**2022 JOHN REED INVITATIONAL**

TUSCARORA ELEMENTARY SCHOOL | ADDISON NY

SATURDAY, APRIL 23RD

**DATE:** Saturday, April 23rd

**START TIME:** 10:00 am | Ten team limit (C-D schools)

**LOCATION:** Addison Sports Complex

Tuscarora Elementary School |7 Cleveland Dr, Addison, NY 14801

**ENTRY FEE:** Boys and girls teams **$175**

Individual boys or girls teams **$100**

Individual entries **$15**

**Make checks/vouchers payable to:**

*‘Addison Central School District’*

Mail to:

Mike Makowiec, Athletic Director

Addison Middle-High School | 1 Colwell Street | Addison NY 14801

**DEADLINE:** I need to know if you will be attending by Friday April 2nd

How will I know you are attending?

You will… send Tim Lyons [tlyons@addisoncsd.org](mailto:tlyons@addisoncsd.org) and Mike Makowiec [mmakowie@addisoncsd.org](mailto:mmakowie@addisoncsd.org) an email. Please include what teams you are entering (boys/girls/both). Let us know if it will just be individuals. Please include your cell phone number with the email.

**ENTRIES:** We will be using Yen Timing for our entries

Four athletes may be entered per event, one relay

**Entries are due at Yen Timing by Wednesday April 20th (9 pm)**

**TRACK:** 8 lanes, spikes 1/8” | Meet will be run under NYSPHSAA rules

**AWARDS:** Overall Team trophy (b/g), ribbons for top six finishers in each event

**SEEDING:** (1) F.A.T. will be provided by Wellsville Track and Field. All athlete entries will be completed on Yen Timing.

(2) Scratches will be allowed, but no additions. Also, there will be no reseeding if athletes are scratched!



**ORDER OF EVENTS**

**TRACK EVENTS**

100/110 hurdles

4x800 relay

100

2000/3000 steeplechase

400

1500/1600

4x100 relay

400 Hurdles

800

200

3000/3200

4x100 throwers’ relay (non-scoring)

4x400 relay

**FIELD EVENTS**

High Jump (boys and girls)

Discus (girls, then boys)

Shot Put (boys, then girls)

Pole Vault (girls begin, boys join at starting height)

Long Jump

Triple Jump (after long jump)