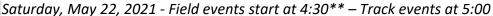


15th Annual Al Mullan Runnin' Cadet Classic

HILTON HIGH SCHOOL





Your Team is invited to participate in the Al Mullan Runnin' Cadet Classic.
Only a Maximum of 14 Team Entries Will Be Accepted, So Please Respond Quickly!

We have a Pentathlon! Each coaching packet (full team registered) will have a coach's gift for your team!

FACILITIES: Hilton has an 8-lane, all-weather track (with Steeplechase), 4 LJ/TJ pits, 2 SP areas, 1 Discus area, Space for 2 HJ's, and 2 PV areas. (Concrete Throwing Surfaces, 1/8" spikes on Runways) Restrooms are available right next to the Track.

<u>LIMITATIONS</u>: Athletes Can Do Up To 4 Events. A Team May Enter 2 Athletes in field events and individual running events, and 1 Relay Team per School.

AWARDS: CHAMPION T-Shirts to winners! Medals Top 3 places.

ENTRIES: Entries must be submitted only on www.yentiming.com by Wednesday, May 19th @ 8:00pm DO NOT EXCEED ENTRY LIMITS; additional entries will be scratched.

For "The Pete Glavin Memorial Races" or Elite PV – there is no fee.

The Pete Glavin Memorial Races will go at 8:30 no matter where we are on the schedule.

"The Pete Glavin Memorial Races" contact: Jeff Merkel - jmerkel@frontiernet.net;

Elite PV contact: Andy Fetzner - coachfetzner@yahoo.com

Finishlynx Timing & Hytek results. Full meet results will be posted on www.yentiming.com and www.yentiming.com

Email your intent to compete to Jeff Merkel:

Jeff Merkel, Meet Director; Phone: (585) 739-0251; email: jmerkel@frontiernet.net

Fees & Mailing	
Check for \$250 per team or \$150 for single	Checks Mailed to:
gender teams AND 1 officials voucher	Hilton High School
	400 East Ave.
Checks Payable to: HILTON TRACK	Hilton, NY 14468

Order of Events:

All running events will be conducted as finals. Sections, lanes and flights will be seeded according to entry times or distances. Sections will run from slow to fast. All athletes in running events will wear a hip number.

Field events start at 4:30** – Track events at 5:00 – Coaches Meeting at 4:15

ORDER OF EVENTS	
RUNNING EVENTS	FIELD EVENTS
100m Hurdles (Pentathlon)	FIRST
100m Hurdles	Boys and Girls High Jump
110m Hurdles (Pentathlon)	Boys and Girls Pole Vault
110m Hurdles	Boys Shot Put/Girls Disc
2000m Steeplechase	Boys and Girls Long Jump
3000m Steeplechase	
800m	SECOND
3000m/3200m (Non-Glavin)	Girls Shot Put
100m	Boys and Girls Triple Jump
400m	Boys Disc
1500m/1600m	
400m Hurdles	Elite PV will take place on the infield
200m	
800/1500m (Pentathlon)	PENTATHLON ORDER:
3000m/3200m The Pete Glavin Memorial	Girls Order
Races will go at 8:30 pm no matter where we are	100m hurdles, High Jump, Shot Put, Long Jump,
on the schedule.	800m
(The Pete Glavin Memorial Race participants	Boys Order
arrive no later than 7pm)	110m hurdles, High Jump, Shot Put, Long Jump,
400m Relay	1500m
3200m Relay	
1600m Relay	

All events are finals on time. Girls will precede boys unless otherwise stated above. A MAXIMUM OF 14 TEAMS WILL BE ENTERED, SO PLEASE LET US KNOW ASAP!