

Brighton Relays

When: Friday, April 29, 2016

Location: Brighton High School (1150 Winton Road South)

Facilities: 6 lane all weather track (1/8" spikes showing). Two horizontal jumping pits, one high jump pit, one pole vault runway (behind bleachers) one shot put circle, one discus circle. Restrooms will be available and concessions will be sold. All races will have automatic timing.

Time: 4:30 P.M. for track and field events. Warm ups will begin at 4:00 P.M.

Entry Restrictions: There is a ***18 team limit*** for this meet. Athletes may do up to 4 events. Only one relay entry per team per event. *Only **relays** will count toward team scoring.*

Entries: All entries are due ***by 8:00 pm on Wednesday, April 27th to YEN TIMING*** via On-Line entry Service. Incomplete field event relays *are* allowed. No changes the day of the meet. Results will be posted at the meet and on the Section V Outdoor Track website.

Scoring: Top 6 places; 10-8-6-4-2-1

Awards: Trophies to top 2 girls and top 2 boys teams, medals to 1st place in all events, ribbons to 2nd – 6th place finishers in each event. ***Jeffery Bordeaux Jr. Award-presented to the winning boys' and girls' 4x400m relay teams.***

Cost:

- \$90 + official voucher for single (boys *or* girls) team
- \$150 + official voucher for a combined (boys *and* girls) team
- \$15 for individual entries

MAKE CHECKS PAYABLE TO: Brighton Running Booster Club. Checks and vouchers are due no later than ***Monday, April 25th***. Please mail them to:

Shannon Times
Brighton High School Track and Field
1150 Winton Road South
Rochester, NY 14618

E-MAIL YOUR INTENT TO PARTICIPATE TO: timestf@gmail.com

Please include the following information:

SCHOOL: _____ **TEAM: B** _____ **G** _____

COACH: _____

PHONE NUMBER: _____ **E-MAIL:** _____

ORDER OF EVENTS

Track Events – Begin at 4:30 P.M. (warm ups start at 4:00 P.M)

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|--|------------|
| 110M/100M Hurdles Relay (3 hurdlers - add times) | Boys/Girls |
| 4x1600M Relay | Girls/Boys |
| 4x200M Relay | Girls/Boys |
| Distance Medley Relay (1200-400-800-1600) | Girls/Boys |
| 4x400M Relay | Girls/Boys |
| 2x3000/3200M (2 runners - add times) | Girls/Boys |

Presentation of the Jeff Bordeaux Jr. Award

| | |
|---------------------------------------|------------|
| Sprint Medley Relay (400-200-200-800) | Girls/Boys |
| 4x800M Relay | Girls/Boys |
| Throwers 4 x 100M Relay | Girls/Boys |
| 4x100M Relay | Girls/Boys |

Field Events (2 people per relay) – Begin at 4:30 P.M. (warm ups start at 4:00 P.M.)

| | |
|--|------------|
| Long Jump Relay | Boys/Girls |
| Triple Jump Relay | Girls/Boys |
| High Jump Relay | Girls/Boys |
| <i>Starting heights: Girls – 4'0", Boys – 5'0"</i> | |
| Shot put Relay | Girls/Boys |
| Discus Relay | Boys/Girls |
| Pole Vault Relay | Boys/Girls |
| <i>Starting heights: Boys – 8'0", Girls – 6'0"</i> | |