

9th ANNUAL MARION INVITATIONAL

Meet Information

- Date:** Friday, May 13, 2016
- Place:** Marion High School, Track & Field Facility
- Time:** 4:30 pm
- Entries:** Only 16 schools will be accepted for participation. Athletes may do 4 events. Each school may enter 2 athletes in all running and field events. Only 1 relay team entry per event. Each school may enter 1 boy and 1 girl in the pentathlon.
Entries will be made to www.yentiming.com Entry deadline is 8:00 pm, May 11, 2016. Note: There will only be drops on the day of the meet, no adds or substitutions will be allowed.
- Entry Fee:** \$250 per school, payable the day of the meet or mailed by May 11th.
Make checks payable to: Marion Track Club
- Send payment to: Bob Goodell – Track Coach
Marion High School
4034 Warner Road
Marion NY 14505
- Scoring:** Team Scoring: 10, 8, 6, 4, 2, 1
- Awards:** Medals to 1st place and ribbons to 2nd – 6th place finishers in each event. Trophies to 1st place teams. Most Outstanding Track and Field athlete awards to top male and female performers.
- Facilities:** 8 lane all weather surface with steeplechase.
Two horizontal jumping areas with all weather surface runways.
Two high jump and two pole vault areas with all weather surfaces.
Two shot put and one discus area with concrete throwing surfaces.
- Track Rules:** Only 3/16” max spikes will be permitted. All spectators and non-competitors will not be permitted inside the competition areas.
- Athlete Check-In:** Athletes in all running events must check in with the clerk in the southwest corner of the track prior to the start of their race.
Athletes in field events should report to the site of their event for check in prior to the start of competition.

- Starting Blocks:** Adjustable starting blocks are provided. However, you may use your own blocks as well.
- Conduct of Meet:** All running events will be conducted as finals. If more than one section is necessary, they will be run against time. Sections, lanes and flights will be seeded according to entry times or distances. Sections will be run slow to fast. A schedule of events is enclosed in this packet.
- Timing:** Finish Lynx timing will be utilized.
- Concessions:** Food and drink will be available to athletes and spectators at the track concession stand.
- Results:** Results will be displayed on the track scoreboard at the completion of each race. Complete results will be posted at concession building as well as on the Section V web site.
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Direct all questions to:
Bob Goodell – Head Track Coach Marion High School
Phone: 315-926-4228 (school) Email: rgoodell@marioncs.org

Email your intent to participate ASAP to rgoodell@marioncs.org

****Only 16 schools will be accepted, Enter Early****

Order of Events

G 100m Pent. Hurdles
G 100m Hurdles
B 110m Pent. Hurdles
B 110m Hurdles
G 4x800m Relay
B 4x800m Relay
G 100m
B 100m
G 2000m Steeplechase
B 3000m Steeplechase
G 400m
B 400m
G 1500m
B 1600m
G 4x100m Relay
B 4x100m Relay
G 400m Hurdles
B 400m Hurdles
G 800m
B 800m
G 200m
B 200m
G 3000m
B 3200m
G Pent. 800m
B Pent. 1500m
G 4x400m Relay
B 4x400m Relay

Field Events

Boys - Long Jump then Triple Jump
- Shot Put then Discus
- High Jump after pent. HJ
- Pole Vault east pit
Girls - Long Jump then Triple Jump
- Discus then Shot Put
- High Jump after pent. HJ
- Pole Vault west pit
Pentathlon
- 100/110 Hurdles
- High Jump 2 pits
- Boys Long Jump/Girls Shot Put
- Girls Long Jump/Boys Shot Put
- 800m/1500m