

33rd Annual Weedsport Track & Field Invitational

- Date:** Friday May 7th, 2021
Place: Weedsport Track and Field Facility
Time: Meet will start promptly at 5:00pm. No coaches meeting or weight in.
- Entries:** Athletes may compete in 3 events.
Only 1 relay team entry per event.
No Pentathlon.
2 entries per school for individual events.
Unlimited entry in the novice shot and discus events
Please submit entries online to
Entry Deadline is 8:00 P.M. Wednesday May 5, 2021. Only drops the day of the meet, no adds.
Meet posted on <https://www.athletic.net>
Live results will be posted on www.live.trackqua.com and results sent to NYMileSplit.
- Entry Fee:** \$250 per school, only **8 schools** will be allowed to participate.
Payment mailed by May 5th, 2021 to:
Weedsport Central School
c/o Zac Young
2821 East Brutus Street
Weedsport, New York 13166
- Scoring:** 10-8-6-4-2-1
- Awards:** Top 6 finishers in each event, Top 3 Teams, Outstanding Track Athlete, Outstanding Field Athlete. **Awards will be mailed after the event.**
- Facilities:** 6-lane all-weather track
High jump and pole vault areas with all-weather surfaces
Shot put and discus area with concrete throwing areas
Starting blocks will be provided. You may bring your own.

NO SPECTATORS WILL BE ALLOWED for 2021 Invitational.

Rules: Spikes will be permitted.
FAT will be used. Concessions will not be available, come prepared.

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400M Hurdles (B, G)	Timed Final
3200M (B)	Final
400M Relay (B, G)	Trials
3000M (G)	Final
110M Hurdles (B)	Final
100M Hurdles (G)	Final
100M Dash (B, G)	Final
400M (B, G)	Final
1600M (B)	Final
1500M (G)	Final
Sprint Medley (B, G)	Final (400-200-200-800)
Novice 1600M (B)	Final (No entrant who has run under 5:25)
800M (B, G)	Final
Novice 1500M (G)	Final (No entrant who has run under 6:00)
200M (B, G)	Final
Weightmen 4 x 100 Relay	(Only shot or discus boys 180 lbs and over- scale at clerking area)
Weightladies 4 x 100 Relay	(Only shot or discus girls) (Non- scoring)
3200M Relay (B, G)	Final
400M Relay (B, G)	Final
1600M Relay (B, G)	Final

Field Events:

Shot (B, G)
Long Jump (B, G) then Triple Jump (B, G)
Discus (G, B)
High Jump (G, B)
Pole Vault (B, G)
Novice Shot Put (B, G)
Novice Discus (G, B)
Pole Vault (B)- starts at 8' by 6" to completion
Pole Vault (G)- starts at 6' by 6" to completion
Triple Jump, Long Jump, Shot, Discus-3 jumps/throws per entrant (no final)
High Jump (B)- Start at 5' by 2" (G)- Start at 4' by 2" to completion

Please contact Athletic Director Zac Young if you have any questions via email at ZYoung@weedsport.org or 315-834-8260.

Please email your intent to participate: Both boys and girls, or individual boys or girls!

Please include the **email of your coach** when you submit intent to participate. Thank you.

Concessions: Food and Beverages

Invitational T-shirts available to purchase the day of the event.

All results will be posted at athletic.net after the completion of the event.