with your state's athletic directors and coaches.