14th Annual Victor Bob Goodell Twilight Invitational Friday, May 3rd, 2019 4:30 P.M. Victor H.S.



FACILITY: Eight lane all weather surface (3/16th spikes only). Three horizontal jumping areas with all-weather surface on runways. Two high jump and two pole-vault areas with all-weather surfaces. Separate shot put and discus areas with concrete throwing surfaces. Locker rooms and bathrooms will be available. Concession stand will be available. 3/16" spikes and meet t-shirts will be on sale. All races will be F.A.T. timed.

ENTRY RESTRICTIONS: Only 16 schools will be accepted for participation. Athletes may do any FOUR events. Each team may enter TWO athletes per event, ONE relay per team, ONE pentathlon entry per team.

ENTRY FEE: \$125.00 per school plus ONE voucher to pay for one official. Make checks or vouchers payable to: VICTOR TRACK AND FIELD BOOSTER CLUB. Check or voucher due before May 1st. Send all payments to:

Meet Director: Ross Hunkovic Victor High School Athletic Office 953 High Street Victor, N.Y. 14564

<u>AWARDS</u>: Medals awarded to top three individuals in each event, ribbons to places four to six. Medals awarded to top two relays, ribbons to places three to six. Plaques awarded to most outstanding track and field athletes.

RESULTS: Results will be posted the day of the meet and on the Section V website.

ENTRIES: All athletes and relays must be pre-entered by Wednesday, May 1, 2019.

BOYS TEAM: _____

VERIFY:

Entries due by 8:00 P.M. on 5/1/19 to Yentiming.com. No changes will be honored the day of the meet.

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CCEPTED; ENTER EARLY************************************
NTRIES WILL BE ACCEPTED.
hunkovicr@victorschools.org
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GIRLS TEAM:

14TH ANNUAL VICTOR TWILIGHT INVITATIONAL Friday, May 3rd, 2019

1500m Run

ORDER OF EVENTS:

TRACK EVENTS: Start @ 4:30/ ALL TIMED FINALS

G/ 100m Pentathlon Hurdles

G/ 100m Hurdles

B/ 110m Pentathlon Hurdles

B/110m Hurdles

*** 15 minute break to Honor Victor Seniors***

John Bruinix Memorial JV Sprint Relay (800,200,200,400)

G/800m Sprint Relay (100-100-200-400)

B/800m Sprint Relay (100-100-200-400)

G/2000m Steeplechase

B/ 3000m Steeplechase
G/ 4 x 100m Relay
100m Hurdles
B/ 4 x 100m Relay
High Jump
G/ 1500m Run
Shot Put
Long Jump
G/ 100m Dash
800m Run

B/ 100m Dash G/ 400m Dash

B/ 400m Dash
G/ 3000m Run
B/ 3200m Run
B/ 3200m Run
B/ 400m Hurdles

G/Invitational 800 – 1 Heat

B/ 800m Run

G/ 800m Run

B/Invitational 800 – 1 Heat

G/ 200m Dash

B/ 200m Dash

G/800m Pentathlon

B/ 1500m Pentathlon

G/ 4 x 800m Relay

 $B/4 \times 800 m$ Relay

 $G/4 \times 400 m$ Relay

B/4 x 400m Relay

FIELD EVENTS: WARM-UPS START @ 4:00 / COMPETITION STARTS @ 4:30.

Boys pole vault (start @ 7'6") and Girls pole vault (start @ 6'0")

Girls shot put, followed by the Boys shot put

Boys discus, followed by the Girls discus

Boys Long Jump and Girls Long jump

Boys and Girls Triple Jump to follow Long jump

Girls high jump (start @ 4'0"); Boys high jump (start @ 4'10")