

# 12<sup>th</sup> ANNUAL MARION INVITATIONAL

## Meet Information

- Date:** Friday, May 10, 2019
- Place:** Marion High School, Track & Field Facility
- Time:** 4:30 pm
- Entries:** Only 16 schools will be accepted for participation. Athletes may do 4 events. Each school may enter 2 athletes in all running and field events. Only 1 relay team entry per event. Each school may enter 1 boy and 1 girl in the pentathlon.  
Entries will be made to [www.yentiming.com](http://www.yentiming.com)  
Entry deadline is 8:00 pm, May 8th. Note: **No additions or substitutions will be allowed.**
- Entry Fee:** \$250 per school. **Make checks payable to: Marion Track Club**
- Send payment to: Bob Goodell – Track Coach  
Marion High School  
4034 Warner Road  
Marion NY 14505
- Scoring:** Team Scoring: 10, 8, 6, 4, 2, 1
- Awards:** Medals to 1<sup>st</sup> place and ribbons to 2<sup>nd</sup> – 6<sup>th</sup> place finishers in each event. Trophies to 1<sup>st</sup> place teams. Most Outstanding Track and Field athlete awards to top male and female performers.
- Facilities:** 8 lane all weather surface with steeplechase.  
Two horizontal jumping areas with all weather surface runways.  
Two high jump and two pole vault areas with all weather surfaces.  
Two shot put and one discus area with concrete throwing surfaces.
- Athlete Check-In:** Athletes in all running events must check in with the clerk prior to the start of their race. Athletes in field events should report to the site of their event for check in prior to the start of competition.
- Starting Blocks:** Adjustable starting blocks are provided. However, you may use your own blocks as well.

**Conduct of Meet:** All running events will be conducted as finals. If more than one section is necessary, they will be run against time. Sections, lanes and flights will be seeded according to entry times or distances. Sections will be run slow to fast. A schedule of events is enclosed in this packet.

**Timing:** Finish Lynx timing will be utilized.

**Concessions:** Food and drink will be available to athletes and spectators at the track concession stand.

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Direct all questions to:  
Bob Goodell – Head Track Coach Marion High School  
Email: [rgoodell@marioncs.org](mailto:rgoodell@marioncs.org)

**Email your intent to participate ASAP to**  
**[rgoodell@marioncs.org](mailto:rgoodell@marioncs.org)**

\*\*\*\*Only 16 schools will be accepted, Enter Early\*\*\*\*

### **Order of Events**

G 100m Pent. Hurdles  
G 100m Hurdles  
B 110m Pent. Hurdles  
B 110m Hurdles  
G 4x800m Relay  
B 4x800m Relay  
G 100m  
B 100m  
G 2000m Steeplechase  
B 3000m Steeplechase  
G 400m  
B 400m  
G 1500m  
B 1600m  
G 4x100m Relay  
B 4x100m Relay  
G 400m Hurdles  
B 400m Hurdles  
G 800m  
B 800m  
G 200m  
B 200m  
G 3000m  
B 3200m  
G Pent. 800m  
B Pent. 1500m  
G 4x400m Relay  
B 4x400m Relay

### **Field Events**

Boys - Long Jump then Triple Jump  
- Discus then Shot Put  
- High Jump after pent. HJ  
- Pole Vault east pit  
Girls - Long Jump then Triple Jump  
- Shot Put then Discus  
- High Jump after pent. HJ  
- Pole Vault west pit  
Pentathlon  
- 100/110 Hurdles  
- High Jump  
- Shot Put  
- Long Jump  
- 800m/1500m