

## Lyons Invitational

- Date: Friday April 24, 2020
- Place: Lyons Track and Field Facility
- Time: Meet will start promptly at 4:30 P.M. No Coaches Mtg.
- Entries: Only 16 schools will be accepted for participation. Athletes may do 4 events. Each school may enter 2 athletes in all running and field events. Only 1 relay team entry per event. No Pentathlon. Entries will be made to [www.yentiming.com](http://www.yentiming.com) Entry Deadline is 8:00 P.M. Tuesday April 21, 2020. There will be only drops the day of the meet, no adds.
- Entry Fee \$250 per school, mailed by April 23, 2020 to Lyons Sports Boosters  
70 Clyde Road  
Lyons, New York 14489
- Scoring No team scoring
- Awards Ribbons to top 6 finishers in each event
- Facilities 8 lane all weather track with steeplechase  
2 horizontal jumping areas with all weather  
Surface runways  
High jump and pole vault areas with all weather  
Surfaces  
Shot put and discus area with concrete throwing  
Areas
- Starting blocks will be provided. You may bring your own.
- Rules Only 1/8" spikes will be permitted. All spectators and non-competitors will not be permitted inside the competition areas. FAT will be used. All running events will be conducted as finals and will be seeded per entry. Concessions will be available.  
E-mail your intent to participate to Ally Schuber at [aschuber@lyonscsd.org](mailto:aschuber@lyonscsd.org) ASAP as we fill up quickly.

## Order of Events

G 100 m hurdles  
B 110 m hurdles  
G 4 x 800 m relay  
B 4 x 800 m relay  
G 100m  
B 100m  
B 3000 m steeplechase  
G 2000 m steeplechase  
G 400m  
B 400m  
G 1500m  
B 1600m  
G 4 x 100m relay  
B 4 x 100 m relay  
G 400m hurdles  
B 400m hurdles  
G 800m  
B 800m  
G 200m  
B 200m  
G 3000 m  
B 3200 m  
G 4 x 400m relay  
B 4 x 400m relay

## Field Events

Boys LJ East Pit followed by  
Boys TJ East Pit  
Boys Shot then Discus  
Girls Discus then Shot  
Boys and Girls HJ  
Boys PV first followed by Girls  
  
Girls LJ West Pit followed by  
Girls TJ West Pit

Please note that the boys steeplechase will be before the girls. This is a meet management issue, the barriers go down much easier and faster than trying to put them up. All other running events follow normal order, girls followed by boys