

Brighton Relays

WHEN: Friday, April 26, 2019, 4:30P

WHERE: Brighton High School (1150 Winton Road South)

ENTRIES: 18 team limit. Four event maximum per athlete. ONE relay entry per team per event. *Only relays will count toward team scoring.* All entries are due **by 8:00 pm on Wednesday, April 24th to www.yentiming.com**. Incomplete field event relays *are* allowed. Changes allowed day of meet using form. Results will be posted on the Section V Outdoor Track website.

UPDATED FACILITIES: Re-surfaced 6 lane, all-weather track. Two horizontal jumping pits, one high jump pit, one pole vault runway (behind bleachers) one shot put circle, one discus circle. Concessions and bathrooms available.

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## ORDER OF EVENTS

### Track Events – Begin at 4:30 P.M. (warm ups start at 4:00 P.M.)

110M/100M Hurdles Relay (3 hurdlers - add times) Boys/Girls\*

4 x1600M Relay Girls/Boys

4 x 200M Relay Girls/Boys

Distance Medley Relay (1200-400-800-1600) Girls/Boys

4 x 400M Relay Girls/Boys

2x3000/3200M (2 runners - add times) Girls/Boys

**~Presentation of the Jeff Bordeaux Jr. Award~**

Sprint Medley Relay (400-200-200-800) Girls/Boys

4 x 800M Relay Girls/Boys

Throwers 4 x 100M Relay Girls/Boys

4 x 100M Relay Girls/Boys

### 2 person Field Event relays – Begin at 4:30 P.M. (warm ups start at 4:00 P.M.)

Long Jump -Boys/Girls

Triple Jump -Girls/Boys

High Jump - Girls/Boys (*approx. starting heights: Girls – 4’0”, Boys – 5’0”*)

Shot Put - Girls/Boys

Discus - Boys/Girls

Pole Vault - Boys/Girls (*approx. starting heights: Boys – 8’0”, Girls – 6’0”*)

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SCORING & AWARDS: Top 6 places: 10-8-6-4-2-1; Trophies to top 2 girls’ & boys’ teams; in events, medals to 1st place, ribbons to 2nd – 6th place.

COST:

- ✓ \$100 + official voucher for single (boys or girls) team
- ✓ \$175 + official voucher for a combined (boys and girls) team
- ✓ \$20 for individual entries

MAKE CHECKS PAYABLE TO: Brighton Running Booster Club. Checks and vouchers are due no later than **Monday, April 23rd**. Please mail them to:

Shannon Times
Brighton High School Track and Field
1150 Winton Road South
Rochester, NY 14618

E-MAIL INTENT TO PARTICIPATE TO: timestf@gmail.com