

MAC B3 EAST HIGH INVITE

Date: Friday May 4, 2018

Place: East Track and Field Facility

Starting Time: 4:30 P.M.

Entry Limits: One Relay per school female & male. One Relay per school entering in the Beauty & Beast Relay.

Each athlete may do 4 events.

Entry Deadline: Tuesday, May 1st by 8:00 PM There will be fully automatic timing for all running events.

Coaches Meeting 4:10 P.M. on the infield

Weight implements will be weighed in @ 3:30 P.M. and end at 4:20 P.M.

Warm-up begins at 3:30 P.M.

Track events begin at 4:30 P.M.

Field events begin at 4:30 P.M. There will be 3 attempts in LONG JUMP, TRIPLE JUMP, SHOT PUT, and DISCUS THROW.

Fully automatic timing for all running events.

Entry Fee: COMBINED TEAMS \$200, SINGLE TEAM \$140, PER RELAY \$30, PER INDIVIDUAL EVENT \$20.

You are required to bring 1 VOUCHER PER TEAM

IF YOU CANCEL THERE ARE NO REFUNDS.

Send checks or vouchers to:

Attention: Eric Robinson, A.D.

East High School

1801 E. Main St.

Rochester, New York 14609

Make checks or vouchers payable to:

East Track and Field Booster Club

Other Information:

Blocks will be provided or you can bring your own.

Concessions will be available

Souvenir shirts will be on sale

Questions: Contact **Sheri Munoz (W) 585-288-3130 EXT 3110 © 585-520-0861**

Bryan Ragland (W) 585-288-3130 EXT 6115 © 585-455-0390

Awards: Team Scoring For Beauty & Beast Relays

Combined Scoring Female and Male: 10, 8, 6, 4, 2, 1

Trophies for the 1st, 2nd, and 3rd places Co-Ed Teams.

Awards for 1st – 3rd places in Non Beauty & Beast Relays

Most Outstanding Track Award (Female/Male) and Field Award (Female/Male)