


Class C/A Sectionals

May 24, 2019

Meet Information

South Seneca is excited to be hosting the Class A and C Track Sectionals on May 24th. Below is some important information - please contact Heather Mott if you have additional questions.

Bus Parking - In order to accommodate all of the competing teams and their fans No buses will remain parked on the Ovid campus. All buses will be directed to park at the South Seneca Elementary School in Interlaken which is located at 8326 Main Street, Interlaken NY, 14847 There will be a shuttle from the Elementary school to the High School for bus drivers to come watch the meet.

1. Start out going **north** on Main St/NY-96A/NY-414 toward Chapman St.
2. **Then 0.60 miles**
3. Turn **right** onto State Route 96/NY-96. Continue to follow NY-96.
 1. NY-96 is 0.1 miles past Brown St
 2. If you are on State Route 96 and reach Depot Rd you've gone about 0.2 miles too far
4. **Then 7.32 miles**
5.  South Seneca Elementary School, 8326 MAIN ST is on the **right**.
 1. Your destination is 0.3 miles past County Road 150
 2. If you reach Cayuga St you've gone about 0.1 miles too far

Supervisors - We will have supervisors on site- Look for people wearing Event Staff jackets if you need assistance with anything.

Spectators - All Parking lots on the Ovid campus will be available for spectator parking

Concessions - We will have food available at the concession stand, located off the start/finish line off the track. .

Address: South Seneca High School 7263 Main Street Ovid NY, 14521

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- **Event Order** - Class C will go first in all events followed by Class A.
- **Running Event Check-in** - Athletes in all running events must check in with the clerk in the south end of the track prior to the start of their race. They will receive hip numbers for their event here. Please make sure that your athletes jerseys are tucked in so that the hip numbers are visible by the FAT cameras.
- **Field Event Check in** - Athletes in field events should report to the site of their event for check in prior to the start of competition. Athletes will be called by flight for check in.
- **Infield** - Only competing athletes will be allowed on the infield. No spectators or non-competing athletes should be in this area. Track supervisors will be in place to keep the infield clear. coaching boxes will be provided at field event areas.
- **Check-out Time** – Field Athletes will be allowed 15 minutes to return to their event after leaving.
- **Competition Area** – No jewelry or electronic devices will be allowed in the competition areas. Athletes who fail to abide by this rule will be disqualified from their event.
- **Tents** - Team tents should be set up along the back stretch of the track.
- **Pentathlon Order: (Pent. High Jump bar will go up by 5cm)**

Class C/A Boys	110 hurdles	High Jump Yellow Pit	Shot Put	Long Jump East Pit	1500m
Class C/A Girls	100 hurdles	High Jump Black Pit	Shot Put	Long Jump West Pit	800m

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Field Event Information

Event	Location	Order	Warm-up Time	Format
Discus	West side of facility	C Girls A Girls C Boys A Boys	10 min. before competition then 10 min. between flights.	Flights
Shot Put	South West side of track	C Boys / A Boys C Girls / A Girls B/G Pent. When Ready	10 min. before competition then 10 min. between flights.	Flights
High Jump	Black Pit – Girls Yellow Pit - Boys	B/G Pent HJ C Boys/ C Girls A Boys / A Girls	20 min. before competition then 20 min. between groups.	Grouped by Class
Pole Vault	Orange Pit – Girls Black Pit - Boys	C Girls / C Boys Followed by A Girls / A Boys	Competition starts at 5:00 Each group will have 30 min. warm-up	Grouped by Class
Long Jump / Triple Jump	West Pit – Girls East Pit - Boys	B/G Class C Long B/G Class A Long B/G Class C Trip. B/G Class A Trip. B/G Pent. When Ready	10 min. warm-up between flights	Flights

High Jump Starting Heights

Class C Boys 4'10" up by 3" to 5'4" then up by 2" to 6'0" then up by 1"
Class A Boys 5'2" up by 3" to 5'8" then up by 2" to 6'0" then up by 1"
Class C/A Girls 4'4" up by 2" to 5'0" then up by 1"

Pole Vault Starting Heights

Class C Boys 8'0", 8'9", 9'6" then up by 6"
Class A Boys 8'6", 9'3, 10'0", 10'9 then up by 6"
Class C/A Girls 6'0", 6'9", 7'6" then up by 6"

Pole Vault and Shot/Disc weigh in will begin at 4:15

Officials Meeting @ 4:00

Coaches Meeting @ 4:30