

12th Annual Wayne Central Invitational

Friday, April 26th 2019

Wayne Central High School

No coaches meeting

Competition starts promptly at 4:30 PM

Facility

Eight Lane All –Weather Track

All-Weather surface for high jump area as well as for long and triple jump runways (two sand pits)

Pentathlon high jump will be run on a separate pit on the tennis courts. Two shot put circles

Concessions and T-Shirts will be available for purchase

Scoring and Awards

Team Scoring 10, 8, 6, 4, 2, 1

Trophies for the 1st and 2nd place teams (boys and girls)

Medal for 1st - Ribbons for places 2-6 in all events

Most outstanding awards – Track & Field – boys and girls

SPECIAL AWARDS FOR PENT, 800, 1500/1600, STEEPLE CHASE, 4X4, 4X8

FAT timing for all running events (excluding steeplechase)

Athlete Entry, Timing & Results:

Entries will be done online through your team account (male / female) at www.yentiming.com. Entry fees **MUST** be received by Tuesday, April 23rd unless otherwise approved. The first PAID 16 schools will be entered into the meet. Coaches are responsible for submitting their entries online no later than Wednesday, April 24TH at 8:00 PM Simply Login -update your roster and make a meet entry for each athlete.

Instructions for entry information will be sent out to schools when their entry fees are received.

Fees \$100 for either a boys OR a girls Team, \$200 for both.

Make checks payable to *Wayne Central School*. Schools must have payments in advance or their athletes will not compete

Restrictions

16 team limitation

4 events max. per athlete

2 athletes for laned events; 2 per non-laned events per school

1 athlete per team per gender for pentathlon (*1 boy and 1 girl*)

1 relay team per event per school 1/8”

spikes only

Athletes not entered in an event prior to competition will not be allowed to participate NOTE:

There will only be drops the day of the meet, NO additions.

Spectators and non-competitors will not be permitted on the in-field or competition area, No pets allowed at the site

Make check payable to ***Wayne Cross Country/ Track and Field Booster (WCCTF)***

Send check to: ***Anthony Carusone - Wayne Central Athletic Director Wayne Central School***

District P.O. Box 155 6200 Ontario Center Rd Ontario Center, NY 14520

Intent to participate or questions, please contact Tim Burlee at 315-690-9061 or tburlee@waynecsd.org
(e-mail preferred)

Registration Form Wayne Central Invitational

Please check appropriate blank

_____ Boys Team (\$100) OR _____ Girls Team (\$100)

_____ School Team – Boys and Girls Combined (\$200)

Order of Events

G 100m Pent. Hurdles G

100m Hurdles

B 110m Pent. Hurdles

B 110m Hurdles

G 4x800m Relay

B 4x800m Relay

G 100m

B 100m

G 2000m Steeplechase

B 3000m Steeplechase

G 400m

B 400m

G 1500m

B 1600m

G 4x100m Relay

B 4x100m Relay

G 400m Hurdles

B 400m Hurdles

G 800m

B 800m

G 200m

B 200m

G 3000m

B 3200m

G Pent. 800m

B Pent. 1500m

G 4x400m Relay

B 4x400m Relay

Field Events

Long Jump: Boys West pit/Girls East pit flights (Three jumps each)

Triple Jump: Girls West pit/Boys East pit flights (Three jumps each)

Shot Put: Boys first followed by girls (Three throws each)

Discus: Girls first followed by boys (Three throws each)

High Jump: Girls first (starting height 3'9") followed by boys (starting height 4'9")

Pole Vault Boys first (8' 6" starting height) followed by girls (7' 0" starting height)

Pentathlon (Order of field events subject to change based upon meet progression)

100/110 Hurdles

Boys High Jump (tennis court) / Girls Shot Put

Girls High Jump (tennis court) /Boys Shot Put

Girls Long Jump/ Boys Long Jump

800m/1500m