



15th Annual Al Mullan Runnin' Cadet Classic



HILTON HIGH SCHOOL

*Saturday, May 22, 2021 - Field events start at 4:30** – Track events at 5:00*

COVID Information Sheet

1. Hilton High School would like to welcome you to this year's Al Mullan Runnin' Cadet Classic Track and Field Invitational. Listed below are protocols that must be followed in order to run a safe meet. The cooperation of the coaches and athletes will be appreciated.
2. Please check your athletes for any fevers prior to coming to the meet. At the scorer's table, we will have a sign in sheet for coaches to sign verifying the athletes have been checked and approved to participate.
3. Masks need to be worn at all times when not competing. We will create areas on the outside of the track for teams to set up, allowing for proper social distancing. Tents without sides are allowed.
4. Athletes in the field events must wear their masks. In the running events mask must be worn until the athlete may no longer tolerate it, per NYS Health Department.
5. To streamline runners getting their hip numbers, we will be using a self-serve system, similar to indoor track. Numbers will be inside the roped up warm up area. Have the athlete look up their event, heat, and hip number, and then pick up what they need. Hip numbers are NOT needed in the field events.
7. Water will not be turned on at the track, so athletes need to bring their own water or energy drinks. There will be no concession stands at the meet. If there is an emergency and an athlete does not bring water, we will have a limited amount of water for hydration purposes.
8. Rest rooms will be available inside the building adjacent to the track.
9. Hand sanitizer will be available around the track and field areas.
10. **Tents are permitted, but we will not allow walls to be put up.**
 - **Coaches are responsible to make sure that their athletes adhere to all the safety protocols during the meet (masking, distancing etc.)**
11. **We regret that we CAN NOT allow spectators from visiting teams to this meet.**