

**Section V State Qualifier**  
**Track & Field Championships**

**Friday, June 1, 2018 at Cal-Mum**

**Starting Time: 5:00 pm (Field events, Boys 110 Hurdles)**  
**Officials Meeting: 4:10 pm -- Coaches Meeting: 4:20 pm**

**Order of Events:**

In all running events the following sequence will be used:

- Girls' Division II ( Small School )
- Girls' Division I ( Large School )
- Boys' Division II ( Small School)
- Boys' Division I (Large School )

**Field Events:**

**Long Jump** first, followed by **Triple Jump**

Division II Girls then Division I Girls –  
Division II Boys then Division I Boys

( **Note:** Long and Triple Jump done by divisional Flights)

**High Jump:** Pentathlon Girls Division I & II together on Pit 2  
Pentathlon Boys Division I & II together on Pit 1  
Girls Division I & II together on Pit 2  
Boys Division I & II together on Pit 1

**Shot Put:** Girls first by divisional flights II then I, followed by the Boys (same order)

**Discus:** Boys first, followed by the Girls (Divisional flights II then I)

**Pole Vault:** Boys first (I and II together), followed by Girls (I and II together)

**Locations:**

**Long Jump** Pits are located outside the of track  
Girls Pit: Pit 1: (Closest to the track)  
Boys Pit: Pit2 : (Furthest from the track)

**Triple Jump:** Pits are located outside the of track  
Girls Pit: Pit 1: (Closest to the track)  
Boys Pit: Pit2 : (Furthest from the track)

**High Jump:** (Pit 1: Closest to the track starting line)  
(Pit 2: Furthest from the track starting line)

**Pole Vault:** Inside of the track by the 100m start

**Shot Put:** Open Shot into the stones

**Pentathlon Shot Put:** into the grass

**Number of Attempts:**

**FOUR (4) attempts in the Long Jump, Triple Jump, Shot Put & Discus. No Finals**  
Spike length is 1/8" for all areas.

Athletes may use tape for marks, providing athletes remove the tape when done competing.

High Jumpers may set two (2) marks.

**Starting Heights:**

**High Jump:** Boys – 5ft 8in, 5ft 10in , 6ft, then by 1in thereafter  
Girls - 4ft 6in, 4ft 9in, 5ft 0in, 5ft 2in, then 1”

**Pole Vault:** Boys – 10ft, 11ft, 12ft, 12ft 6in then 3 in thereafter  
Girls - 8'6" 9'3" 9'9" 10'0" 10'3" then 3in thereafter

**Staggers/Boxes:**

800m Run: 1 turn in lanes ( Run by division- Girls then Boys )

1600m: 1 turn box start together

3200m 1 Turn box (will run divisions together ),

Girls: 3000m 1 Turn box (will run divisions together ),

Girls 1500m Run - waterfall start

3200 relay –1 turn in lanes

1600 Relay - 3 turn stagger.( Run by division Girls then Boys)

**Pentathlon Field and Running events order :**

**Girls Order:** 100 Hurdles by division, High Jump-together, Shot put- by Divisional flights II then I,  
Long Jump- by Divisional flights II then I and 800 by division.

**Boys Order:** 110 Hurdles by division, High Jump-together, Shot put- by Divisional flights II then I,  
Long Jump- by Divisional flights II then I, 1500m- by division

**Pentathlon HJ Starting Heights: Girls: to be determined up by 5cm  
Boys: to be determined up by 5cm**

No electronic devices in the track and field competition area's. That means no boom boxes anywhere, no I-pods, mp3 players, video cameras, cell phones etc.

**Competition Area's: High Jump, Pole vault Inside the Track fence**

**Long Jump and Triple Jump Jumping runways area**

**Shot Put and Discus: Grass area by the throwing area and Throwing Sectors**

**Excused Athlete Clarification:**

Excused time limit will be TWENTY (20) minutes. However, in the High Jump and Pole Vault, if the athlete does not report back within TEN (10) minutes after the last competitor has initiated their final attempt, the bar will be raised and not lowered.

No electronic devices in the track and field competition area's. That means no boom boxes anywhere, no I-pods, mp3 players, video cameras, cell phones etc.

All Running events will clerk in at the far end of the **track in the shed** by the concession stand by 100 meter start. Weigh ins for Shot put and Discus will be in the shed by the Shot and Discus. Pole Vault weigh ins will be at the clerking area at the concession stand.

Make sure all athletes are following the uniform rule. Undergarments must be a solid color (No writing showing through) and can not have seaming of a different color.

**Make sure you check on your job assignments for the State qualifier.**

**Please have adult workers do that job.**

**BUSES:** Enter through Hindsdale Drive (High School entrance) and drop off athletes in the loop. Athletes can walk right along the high school and put tents up between the school and the service road. Buses can go through the bus garage area and follow the service road. They will be parked near the burm at the far north side of the property. We will have a person helping park.

**PARKING:** Spectators can use any entrance. We will park in the paved lots first, use the area next to the HS parking lot on the grass and then start parking behind the school on the soccer practice fields. We are not using the baseball or softball fields for parking.

**N.Y.S. Track and Field Meet Cards and Entries:**

Coaches please remind your athletes that they must report to sign up for the state meet every time they qualify for an event. If they qualify for an event but do not wish to participate in the state meet it is the coaches responsibility to come to the table and tell the state people that are doing registration so that they can take the next kid in line. Coaches if you are going to change the line up on your relays for the state meet then you must see Lance or Kevin personally, otherwise the names that are on the relay card will be the ones that go.

**Chaperones are needed for the state meet.** Applications are on the web page appendix Please give the forms to Kevin, Lance, or Terry at the state team registration area at the qualifier.

**State meet passes.** Again, coaches with athletes in the state meet are entitled to free entry. Coaches Gate List

Go to <http://nysphsaa.org/ADs-Coaches/Submit-Information-Online/Coach-Ticket-Request> and input the correct information. ONLY ONE COACH PER QUALIFIED ATHLETE IS ALLOWED. A school is allowed a MAXIMUM of 6 coaches.