

55th ANNUAL Castiglione-Tobin  
HORNELL INVITATIONAL TRACK & FIELD MEET

**Coaches: Please forward this information to your Athletic Director.**

***All correspondence will be made via e-mail. It is important that your updated e-mail addresses be returned with the registration form.***

**DATE:** Friday, May 3, 2019  
Start: 5:00 PM (Coaches' Meeting: 4:30 PM)

**AWARDS:** Team Trophies: (1) Girls' Team Winner  
(2) Boys' Team Winner  
(3) Combined Boys' & Girls' Points

Individual: (1) Medals for 1<sup>st</sup>-3<sup>rd</sup> individual events and 1<sup>st</sup> relays  
(2) Ribbons for 4<sup>th</sup>-6<sup>th</sup> individual events and 2<sup>nd</sup>-6<sup>th</sup> relays  
(3) Plaques for Boy & Girl MVP Track, Field performers

**ENTRY FEE:** Both Boys' and Girls' Teams: \$ 175  
Individual Boys' or Girls' Teams: \$ 100  
Individual Boys' or Girls' entries: \$ 20 per athlete (if less than \$ 80)

**DEADLINE:** Registration form **must** be received by **Wednesday, April 17<sup>th</sup>, 2019**  
***(no team will be added after this date).***  
Check or voucher **must accompany the registration form.**

**ENTRIES:** *Dependent upon number of teams entered.*  
***Regardless of number of teams entered, shot put, discus, pole vault, 3000/3200, and steeplechase competitors will be limited (see details below) and one relay team is permitted per school (relay entries should include all possible runners with a maximum of 6).***

***If fewer than 13 teams: Four entries per individual event***  
***If fewer than 17 teams: Three entries per individual event***  
***If more than 16 teams: Two entries per individual event***

**TRACK:** 1/8" spikes only on all track and runways  
The meet will be run under the N.Y.S.P.H.S.A.A. rules.

**EVENTS:** We will run the Sectional event order with steeplechase but no pentathlon.  
*All events are finals.*

<b>Track:</b> 100/110 hurdles 4x800 relay 100 2000/3000 steeplechase 400 1500/1600 4x100 relay 400 Hurdles 800 200 3000/3200 4x100 throwers' relay 4x400 relay	<b>Field:</b> High Jump (two pits: boys and girls) Discus (girls, then boys) Shot Put (boys, then girls) Pole Vault (girls begin, boys join at starting height) Long Jump (two pits: boys and girls) Triple Jump (after long jump; two pits: boys and girls)
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**SEEDING:**

- (1) **F.A.T. will be provided by Wellsville Track and Field. All athlete entries will be completed on MileSplit.**
- (2) **Scratches will be allowed, but no additions. Also, there will be no re-seeding if athletes are scratched!**
- (3) **Notice regarding the shot put, discus, steeplechase, and 3200/3000 meter runs.** Submit up to maximum allowed based on meet enrollment. However, because of time and facility limitations, the following will occur to facilitate meet management:

(A) **Shot put and discus:** The level of competition will determine the field, with a minimum of **32** (4 flights of 8) and a maximum of **40** (4 flights of 10). Flights will be ordered from highest to lowest seed. Throwers in the top one or two flights (as determined by thrower skill) will receive four throws in these respective events (**no finals**). The remaining flights will have two or three throws based on lighting conditions.

(B) **Pole Vault:** As stated above for throwing events, we will make a judgment based on quality of jumpers and total number of entries. We do hope to have two jumping areas again this spring.

(C) **Steeplechase and 3200/3000 meter runs:** We will limit entries to create one heat of each with a manageable number of runners (we have traditionally capped at 24). Runners with the best seed times will be selected.

**Hornell Invitational Track & Field Meet  
Registration Form**

<b>School:</b>	
<b>Athletic Director:</b>	<b>Office Telephone:</b>
<b>Boys' Head Coach:</b>	<b>Assistant Coach:</b>
<b>e-mail address:</b>	
<b>School Phone:</b>	<b>Home Phone:</b>
<b>Girls' Head Coach:</b>	<b>Assistant Coach:</b>
<b>e-mail address:</b>	
<b>School Phone:</b>	<b>Home Phone:</b>

**TEAMS PARTICIPATING (check one):**

<b>Both Boys &amp; Girls</b>	<input type="checkbox"/>
<b>Boys' only</b>	<input type="checkbox"/>
<b>Girls' only</b>	<input type="checkbox"/>
<b>Will not attend</b>	<input type="checkbox"/>

**IMPORTANT:**      **Deadline for registration is Wednesday, April 17th, 2019.**

All entries must include prepayment or voucher. **NO EXCEPTIONS!**

**PLEASE TAKE NOTE!**  
**MAKE Checks or vouchers payable to:**

**Hornell City School District**

**ADDRESS:** John Cardamone, Athletic Director  
Hornell High School  
134 Seneca Street  
Hornell, NY 14843

Return to: [john.cardamone@hornellcsd.org](mailto:john.cardamone@hornellcsd.org)