## VICTOR TWILIGHT INVITATIONAL FRIDAY MAY 6, 2016 4:30 P.M. VICTOR H.S.

FACILITY: 8 lane all weather surface (3/16" spikes only). Two horizontal jumping areas with all weather surface on runways. Two high jump and Two pole vault areas with all weather surfaces. Separate shot put and discus areas with concrete throwing surfaces. Locker rooms and bath rooms will be available. Concession stand will be available. 3/16" spikes and Meet T-shirts will be on sale. All races will be F.A.T. timed

ENTRY RESTRICTIONS: Only 16 schools will be accepted for participation. Athletes may do any 4 events. Each Team may enter 2 athletes per event, 1 Relay per team, \*\*\*\*1 PENTATHLON entry per team\*\*\*\*

ENTRY FEE: \$100.00 per school plus ONE voucher to pay for one official. Make checks or vouchers payable to: VICTOR TRACK AND FIELD BOOSTER CLUB. Check or voucher due before May 1st. Send all payments to: Bob Goodell/ Meet Director, Victor High School Athletic office

AWARDS: Medals to top 3 individuals in each event, ribbons to places 4-6 in each event. Medals to top 2 relays, ribbons to places 3-6 in relays. Plaques to most outstanding track and field athletes.

**RESULTS:** Results will be posted the day of the meet and on the Section V web page.

ENTRIES: All athletes and relays will be pre-entered by <u>Wednesday May 4th</u>. Entries due by 9:00 pm to YEN TIMING. <u>No changes</u> the day of the meet.

\*\*\*\*\*\*\* ONLY 16 SCHOOLS WILL BE ACCEPTED, ENTER EARLY\*\*\*\*\*
ONLY E-MAIL ENTRIES WILL BE ACCEPTED

## SEND ALL ENTRIES AND DIRECT ALL QUESTIONS TO:

Bob Goodell/ Meet Director Victor HS <a href="mailto:coachgoodell48@gmail.com">coachgoodell48@gmail.com</a>
Ross Hunkovic/ Victor Head Coach <a href="mailto:hunkovicr@victorschools.org">hunkovicr@victorschools.org</a>

E-MAIL YOUR INTENT TO PARTICIPATE TO: coachgoodell48@gmail.com SCHOOL:	
COACH:	
HOME PHONE:	E-MAIL:
CHECK: BOYS TEAM	GIRLS TEAM:

## 12<sup>TH</sup> ANNUAL VICTOR TWILIGHT INVITATIONAL FRIDAY MAY 6, 2016

**Girls Pentathlon** 

100m Hurdles

ORDER OF EVENTS

TRACK EVENTS: Start @ 4:30/ ALL TIMED FINALS

**G/100M PENT HURDLES** 

G/ 100M HURDLES FINALS

**B/110M PENT HURDLES** 

**B/110M HURDLE FINALS** 

\*\*\* 15 min Break to Honor Victor Seniors\*\*\*

John Bruinix Memorial JV Sprint Relay (800,200, 200, 400)

G/800m SPRINT RELAY (100,100,200,400)

B/800M SPRINT RELAY (100,100,200,400)

G/2000M STEEPLECHASE

B/ 3000M STEEPLECHASE G/ 4X100M RELAY

B/ 4X100M RELAY
High Jump
G/ 1500M RUN
Shot Put
B/ 1600M RUN
Long Jump

G/ 100M DASH Long Jump 800m Run

**B/ 100M DASH G/ 400M DASH** 

B/ 400M DASH
G/ 3000M RUN
B/ 30

B/ 3200M RUN
G/ 400M HURDLES
Shot Put
B/ 400M HURDLES
Long Jump

G/ 800M RUN 1500m Run

**B/800M RUN** 

**G/200M DASH** 

**B/200M DASH** 

G/800m Pentathlon

B/ 1500m Pentathlon

G/4X800M RELAY

B/4X800M RELAY

G/4x400M RELAY

B/4X400M RELAY

FIELD EVENTS: WARM-UPS START @ 4:00 / COMPETITION STARTS @ 4:30

Boys pole vault (start @ 8'0") and Girls pole vault (start @ 7'0")

Girls shot put followed by the Boys shot put

**Boys discus followed by the Girls discus** 

**Boys Long Jump and Girls Long jump** 

Boys and Girls Triple Jump to follow Long jump

Girls high jump (start @ 4'0") Boys high jump (start @ 5'0")