

**Section V State Qualifier
Track & Field Championships**

Friday, June 3, 2016 at Penn-Yan High School

**Starting Time: 5 pm (Field events, Pentathlon Hurdles)
Officials Meeting: 4:15 pm -- Coaches Meeting: 4:30 pm
Presentation of the Devin Snyder Award winners: 4:45 pm
Presentation of Yen Timing Scholarship Winners
Hall of Fame Presentation will take place after the 1600 meter run and before
the open 100m hurdles.**

Weigh ins: Pole Vault, Shot and Discus weigh in begin at 4pm in the shed at the south west corner of the track.

Order of Events:

In all running events the following sequence will be used:

- Girls' Division II (Small School)
- Girls' Division I (Large School)
- Boys' Division II (Small School)
- Boys' Division I (Large School)

Running Event Check in: Athletes in all running events must check in with the clerk in the southwest corner of the track in the shed prior to the start of their races. They will receive hip numbers for their event. Please make sure that your athletes jerseys are tucked in so that the hip numbers are visible by the FAT cameras.

Staggers/Boxes:

- 2000m Steeple Waterfall (Division I inside, Division 2 outside)
- 3000m Steeple Waterfall (Division I inside, Division 2 outside)
- 800m Run: Laned race with a 1 turn box start , (Run by division- Girls then, Boys);
- 1600m: 1 turn box start, (Run by divisions II then I)
- 1500m Run - waterfall start(Run by divisions II then I)
- 3200m 1 Turn box (will run divisions together division1 inside, division II outside),
- 3000m 1 turn box start(will run divisions together division1 inside, division II outside)
- 3200 relay –Laned race with a 1 turn box start (Run by division Girls then, Boys)
- 1600 Relay - 3 turn stagger.(Run by division Girls then, Boys)

Infield - Only competing athletes will be allowed on the infield. No spectators, coaches, or non-competing athletes should be in this area. Track supervisors will be in place to keep the infield clear. Pole Vault and High Jump coaches will be allowed in the infield during the warm-up period only. The event area will be cleared of all non-competitors before the start of the competition.

Competition Area: No jewelry or no electronic devices in the track and field competition areas. That means no boom boxes anywhere, no I-pods, mp3 players, video cameras, cell phones etc.

Make sure all athletes are following the uniform rule. Undergarments below the knee must be a solid color (No writing showing through). Relays must be the same

Field Events Check in: Athletes should report to the site of their event for check in prior to the start of the competition.

Field Events:

Long Jump Girls and Boys first, followed by **Triple Jump**
Division II Girls then Division I Girls -- Division II Boys then Division I Boys
(**Note:** Long and Triple Jump done by divisional Flights)

High Jump: Pentathlon Girls Division I & II together on East
Pentathlon Boys Division I & II together on West Pit
Girls Division I & II together on East Pit
Boys Division I & II together West Pit

Shot Put: Girls first by divisional flights II then I, followed by the Boys (same order)

Discus: Boys first, followed by the Girls (Divisional flights II then I)

Pole Vault: Girls first (I and II together) followed by the Boys (I and II together)

Locations:

Long Jump Pits are located inside the of track
Boys Pit: West Pit
Girls Pit: East Pit

Triple Jump Pits are located inside the of track
Boys Pit: West Pit
Girls Pit: East Pit

High Jump: (West Pit: Closest to the track starting line)
(East Pit: Furthest from the track starting line)

Pole Vault: Outside of the track by the 100m start

Shot Put: Outside the track behind the concession stand

Discus: Outside the track behind the concession stand

Number of Attempts:

FOUR (4) attempts in the Long Jump, Triple Jump, Shot Put & Discus. No Finals

Spike length is 1/8" for all areas.

Athletes may use tape for marks, providing athletes remove the tape when done competing.

High Jumpers may set two (2) marks.

Starting Heights:

High Jump: Boys – 5ft 6in, 5ft 9in , 6ft, 6ft 2 in, then by 1in thereafter
Girls - 4ft 8in, 4ft 10in, 5ft 0in, 5ft 2in, 5ft 4in, then 1 in thereafter

Pole Vault: Boys – 10ft, 10ft 9in, 11ft 6in, 12ft, 12ft 6in, 13ft then 3 in thereafter
Girls - 8ft 6in, 9ft 3in, 10ft, 10ft 6in, then 3in thereafter

Pentathlon HJ Starting Heights: **Girls: to be determined up by 5cm**
Boys: to be determined up by 5cm

Pentathlon Field and Running events order :

Girls Order: 100 Hurdles by division, High Jump-together, Long Jump-by division, Shot put-by division and 800- by division.

Boys Order: 110 Hurdles by division, High Jump-together, Shot put-by division, Long Jump-by division, 1500m- by division

Pentathlon HJ Starting Heights: **Girls: to be determined up by 5cm**
Boys: to be determined up by 5cm

Excused Athlete Clarification:

Excused time limit will be TWENTY (20) minutes. However, in the High Jump and Pole Vault, if the athlete does not report back within FIFTEEN (15) minutes after the last competitor has initiated their final attempt, the bar will be raised and *not* lowered

Tents: Team tents should be set up on either the south or west side of the complex.

Restrooms: Restrooms are located on the east side of the concession stand and extra bathrooms are available in the PYA School which is the large building to the south of the track and field facility.

Make sure you check on your job assignments for the State qualifier.
Please have adult workers do that job.

Jury of Appeals

Division I: Steuben, Wayne Finger Lake, Livingston

Division II: Monroe, Rochester City, Private-Parochial

Coaches boxes: **Long and Triple jump - Outside the track**
High jump - Outside the track
Shot Put – Outside the flagged area
Discus – Outside the flagged area
Pole vault - Outside the flagged area

N.Y.S. Track and Field Meet Cards and Entries:

Coaches please remind your athletes that they must report to sign up for the state meet every time they qualify for an event. If they qualify for an event but do not wish to participate in the state meet it is the coaches responsibility to come to the table and tell the state people that are doing registration so that they can take the next kid in line. Coaches if you are going to change the line up on your relays for the state meet then you must see Lance or Kevin personally, otherwise the names that are on the relay card will be the ones that go.

Chaperones – if you wish to chaperone this year’s state meet at C-NS, please speak to a coordinator and pick up a chaperone’s packet.

Special Note: The state will be allowing coaches of participating athletes in the state meet free admission. Each school is allowed one coach per athlete up to 3 coaches per gender. Please ask your AD’s for details as they must make the request. The link is

<http://www.nysphsaa.org/Forms/GateListRequest.aspx>

State team pick-up itinerary:

Thursday, June 9 **Bus Pick-up times (Approximate):**

2:00 PM Bath – Tops Market

2:45 PM Dansville Save-a-lot

3:05 PM Mt. Morris/Geneseo 390 Exit 7

(Letchworth Country Store at the west side of the exit ramp)

4:30 PM Target, Marketplace (Henrietta) wait for Southern route bus

5:00 PM Thruway Exit 42 (Petro Truck Stop)

Rest of itinerary will be announced by the chaperones. Ask the coordinators if you have questions.