

Section Five Top 10 All-Time Performers

Revised July 1, 2016

Note: Performances need to take place in a sanctioned high school meet during the recognized high school season, from the first Monday in March to the day after the N.Y. State Championships.

Boys 100m Dash

10.46	Jermaine Stafford (Franklin, 1994)
10.3+	Trent Jackson (Franklin, 1961)
10.3	Jermaine Holloway (Marshall, 1995 City-Catholic)
10.56	Dwayne McClary (East, 1996)
10.56	Jordan Mann (Lyndonville, 2007 state meet)
10.58	Spencer Carter (Fairport, 2007 H&H)
10.58	Andrae Hunter (Charlotte, 2014 state meet)
10.59	Maurice Jackson (Marshall, 1997 Class A Sectionals)
10.63	Brian Smith (Greece Athena/Odyssey 2013 qualifier)
10.4+	Bill O'Connell (Gates-Chili, 1971)
10.4	Bam McDonald (Rush-Henrietta, 1997 MCPHSAA)
10.69	Kelly Brown (Wilson Magnet, 2016 State meet)
10.5+	Lamott Jarrett (Monroe, 1969)
10.5+	Chris Downs (Monroe, 1975)
10.5	Ken Burke (East, 1985)
10.5	LaVonne Richards (East, 1985)

Stafford ran a wind aided 10.0 at the His and Her. As a sophomore he ran a 10.2 but was recorded on only 2 watches.
+ = converted 100 yd. dash time, all times in 10th are hand held, add .24 to convert to FAT

Girls 100m Dash

11.68	***Lanae-Tave Thomas (Rush-Henrietta, 2016 state meet)
11.88	Zilla Higgs (East, 1991 state meet)
11.7	Lisa Horton (East, 1985 state meet)
11.994	Catarra Burroughs (Wilson, 2014 state meet)
12.02	Doreisha Davis (Penfield, 1997 Class A Sectionals)
12.04	Krissy Wolcott (Oakfield-Alabama, 2001)
11.8	Kela Jackson (Wilson Magnet, 2002 Spring Breakout)
11.8	Ese Ejaife (Brighton, 1999 State Meet)
11.8 (w)	Courtney Lattimore (East High, 2000 qualifier)
12.06	Sametra Kelly (Edison, 2008 MOC)
12.08	Crystal Graham (Edison, 2009 MOC)
12.08	Madeline Kopp (Spencerport, 2013 Qualifier)
12.13	Brianna Cromartie (Franklin, 2007 A Sectionals)

Boys 200m Dash

20.7+	Bill O'Connell (Gates-Chili, 1971)
21.02	Ken Burke (East, 1985 state meet) #
21.02	Jermaine Stafford (Franklin, 1990 state meet)
20.9+	Greg Hayes (Marion, 1972)
21.16	Brian Smith (Greece Athena/Odyssey MCPHSAA 2013)
21.22	Kelly Brown (Wilson Magnet, 2016 state meet)
21.25	Andrae Hunter (Charlotte, 2014 state meet)
21.1	Mike Ford (East, 1992)
21.2	Antwoine Anderson (Franklin, 1994)
21.2	Bam McDonald (Rush-Henrietta, 1998 A Sectionals)
21.2+#	Robert Pollock (Brighton, 1941)
21.2	Jermaine Blue (Penfield, his & Her 1993)

21.3+ Roy Scott (Irondequoit, 1977)
 21.3+ Gus Jones (Rush-Henrietta, 1973)^
 21.3+ Paul Martuscello (Corning East, 1973)^

+ + converted 220 yd times, ^ - dead heat in same race # - run on a straight away

Girls 200m Dash

23.68 *Lanae-Tave Thomas (Rush-Henrietta, 2016 state meet)**
 24.29 Doriesha Davis (Penfield, 1997 Class A sectionals)
 24.1 Lisa Horton (East, 1986)
 24.2+ Ronnie Wilson (East, 1978 City Championships)
 24.3 Zilla Higgs (East, 1991)
 24.64 Irene Evans (East, 1987 state meet)
 24.66 Brianna Cromartie (Aquinas, 2008 A Sectionals)
 24.75 Jamiee McClary (Mercy, 2007 state meet)
 24.79 Catarra Burroughs (Wilson, 2014 state meet)
 24.90 Kela Jackson (Wilson Magnet, 2002 Class A Sectionals)
 24.90 Christina DeWitt (Gates-Chili, 2002 Class A Sectionals)

***Lanae-Tave Thomas- Rush-Henrietta- ran a 23.58 at the New Balance Nationals on June 17, 2016**

Boys 400m Dash

46.81 Brycen Spratling (Webster Schroeder, 2010 state meet)
 46.6 Mike Ford (East. 1992 His & Her)
 47.6 Maurice Hill (Franklin, 1991 His & Her)
 47.86 Thomas Evans (Franklin, 1993 state meet)
 47.93 Joe Greene (Edison Tech, 2005 state meet)
 48.34 William Ashford (East high, 1989 qualifier)
 48.1 Garfield Ellenwood (Franklin, 1991 His & Her)
 48.2 Brad Sumner (McQuaid, 1989 Hornell Invite)
 48.2 Raymond Rayford (Marshall 1996 Qualifier)
 48.43 Jonathan Santana (Edison, 2009 MOC)
 48.47 Quinton Harley (Edison, 2009 MOC)
 48.3 Scott Romanowski (McQuaid, 1989)

Girls 400m Dash

52.69 ***Sammy Watson (Rush-Henrietta, 2015 state meet)
 54.68 Ceara Watson (Rush-Henrietta, 2015 state meet)
 54.99 Madeline Kopp (Spencerport, 2013 State Meet)
 55.23 Brianna Cromartie (Aquinas, 2008 Arcadia (Cal.) Invite)
 55.34 Kelley Johnson (Monroe, 1985)
 55.93 Sheena Davidson (East High, 2000 State Meet)
 55.7 Karen Elliot (Penfield, 1993 MCPHSAA)
 56.12 Sharisse Gaskins (East High, 2008 A Sectionals)
 55.9 Kim Batten (East, 1987 AA Sectionals)
 56.1 Ebony McClendon (Brighton, 1992 MCPHSAA)

* Laurie Stephens – Brockport, 1974 – ran a **53.8** 440yds as a member of the boys team in 1974, and a **52.8** in a summer meet at the Canadian National Exhibition in 1974.

Boys 800m Run

1:51.05 Brad Sumner (McQuaid, 1989)
 1:51.7 Tom Horton (McQuaid, 1976)

1:52.31 Andrew Pirnie (Hilton – 2011 MOC)
 1:53.01 Eric Fontanez (2009, Hilton, state meet)
1:53.11 *Ben Bulkeley (Fairport, 2016 state meet)**
1:53.70 Mike Mallow (Fairport, 2016 state meet)
 1:53.6 Doug Gunzelman (Fairport, 1998 MOC)
 1:53.6 Phil Hoey (Pittsford, 1980)
 1:54.01 Eric English (Pittsford Mendon, 2006 state meet)
 1:54.20 Matt Cain (Brockport, 2007 MOC)
 1:54.38 Mike Greary (Brighton, 2007 Schectady Invite)

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-Brad Sumner, McQuaid, ran a 1:50.76 at the Keebler meet , an after season meet, in 1983
 -Eric Kendrick, McQuaid , ran a 1:54.2 880 yd. in 1966, prior to McQuaid joining Section Five
-Mike Mallow – Fairport – ran a 1:52.28 at the New Balance Nationals on June17, 2016

Girls 800m Run

2:07.86 ***Sammy Watson (Rush-Henrietta, 2015 Claqss AA sectionals)
 2:09.3 Asia Henry (Wilson Magnet, 2009 Brighton Relays)
2:11.43 *Hayleigh Palloti (Livonia, 2016 Livonia Invite)**
 2:12.43 Mindy Sawnor (Greece Athena, 2009 MOC)
 2:12.83 Sharon Roberts (Penfield, 1985)
 2:12.94 Allison Snyder(Honeoye Falls-Lima, 1993 state meet)
 2:12.97 Rachel Hosmer (Brighton, 1985)
 2:13.18 Shavonna Hinton (Webster Thomas, 2011 MOC)
 2:13.52 Summiya Hunter (Batavia, 2004 state meet)
 2:13.83 Sarah Tasber (Rush-Henrietta, 2000 state meet)
 2:13.84 Emily Howland (Fairport, 2004 state meet)

-Sammy Watson , Rush-Henrietta, ran a 2:03.54 at the IAAF World Youth Championships in Cali, Columbia on July 19th, 2015 while winning the Gold medal.

-Sammy Watson ran a 2:03.06 in a meet in New Hampshire on June 2, 2016 On June25 Sammy ran a 2:02.91 to win the USATF Junior National Championship. This is an Olympic Qualifying standard performance.

-Ceara Watson ran a 2:08.61 at the New Balance Nationals, June 19, 2015 in a post season championship.

Boys 1600m Run

4:09.9+ John Tuttle (Alfred-Almond, 1977 Louckes Games)
 4:11.7+ Dan Supulski (Dansville, 1969)
 4:12.39 Keith Pease (Greece Athena/Odyssey, 2013 state meet)
 4:12.5 Grant Whitney (Penfield, 1974)
 4:12.87 Stave Mangan (Honeoye Falls-Lima, 2010 state meet)
 4:13.2+ David Norris (Geneva, 1974)
 4:13.83 Mickey Burke (Rush-Henrietta, 2014 AA Sectionals)
 4:14.46 Vince Sherry (Victor, 1998 state meet)
 4:14.47 Brian Lilly (Fairport, 1998 state meet)
 4:14.3 Alex Mayer (Penfield, 1991 state meet)

-Chris Horton, McQuaid – ran a 4:07.4 during a 4:09 mile at the Golden West, after his graduation in 1973.

Girls 1500m Run

4:22.09 **Sammy Watson (Rush-Henrietta, 2016 state meet)
 4:28.94 Eileen O’Hara (Webster Thomas, 2013 state meet)
 4:30.13 Katie Lembo (Penfield, 2013 MC quad.)
 4:32.75 Shaylyn Tuite (Pittsford Mendon, 2011 MCPHSA)
 4:32.7 Becky Gallivan (Marion, 1985)
 4:33.6 Stacy Prey (Brighton, 1984 state meet)
 4:34.0 Allison Snyder (Honeoye Falls-Lima, 1999)
 4:34.0 Christa Downey (Livonia, 1999 MOC)

4:34.2 Sally Smith (Pittsford Sutherland, 1984 MOC)
4:34.4 Vicky Brown (Waterloo, 1982)
4:34.88 Georgia Tuttle (West Irondequoit, 2012 state meet)

Boys 3200m Run

8:53.9+ John Tuttle (Alfred-Almond, 1977)
8:54.2+ Grant Whitney (Penfield, 1982)
9:02.13 Mickey Burke (Rush-Henreitta, 2013 state meet)
9:07.56 Pat Dupont (Fairport – 2008 State Meet)
9:09.3 Carl Mauro (Hornell, 1995 state meet)
9:09.0+ Jim Coddington (Greece Arcadia, 1977)
9:11.31 Cohen Miles-Rath (Wayland-Cohocton, 2011 state meet)
9:11.2+ Mike Wyckoff (South Seneca, 1976 state meet)
9:11.4 Nate Ruder (Fairport, 1990 state meet)
9:12.03 Dan Lesser (McQuaid, 1994 state meet)

Girls 3000m Run

9:36.56 Stacy Prey (Brighton, 1985)
9:41.31 Shaylyn Tuite (Pittsford Mendon, 2010 state meet)
9:41.67 Katie Lembo (Penfield, 2013 state meet)
9:42.89 Eileen O'Hara (Webster Thomas- 2013 Runnin' Rebel)
9:43.6 Deresa Walters (Penfield, 1987)
9:48.84 *Amanda Vestri (Webster Thomas, 2016 state meet)
9:56.0 Kim Trawitz (Fairport, 1985)
9:56.0 Sally Smith (Pittsford Sutherland, 1984 MOC)
9:56.34 Liz Cufari (Pittsford, 2004 state meet)
9:56.44 Christine Driscoll (Geneva, 2010 MOC)
9:56.85 Allison Sawyer (Hilton, 2006 state meet)

Boys 110m High Hurdles

13.92 George Pardner (Franklin, 1999 Class Championships)
14.08 Jahmahl Pardner (Aquinas, 2012 Class B Sectionals)
14.08 Terrell Gissendanner (Edison, 2004 MOC)
14.10 Brett Harrington (Edison, 2009 state meet)
14.18 Kelly Brown (Wilson Magnet, 2016 AA/A sectionals)
14.22 Roy Douglas (Pittsford Sutherland, 1982)
14.24 Eric Williams (Batavia, 2012 Class B Sectionals)
14.0 Ken Burke (East, 1985 state meet)
14.0 Haneef Sharif (Gates-Chili, 1997 MOC)
14.0 Bob Johnson (Madison, 1976)
14.33 Jim Sorel (Brockport, 2004 AA Sectionals)

Girls 100m High Hurdles

14.14 Allie VanBuren (Batavia, 2010 MOC)
14.17 Kela Jackson (Wilson Magnet, 2004 MOC)
14.31 Lisa Taylor (East, 1990 state meet)
14.1 Nikki Kieliszak (Webster, 2000)
14.35 Kristen Kuehn (Greece Athena, 1993 AA Sectionals)
14.2 Lystra Bartolomew (Fairport, 1996)
14.3 Karen Elliot (Penfield, 1993 AA Sectionals)
14.54 Isabel Hirtelen-Booker (Harley-Allendale-Columbia, 2012 state meet)
14.67 Keisha Taylor (Brockport, 1992 state meet)
14.68 Brooklyn Ventura (Waterloo, 2008 & 2009 state meets)

Boys 400m Intermediate Hurdles

52.81	Rob Skidmore (Alexander, 2004 state meet)
53.74	Terrel Gissendanner (Edison, 2004 AA Sectionals)
54.10	Mike Roberts (Fairport, 1980 state meet)
54.13	Nate Waye (Geneva, 1989 state meet)
54.15	Greg Utley (Webster Schroeder, 1986 state meet)
54.29	Zach Zeller (Greece Athena, 2009 MCPHSAA)
54.31	Adrian Turner (Rush-Henrietta, 2009 MCPHSAA)
54.33	Alex Egeli (Batavia, 2014 state meet)
54.1	Julius Gerald (Edison, 2000 Class A Sectionals)
54.39	Devon Skidmore (Alexander, 2008 MOC)

Girls 400m Low Hurdles

1:00.13	Karen Elliot (Penfield, 1993 state meet)
1:00.14	Kristen Kuehn (Greece Athena, 1993 state meet)
1:00.68	NaTasha Greggs (Wilson Magnet, 2010 state meet)
1:00.77	Justina Sanders-Schifano (Sodus, 2015 state meet, Federation race)
1:00.86	Doriean Broady (Wilson Magnet, 2010 state meet)
1:00.94	Kim Batten (East, 1987 state meet)
1:01.65	Brooklyn Ventura (Waterloo, 2008 state meet)
1:01.88	*Erika Tillotson (Victor, 2016 Monroe County Championships)
1:01.94	Kristen Doody (Pittsford, 1998 state meet)
1:02.32	Crystal Graham (Edison, 2009 MOC)

Boys 400m Relay

40.73	Franklin (1993 state meet – Garfield Ellenwood, Thomas Evans, Antwoine Anderson, Jermaine Stafford)
41.0	Franklin (1992, His and Her – Jon Johnson, Garfield Ellenwood, Shawn Howard, Jermaine Stafford)
41.74	Greece Olympia (2013 state meet - Desmond Mobley, Craig Hardgers, Ja'marie Jefferson, Carnell Nobel)
41.80	East (2006 state meet – Brent McGill, Ezekiel Porter, Vinson Hixson, Alton McKinney)
41.87	East (1985 state meet – Darnell Dunbar, Ken Burke, Terry Richards, LaVonne Richards)
41.91	Marshall (1997 MOC)
41.7	Franklin (1991 MOC – Jermaine Stafford, Garfield Ellenwood, Charles Green, Maurice Hill)
41.9	Marshall (2000 state meet)
42.16	Franklin (2000 state meet)
42.16	Edison Tech (2007 state meet – Earnest Walters, Shamar Johnson, Erik Bermudez, Brandon Giles)
42.18	Edison Tech (2009 state meet – Quinton Harley, Brett Harrington, Mike Canady, Jonathan Santana)

Girls 400m Relay

47.40	Rush-Henrietta (Stephanie Nwachi, Tori Thompson, Adama Donzo, Lanae-Tava Thomas, 2016 states)
47.74	Rush-Henreitta (2015, Qual.- Lanas-Tava Thomas, Tori Thompson, Adama Donzo, Stephanie Nwachi)
48.06	Edison (2000 – Linda Williams, Charrise Everett, Laquita Thomas, Sheena Davidson)
48.25	Edison (2009 Moc – Sametra Kelly, Ashley Brooks, Danielle King, Crystal Graham)
48.36	Rush-Henrietta (2014 State Qualifier- Adama Donzo, Tori Thompson, Lanae-Tava Thomas Tiaja Jeffries)
48.46	
48.2	East (1986-Charlotte Nesmith,Kelley Johnson, Yauneek Jackson, Lisa Horton)
48.51	Edison (2006 Cities – Traquanda Brook, Neshay Maxwell, Sheleine Daniels, Najia McGee)
48.55	East (1989 – Tammy Green, Lisa Taylor, Tasha Stevenson, Yauneek Jackson)
48.61	Newark (1987 state meet, Winkler, Jenkins, Brown, Parker)

- Rush-Henrietta foursome listed at #1 ran a 46.92 at the New Balance Nationals on June 17, 2016

Boys 1600m Relay

3:14.76	Franklin (1993 – Garfield Ellenwood, Thomas Evans, Antwoine Anderson, Jermaine Stafford)
3:17.64	Franklin (1992 state meet – Thomas Evans, Antwoine Anderson, Jon Johnson, Garfield Ellenwood)
3:18.64	Edison (2009 state meet – Quinton Harley, Jonathan Santana, Mark Canady, Joseph Hlywa)
3:19.51	Hilton (2007 – MOC - Mike Giordano, Ben Wallace, John Picardo, Eric Fontanez).
3:19.79	East (1998 state meet)
3:19.95	Edison (2000 state meet)
3:20.14	McQuaid (2015 state qualifier – Atiba McLaren, Daneil Rooney, Noah Williams, Amari Lawrence)
3:20.52	Edison (2004 state meet – Joe Greene, Terrell Gissendaner, Dennis Jamison, John Simmons)
3:20.6	Monroe (1980 – Art Livingston, Mike Welch, Mike Jones, John Glover)
3:20.6	Rush-Henrietta (1985 Aquinas Relays)
3:20.7	McQuaid (1992)

Girls 1600m Relay

3:43.94	Rush-Henrietta (2015 state meet-Lanae-Tava Thomas, Tori Thompson, Ceara Watson, Sammy Watson)
3:48.99	East (1986 state meet – Kim Batten, Irene Evans, Lisa Horton, Kelley Johnson)
3:52.17	Wilson Magnet (2009 state meet – NaTasha Greggs, Asia Henry Dorian Broady, Tara Murphy)
3:52.26	Wilson Magnet (2008 MOC – NaTasha Greggs, Asia Henry, Tara Murphy, Dorian Broady)
3:52.72	Rush-Henrietta (2014 state meet- Ceara Watson, Emily Zeafla, Elvira Martinez, Sammy Watson)
3:53.25	Pittsford (1998 state meet – Colleen Doody, Courtney Haring, Meg Lewis, Kristen Doody)
3:54.26	Fairport (2008 MOC – Caitlin Cociova, Lauren Burke, Angela Ryck, Michelle Barnum)
3:55.55	Wilson Magnet (2009 moc – Natasha Greggs, Asia Henry, Dorian Broady, Tara Murphy)
3:55.8	Pittsford (1999 MCPHSAA – Colleen Doody, Alysia Evanitsky, Courtney Haring, Kristen Doody)
3:57.84	Fairport (2009 HFL Twilight Invite)

Boys 3200m Relay

7:43.66	Rush-Henrietta (2011 state meet – Colby Burke, Alex Raymond, Andrew Sweeney, Mickey Burke)
7:45.5+	McQuaid (1975 state meet – Tom Lott, Tom Horton, Tim Lawrence, John Farrell)
7:46.85	Fairport (2016 state meet – Ben Bulkeley, Matt Orcutt, Mike Mallow, Nathan Markle)
7:47.76	Webster Schroeder (2010 state meet – Anthony Piacentini, AJ Nasello, Brycen Spratling, Ben Ftou)
7:48.11	Honeoye Falls-Lima (2010 state meet – Kevin Hoose, Christian Cole, Alex Deir, Steve Mangan)
7:48.4+	McQuaid (1976 state meet – Dave Ama, Nathan Peck, Tom Lott, Tom Horton)
7:49.31	McQuaid (1989 Hartford Invite, Scott Romanowski, Mickey Stone, Jason Fahy, Brad Sumner)
7:49.47	Fairport (1993 – Mike Reif, Adam Seavey, Teague Ruder, Jeff Brighton)
7:49.9+	McQuaid (1974 state meet, Tom Lott, Schaeffer, John Farrell, Tim Horton)
7:50.16	McQuaid (1988 state meet – Chris Cusack, Chris Adin, Scott Romanowski, Brad Sumner)
7:50.19	McQuaid (1985 state meet – Steve Rapp, Rob Smillie, Scott Paterson, Dave Warth)

Girls 3200m Relay

9:09.09	Fairport (2009 state meet – Jen Spitzer, Angela Ryck, Jenny Springer, Lauren Burke)
9:10.78	Honeoye Falls-Lima (2006 MOC – Alex Mustrado, Meghan VonHouton, Liz Deir, Audrey Mangan)
9:14.69	Rush-Henrietta (2008 – Laura Varble, Jamie Varble, Cassie DiMarino, Zarah Quinn)
9:15.89	Rush-Henrietta (2013 state meet -Emma Jones, Ceara Watson, Alex Cooper, Alana MacDonald)
9:17.92	Hilton (2006 state meet – Allison Sawy3er, Caroline Schultz, Becca Ritchie, Shelby Herman)
9:18.67	Webster Thomas (2011 MOC – Shavonna Hinton, Molly Halpin, Melissa Mazzo, Shannon O’Hara)
9:18.71	Honeoye Falls-Lima (1999 state meet, Stephanie Coles, Amber Dodzweit, Mary Iaculli, Allison Snyder)
9:19.07	Pittsford Mendon (2015 state meet-Shannon Miller, Elyse Barkstrom, Mary Barger, Katelynn Krapf)

9:19.38 Penfield (2012 state meet – Katie Lembo, Ilana Schnaufer, Britney Swartout, Leila Mantilla)
 9:21.60 Brighton (1985 – Jody Dushay, Staphanie Walsh, Jennifer Shaver, Stacy Prey)
 9:22.20 Webster Thomas (2010 state meet- Shavonna Hinton, Molly Halpin, Melissa Mazzo, Brianna Demming)

Boys 3000m Steeplechase

9:02.56 Noel Bateman (Aquinas, 2006 state meet (record)
 9:07.02 Pat Dupont (Fairport – 2008 State Meet)
 9:09.88 Brennan Root (Rush-Henrietta, 2013 state meet)
 9:11.24 Tyler Ranke (Hilton, 2014 state meet)
 9:14.5 John Tuttle (Alfred-Almond, 1977 Louckes Games)
 9:19.80 Brady Fergusson (East, 2002 state meet)
 9:23.77 Jared Rousell (Webster Thomas, 2011 state meet)
 9:24.80 Alex Deir (Honeoye Falls-Lima, 2009 state meet)
9:25.16 Dawson Bathgate (East Rochester, 2016 state meet)
 9:26.29 Zach Rivers (Victor, 2008 A sectionals)

Girls' 200m Steeplechase

6:43.78 Valerie Palermo (Webster Schroeder, state meet 2013)
 6:45.91 Shaylyn Tuite (Pittsford Mendon, 2011 MOC)
 6:45.19 Liz Deir (Honeoye Falls-Lime, 2006 BB Sectionals)
 6:50.78 Leila Mantilla (Penfied, 2012 AA sectionals)
 6:51.22 Allison Sawyer (Hilton, 2006 MOC)
 6:52.83 Hannah Cole (Honeoye Falls-Lima, state meet, 2013)
 6:56.74 Allison Hoh (Honeoye Falls-Lima, 2010 state meet)
 6:59.63 Lauren Ferriman I (Fairport, 2004 state meet)
6:58.12 *Elsa Cole (Fillmore, 2016 state meet)
 6:59.78 ***Anna Kostarellis (Churchville-Chili, 2015 state meet)

Boys Pentathlon

3707 pts. Tomaris Bell (McQuaid, 2009 City Catholic Championships)
 3629 pts. Pat Meyer (Hilton, 2012 state meet)
 3484 pts. Mike Donk (Victor, 2009 state meet)
 3406 pts. Adam Long (Bath-Haverling, 2004 MOC)
 3386pts. Mike Weller (Wayne, 1998 Wayne County Championships)
3384 pts. *Kyle Rollins (Geneseo, 2016 State Qualifier)
 3382 pts. Jordan Addison (West Irondequoit, 2011)
 3352 pts. Andrew Omoriegie (Gates-Chili, 2006)
 3337 pts. Melverton McFarlane (East, 1995 AA sectionals)
 3307 pts. Gabe Rivera (West Irondequoit, 2010 state meet)

Note: Craig Butler (Pittsford, 1991 MOC) scored 3307 pts. in 1991 probably with the old table

Girls Pentathlon

3435 pts. Aposha Blocker (Brockport, 1994)
 3405 pts. Kari Cleveland (Penfield, 1986 MOC)
 3299 pts. Renee Schmidt (Newark, 1983) *old tables*
3268 pts. Makayla Binter (Greece Arcadia, 2016 state meet)
 3247 pts. Michelle Galganski (Alexander, 1986 state meet)
 3230 pts. Holly Jones (Fairport, 1990)
 3213 pts. Diana Schwartzkopff (Spencerport. 1990 MOC)
 3208 pts. Taylor Hudson (Victor, 2011 state meet)
3180 pts. *Emile Lavarney (South Seneca, 2016 state qualifier)
 3168 pts. Emily Zeigler (Attica, 2011 state meet)

3154 pts. Paige Wray (Hilton, 2008 state meet)

- Sandi West, Livonia, 3222 pts. with the old table (1980 state meet),

Boys Shot Put

64'5.75"	Roger Taylor (Canandaigua, 1967)
64'4.25"	Kevin Akins (Webster Schroeder, 1978)
63'11"	Bill Dugan (Hornell, 1977)
62'11.75"	Greg Reyner (Cardinal Mooney, 1983)
59'6.75"	Dan Mastrella (Aquinas, 1976)
59'4.75"	Dave Gross (Brockport, 2008 AA sectionals)
58'6"	Joe Loiacono (Greece Olympia, 1999 state meet)
58'4.25"	Breiten Balschmitter (Newark, 2010 state meet)
58'2.50"	Sheldon Thompson (East, 1991)
57'9.75"	Royce Presley (Franklin, 1974)

Girls Shot Put

46'10.50"	LaTanya Parker (Newark, 1999)
45'4"	Erica Williams (Batavia, 2012 Royal Comet)
44'0	Heather Wachob (Penn Yan, 1981 state meet)
42'6"	Sue Livergood (Wellsville, 1988 MOC)
42'2.50"	Antiionette Johnson (East Irondequoit Eastridge 2009 A sectionals)
41'10.50"	Paula Allen (Newark, 1994 Finger Lakes Invite)
41'8.5"	Victoire Kothor (2014 state qualifier)
41'6.50"	Sonja Fitts (Gates-Chili, 1988 MOC)
41'10.5"	Holly Jones (Fairport, 1990 or 91 Penn Relays)
40'11"	Ann Marie Hodgdon (Warsaw, 2000 state meet)

Boys Discus

185'1"	Kevin Akins (Webster Schroeder, 1978)
184'6"	Mike Taylor (East, 2002 MOC)
175'1"	Jason Rizzo (Newark, 1988 state meet)
174'5"	Joe Loiacono (Greece Olympia, 1988 state meet)
172'5"	Bob Good (Brockport, 1979)
172'1"	Greg Reyner (Cardinal Mooney, 1982)
169'2"	Mark Puev (Webster, 1987 state meet)
164'8"	Bill Wilbur (Greece Arcadia, 1975 state meet)
164'5"	James Bruce (Monroe, 1976 state meet)
164'4"	George Buckley (Newark, 1976)

-Rizzo is listed as the Finger Lakes league record holder with a 175'6"

-Bob Good, Brockport, throw a 173'5 in dual meet against Arcadia in 1979.

-Mike Cordes, Notre Dame, had a 178' throw prior to ND joining Section Five.

Girls Discus

151'3"	LaTanya Parker (Newark, 1999)
149'6"	Claire Dishong (Brockport, 2009 MOC)
143'9"	Jen Jones (Arkport, 2004)
137'3"	****Brianna Young (Brockport, 2015 qualifier)
136'2"	Amy Nichols (Newark, 1997 state meet)
135'8"	Paula Allen (Newark, 1995 MOC)
135'4"	Anna Schuls (Hornell, 2001)

134'5"	Alyssia Smith (Wellsville, 2014 Falconer Invitational)
133'00"	Sydney Kirtic (Honeoye Falls-Lima, 2013 state qualifier)
132'7"	Joanne Soper (Webster, 1995)

Boys Long Jump

25'2"	Desmond Mobley (Greece Olympia, 2012 state meet)
24'4"	Julius Gerald (Edison, 2001)
23'8.5"	Tyler Rattray (Clyde-Savannah, 2016 CC/C sectionals)
24'3.50"	Joe Lesure (Greece Athena, 1998)
23'11"	Andre' McCloud (Bath-Haverling, 2008 LCAA)
23'8.75"	Joe Greene (Edison, 2005)
23'8"	Wain Mengel (West Irondequoit, 1965)
23'6"	John Dawkins (Edison, 1969)
23'5.25"	Rubin Owens (LeRoy, 2014 Sectionals)
23'5"	Eric Zeiglar (Spencerport, 2011 state meet)

Girls Long Jump

20'8"	***Lanae-Tava Thomas (Rush-Henrietta, 2016 state meet)
20'0.25"	Marlena Robinson (Brighton, 1997)
19'8"	Kim Batten (East, 1987)
19'0.75"	Askieka Anderson (East, 1995 His and Her)
19'00"	Makayla Binter (Greece Arcadia, 2016 state qualifier {pent})
18'11"	Jenn Gurrant (Batavia, 2005 MOC)
18'9.75"	Jackie Blake (Greece Olympia, 1985)
18'9"	Andy Kopf (Spencerport, 1987)
18'8"	Lisa Taylor (East, 1990 AA sectionals)
18'7"	Kela Jackson (Wilson Magnet, 2003 His & Her)

Boys Triple Jump

51'5.25"	Gary Jones (Webster Schroeder, 2006 MOC)
50'10.75"	Tobi Tella (McQuaid, 2016 state meet -Federation competition)
49'7"	Rubin Owens (LeRoy, 2014 state meet)
48'11"	Anthony Butler (2016 state meet)
48'6.75"	Rickie Edwards (East, 1991)
48'6.25"	Jermaine Blue (Penfield, 1993 His & Her)
48'5.50"	Marcus Wilson (Greece Olympia, 1986 state meet)
48'4"	Calvin Kirkland (Franklin, 2000)
48'2.75"	Dennis Jamison (Edison, 2004 AA sectionals)
47'10.50"	Adam Steinwachs (Churchville-Chili, 1995 AA sectionals)
47'10.50"	Jayvon Larkin (Wilson Magnet, 2011 state meet)

Girls Triple Jump

41'5.50"	Marlena Robinson (Brighton, 1997)
40'6"	Kim Batten (East, 1987)
39'10.50 "	Andie Kopf (Spencerport, 1987 MOC)
39'6.25"	Quayona Carithers (Clyde-Savannah, 2004 state meet)
39'3.75"	Jenn Gurrant (Batavia, 2005)
38'10.75"	Aiden Brennan (Harely-Allendale-Columbia, 2012 W-FL multi meet #6)
38'8"	Deidra Foster (Lyons, 2000 state meet)
38'7.75"	Semetra Kelley (Edison, 2008 state meet)
38'4.75"	Fay Francis (rush-Henrietta, 2006 state meet)
38'4"	Lakeshia McCloud (Bath-Haverling, 2008 state meet)

Boys High Jump

6'11"	Sergio Case (Palmyra-Macedon, 1990 state meet)
6'10.75"	Tomaris Bell (McQuaid, 2008 MOC pentathlon)
6'10"	Steve Pace (Spencerport, 1978 state meet)
6'10"	Matt Cushman (Hilton, 2000 His & Her)
6'10"	*Brandon Burke (Byron-Beregen/Elba, 2016 CC/C Sectionals)
6'9"	John Howitt (Corning East, 1980 MOC)
6'9"	Dan Moles (Red Jacket, 1994 D sectionals)
6'9"	Luke Shafer (McQuaid, 2002 Spring Breakout)
6'9"	Anthony Hariston (Webster ?, 2002 MOC)
6'9"	Peter Bligh (Greece Arcdia, 2007 state meet)
6'8"	Dave Herritt (Corning East, 1980)
6'8"	Eric Fontanez (Hilton, 2008 MOC & 2009 state meet)
6'8"	Steve Lindsay (Greece Athena, 1995 MCPHSAA)
6'8"	Desmond Mobley (Greece Olympia, 2012 MCPHSAA)

Girls High Jump

5'8.50"	Kim DePrez (Fairport, 2002)
5'8.25"	Carol Munger (Canandaigua, 1998)
5'8"	Vivian Davis (Avoca, 1980 state meet)
5'8"	Alayna Banks (Webster, 1998 A sectionals)
5'8"	Holly Jones (Fairport, 1984)
5'7.25"	Judy Ingham (Hilton, 1981 His & Her)
5'7"	Sara Irwin (hornell, 1995 MOC)
5'7"	LeNetta Banks (Victor, 1996 state meet)
5'6.50"	Jennifer Lindsay (Honeoye Falls-Lima, 1989)
5'6.50"	Julianne Lawnczak (Churchville-Chili, 2009 MOC)

Boys Pole Vault

16'2"	Andrew Park (Fairport, 2003 state meet)
15'9"	Mike Dempsey (Gates-Chili, 2006)
15'7"	Jeff Buttaccio (Midlakes, 2000)
15'6"	Nelson Rivera (Newark, 1999)
15'4"	Mike Reynolds (Fairport, 2005 MOC)
15'4"	Ethan Mcquire (Penfield, 2015 qualifier)
15'3"	Nick Herman (Gates-Chili, 2004 AA sectionals)
15'2.50"	Jason Dalhman (Aquinas, 1999)
15'1"	Dave Fladd (Victor, 1987 state meet)
15'1"	Jason Menzie (Byron-Bergen, 2000)
15'0"	Kris Williams (Fairport, 2006 AA sectionals)
15'0"	Max Curren (Williamson, 2014 W-FL Quad)

Girls Pole Vault

12'8"	****Erica Ellis (Gates-Chili, 2016 Running Cadet Invite)
12'7"	Karmen Auble (Warsaw, 2013 Runnin' Rebel)
12'3"	Jennifer O'Neill (Fairport, 2004)
11'9"	Zoe Camillaci (Hilton, 2013 MCPHSAA)
11'7"	Ireland Armstrong (Bath-Haverling, 2013 LCAA)
11'6"	Hayley Christano (Hilton, 2010 state meet)
11'6"	*Earnei Burapan (Hilton, 2016 state qualifier)
11'6"	Hannah Root (Honeoye Falls-Lima, 2016 state qualifier)
11'3"	Chaire Dishong (Brockport, 2009)

11'3"	Charlene Kearns (Gates-Chili, 2013 Pembroke)
11'0"	Tracy Lippincott (Hilton, 2003 state meet)
11'0"	Jill Starkenberg (Newark, 1999)
11'0"	Robyn Mroz (Byron-Bergen, 2002)
11'0"	Nicole Bell (Gates-Chili, 2011 state meet)
11'0"	Jessica DeAngelo (Alexander,2013 Qualifier)
11'0"	Gabrielle Sherwood (Livonia, 2010 state meet)
11'0"	***Earnie Burapan (Hilton, 2015 AA Sectionals)

You can help.

This list are of top performers, not performances. This list was generated from lists originally done by John Moriello of the Democrat and Chronicle. I have been maintaining it for the last 15 years or so. I can use your help. Please look over these performances and let me know of any corrections or additions. Because this is a section wide list I am including only verified performances. Verified meaning performances generally from multiple team meets, most likely invitationals or championship meets. These meets can be verified by published results.

If you have any information on the listed performers or feel that someone has been omitted please let me know at sect5trac@frontiernet.net and I will investigate .

Thanks,

Lance Bush