

Athlete Information for the STATE MEET  
June 7, 8 & 9, 2018

1. Athletes, and their chaperones, will be staying at the Holiday Inn, 441 Electronics Parkway, Liverpool, NY. The phone number of that hotel is 315-457-1122 and 315-547-0675. Teams will eat breakfast and dinner at the Holiday Inn.
2. All athletes must use the transportation provided by Section V. The buses will be leaving from the following locations:

2:00 pm on Thursday June 5 from Bath Tops market parking lot. The bus will stop at the Dansville Save-A-Lot parking lot about 2:45 pm, then stop at the Mount Morris-Geneseo exit about 3:05 pm, and then meet the rest of the buses at Target parking lot by the Marketplace Mall about 4:00 pm. The last stop will be at the Waterloo thruway exit at Petro about 4:45 pm.

PLEASE BE ON TIME, THE BUSES WILL LEAVE ON SCHEDULE AS WE WILL NOT WAIT FOR NO-SHOWS!!!

3. No athlete will be allowed on the buses without having all of the proper papers filled out and signed by the appropriate individuals. NO SLIPS...NO TRIP!!!
4. Athlete room assignments will be handed out on the bus.
5. Check-in at Syracuse will be coordinated by the Sectional Chairman. Mr. Bush for the girls and Mr. Rosko for the boys. Meals provided during this trip will be dinner Thursday night, breakfast Friday morning, a voucher lunch Friday, dinner Friday, breakfast Saturday and a voucher lunch Saturday.
6. There will be a curfew of 11:00 pm for all athletes on Thursday and Friday night. This means lights out, TV's off and going to sleep. This is for both those competing and those finished. Those athletes who will not be competing on Saturday need to be respectful of those who will be competing and allow them to get a good nights sleep. Athletes caught not following this rule may not be allowed to represent Section V at the state meet in the future.
7. After Saturday breakfast all athletes MUST FOLLOW THE CHECKOUT PROCEDURES. Each room will be inspected and keys collected Saturday morning. We will not be returning to the motel after the meet.
8. ANY DIETARY OR MEDICAL PROBLEMS SHOULD BE BROUGHT TO THE ATTENTION

OF THE SECTIONAL CHAIRMAN AS SOON AS POSSIBLE SO THAT PROVISIONS CAN BE MADE. IF YOU USE AN ATOMIZER FOR ASTHMA YOU MUST GIVE US A DOCTORS NOTE SAYING THAT YOU NEED TO BE ALLOWED TO USE THIS MEDICATION DURING COMPETITION.

9. All awards will be presented inside the fence in the corner down by the tennis courts shortly after the completion of each event. Please report to the tent immediately when you hear your name and event called to report to the awards stand.
10. Implements will be weighed and checked-in prior to the event. Listen for the announcement over the P.A. for time and place. Only regulation shot puts' and discus' will be permitted in competition.
11. DO NOT COME TO THE TRACK WEARING ANY JEWELRY!!!
12. There will be a concession stand available each day.
13. The meet will be held at the Cicero-North Syracuse High School facility. Please be aware of the following items:

ONLY 1/4" PINS ARE ALLOWED. (NO HEX or PYRAMIDS).

Athletes caught climbing the fences will be disqualified from the remainder of the meet.

USE THE COMPETITORS GATES!!!
14. An Athletic Trainer will be in attendance at the meet. In the event that hospital services are required, an ambulance will take the individual to the nearest hospital. Be sure to take in plenty of water during both days, even if you feel fine.
15. Dressing facilities and showers will not be available at the stadium. It is advised that all athletes come dressed in their track attire. Please be aware of the uniform rules in affect this year.
16. Numbers must be worn on the back, except for high jumpers and pole vaulters who may wear their numbers on the front.
17. Athletes must return on the Section V buses unless they give the Sectional Chairman the release to travel home form signed with the appropriate signatures.

18. Remember, we want you to have fun at the States but not at the expense of possibly ruining your chance or your roommate's chance at winning a medal. Enjoy yourself because for some of you this may be the only time or the last time you get to experience an event like this, but wait to celebrate after the final event is over for your sectional teammates. We want you all to be as sharp and as successful as you can possibly be.
19. Each competitor will receive a competitor's pass which gives you free admission to the state meet. If you lose this pass you will have to pay the \$8.00 admission charge to get into the stadium each day.
20. If you are leaving the meet with a parent or coach instead of coming back on the Section V buses your parent or coach must check you out with one of the Section V Staff before you leave so that we know you are leaving. You are not to leave until this has been done.
21. If you have questions: Mr. Lance Bush (585) 734-7687 - Girls Chairman  
Mr. Kevin Rosko (607) 684-5971 - Boys Chairman