

Trojan Invitational

April 8th, 2017

Location:

The track is located between the high school and elementary school.
3314 Buffalo St. Alexander NY, 14005.

Facility:

6 Lane all weather Surface (1/4 inch pin spikes only)
2 Horizontal Jumping pits, 2 vertical jumping pits
CONCESSIONS SALES WILL BE AVAILABLE

Entry Restrictions:

3 entries in all track events, except relays.

Athletes can enter 3 events.

Only one relay team per school.

Four total entries in pole vault (3 girls and 1 boy, 3 boys and 1 girl, or 2 entries for both genders).

Entries are limited to the first 18 schools. **Please indicate that you are interested in coming by ASAP as our meet tends to fill quickly, but no later than March 3rd. We will let you know that we received your intent form. Money orders are due April 1st.**

Awards: (Large School/Small School based on school ADA)—This will only occur if we have 10 teams or more. There will be one division otherwise.

Team scoring--Girls large & small school and Boys large school & small school.

Ribbons 1st through 6th place for each division large and small

Ribbons 1st and 3rd relay teams for each division large and small

1st place plaques for winning boys' and girls' teams in each division.

Entries to Yentiming deadline:

We will be using yentiming.com to input your entries, and Mike Nenno will be timing.

Entry deadline April 5th by 8:00pm.

Fee schedule:

\$200.00 per boys and girls combined

\$140.00 per boy or girl team

\$15.00 per individual per event (use this is bringing less than 10 total athletes)

\$25.00 per relay

Fees to

ALEXANDER BUISNESS OFFICE

3314 Buffalo St

Alexander NY 14005

Make vouchers or checks payable to: Alexander Varsity Club track and field

Questions or problems, contact Meet Directors

Jessica Sherman

(585)591-1551 ext. 2242

jsherman@alexandercsd.org

Andrew Buckenmeyer

585-506-6497

abuckenmeyer@alexandercsd.org

Important:

You need to set up an account with yentiming.com if you don't already have one.

Once the entries are set for this meet, the meet will run on a timed order.

Remember your honesty on the times you submit will be critical so the best athletes are seeded against each other. Also please put **throwers only** in the throwers relay.

Field events:

3 attempts –long / triple jumps

3 attempts – Throws shot / disc

Starting heights

Girls high – 3'8"

Boys high – 4'8"

Girls pole – 6'0

Boys pole – 7'6"

Order of events

Tentative schedule

8:45am scratch meeting

9:30am on the track

Pent 100 hurdles

100 hurdle finals

Pent 110 hurdles

110 hurdle finals

Girls 4 x 400 final

Boys 4 x 400 final

1600 Meter final

Girls 4 x 100 final

Boys 4 x 100 final

1500 meter final

Girl 400 meter final

Boy's 400 meter final

Boy's 3200 final

Girls 100 final

Boys 100 final

Girls 3000 final

Girls 400 hurdles final

Boys 400 hurdles final

Girl's frosh/soph 8-2-2-4

Boys Frosh/Soph 8-2-2-4

Girls 800 final

Boys 800 final

Girls pent 800 if ready or 15 min break

Boy pent 1500 if ready or 15 min break

Girls 200 final

Boys 200 final

Girls 4x100 Throwers Relay

Boys 4x100 Throwers Relay

Girls 4 x 800 final

Boys 4 x 800 final

9:30 am in the field

Girls pole, Boys follow

Boys high, girls follow

Girls disc, (flights), boys to follow

Boys shot, (flights), girls to follow

Pentathlon Shot and Long Jump will be worked in
between flights

Long jump, followed by triple jump (flights)

pentathlon

boys – 110h, high, shot, long, 1500m

girls – 100h, shot, long, high, 800m

Alexander Invitational
INTENT TO PARTICIPATE FORM

School:

Boys Coach:

Phone:

E-mail:

Girls Coach:

Phone:

E-mail:

Athletic Director:

Phone:

E-mail:

**Please email this form to Jessica Sherman ASAP.
Please do not send money order until we have
confirmed that we have room for your team in the
meet. When there are 18 teams, we will indicate the
meet is full on Yentiming and the Section V website.**