**NYSPHSAA/FEDERATION BOYS & GIRLS SPRING TRACK**

**APPROVED STANDARDS FOR THE SECOND QUALIFIER FOR**

**THE 2018 SEASON**

EACH SECTION MUST DESIGNATE THEIR STATE QUALIFIER MEET.

FIRST PLACE FINISHER IN EACH INDIVIDUAL EVENT AND RELAY FROM THE FOLLOWING DIVISIONS WILL ADVANCE TO THE STATE MEET: ***DIVISION I AND DIVISION II.***

A SECTION MAY SEND ANOTHER ATHLETE OR RELAY TEAM IN ANY EVENT.

THEY MUST BE THE HIGHEST PLACING FINISHER AT THE QUALIFIER THAT HAS MET THE STANDARD LISTED BELOW.

***THE STANDARD MAY BE MET AT ANY INVITATIONAL OR CHAMPIONSHIP MEET AT ANYTIME DURING THE SEASON.***

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| **EVENT** | **BOYS D1** | **BOYS D2** | **GIRLS D1** | **GIRLS D2** |
| **100M DASH** | 10.9 / 11.14 | 11.1 / 11.34 | 12.3 / 12.54 | 12.5 / 12.74 |
| **200M DASH** | 22.0 / 22.24 | 22.5 / 22.74 | 25.2 / 25.44 | 25.7 / 25.94 |
| **400M DASH** | 48.8 / 49.04 | 50.2 / 50.44 | 57.2 / 57.44 | 58.1 / 58.34 |
| **800M RUN** | 1:54.6/ 1:54.84 | 1:56.7 / 1:56.94 | 2:14.3 / 2:14.54 | 2:15.6 / 2:15.84 |
| **1600/1500M RUN** | 4:17.8/ 4:18.04 | 4:23.0 / 4:23.24 | 4:35.6 / 4:35.84 | 4:46.7 / 4:46.94 |
| **3200/3000M RUN** | 9:21.0/ 9:21.24 | 9:37.6 / 9:37.84 | 9:59.4/ 9:59.64 | 10:24.0/ 10:24.24 |
| **STEEPLECHASE** | 9:33.0/ 9:33.24 | 9:53.2 / 9:53.44 | 7:06.3 / 7:06.54 | 7:23.8 / 7:24.04 |
| **HIGH HURDLES** | 14.7 / 14.94 | 15.2 / 15.44 | 15.0 / 15.24 | 15.6 / 15.84 |
| **400M HURDLES** | 55.8 / 56.04 | 57.3 / 57.54 | 63.7 / 63.94 | 66.3/ 66.54 |
| **LONG JUMP** | 22’ 00.25” | 21' 01" | 17' 10.25” | 16' 11.5” |
| **TRIPLE JUMP** | 45' 07.25" | 43’ 10" | 37' 01.75” | 36’ 01.5” |
| **SHOT PUT** | 52' 11.5" | 49’ 10" | 39’ 05.25” | 36’ 07.5” |
| **DISCUS** | 151' 09" | 146' 02" | 117’ 08” | 112’ 05” |
| **HIGH JUMP** | 6' 02" | 6' 02" | 5' 03” | 5' 01” |
| **POLE VAULT** | 14' 00" | 13' 03" | 11' 00” | 9' 09” |
| **PENTATHLON** | 3043 PTS. | 3008 PTS. | 2807 PTS. | 2638 PTS. |
| **400M RELAY** | 42.7 / 42.94 | 44.0 / 44.24 | 48.7 / 48.94 | 50.2 / 50.44 |
| **1600M RELAY** | 3:20.3/ 3:20.54 | 3:28.2 / 3:28.44 | 3:56.4/ 3:56.64 | 4:04.4/ 4:04.64 |
| **3200M RELAY** | 7:51.9/ 7:52.14 | 8:12.0 / 8:12.24 | 9:17.3 / 9:17.54 | 9:40.0 / 9:40.24 |
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**(FIRST TIME LISTED IN EACH COLUMN IS HAND TIMED, SECOND TIME LISTED IS FULLY AUTOMATIC TIMING.   
  
STANDARD HYTEK CONVERSION OF .24 WAS USED FOR ALL RUNNING EVENTS.)**

**THESE STANDARDS REPRESENT THE AVERAGE OF 6TH PLACE IN THE FINALS FROM 2013 THROUGH 2017**

# PROPOSED 9/17/17