13th ANNUAL MARION INVITATIONAL

Meet Information

Date: Friday, May 15, 2020

Place: Marion High School, Track & Field Facility

Time: 4:30 pm

Entries: Only 16 schools will be accepted for participation. Athletes may

do 4 events. Each school may enter 2 athletes in all running and field events. Only 1 relay team entry per event. Each school may

enter 1 boy and 1 girl in the pentathlon.

Entries will be made to www.yentiming.com

Entry deadline is 8:00 pm, May 13th. Note: No additions or

substitutions will be allowed.

Entry Fee: \$250 per school. Make checks payable to: Marion Track Club

Send payment to: Bob Goodell – Track Coach

Marion High School 4034 Warner Road Marion NY 14505

Scoring: Team Scoring: 10, 8, 6, 4, 2, 1

Awards: Medals to 1^{st} place and ribbons to $2^{nd} - 6^{th}$ place finishers in each

event. Trophies to 1st place teams. Most Outstanding Track and

Field athlete awards to top male and female performers.

Facilities: 8 lane all weather surface with steeplechase.

Two horizontal jumping areas with all weather surface runways. Two high jump and two pole vault areas with all weather surfaces. Two shot put and one discus area with concrete throwing surfaces.

Athlete Check-In: Athletes in all running events must check in with the clerk prior to

the start of their race. Athletes in field events should report to the site of their event for check in prior to the start of competition.

Starting Blocks: Adjustable starting blocks are provided. However, you may use

your own blocks as well.

Conduct of Meet: All running events will be conducted as finals. If more than one

section is necessary, they will be run against time. Sections, lanes

and flights will be seeded according to entry times or distances. Sections will be run slow to fast. A schedule of events is enclosed

in this packet.

Timing: Finish Lynx timing will be utilized.

Concessions: Food and drink will be available to athletes and spectators at the

track concession stand.

Direct all questions to:

Bob Goodell – Head Track Coach Marion High School

Email: rgoodell@marioncs.org

Email your intent to participate ASAP to rgoodell@marioncs.org

****Only 16 schools will be accepted, Enter Early****

Order of Events

G 100m Pent. Hurdles G 100m Hurdles B 110m Pent. Hurdles

- B 110m Hurdles
- G 4x800m Relay
- B 4x800m Relay
- G 100m
- B 100m
- G 2000m Steeplechase
- B 3000m Steeplechase
- G 400m
- B 400m
- G 1500m
- B 1600m
- G 4x100m Relay
- B 4x100m Relay
- G 400m Hurdles
- B 400m Hurdles
- G 800m
- B 800m
- G 200m
- B 200m
- G 3000m
- B 3200m
- G Pent. 800m
- B Pent. 1500m
- G 4x400m Relay
- B 4x400m Relay

Field Events

- Boys Long Jump then Triple Jump
 - Discus then Shot Put
 - High Jump after pent. HJ
 - Pole Vault east pit
- Girls Long Jump then Triple Jump
 - Shot Put then Discus
 - High Jump after pent. HJ
 - Pole Vault west pit

Pentathlon

- 100/110 Hurdles
- High Jump
- Shot Put
- Long Jump
- 800m/1500m