

2022 JOHN REED INVITATIONAL

TUSCARORA ELEMENTARY SCHOOL | ADDISON NY SATURDAY, APRIL 23RD

DATE: Saturday, April 23rd **START TIME:** 10:00 am | Ten team limit (C-D schools) LOCATION: Addison Sports Complex Tuscarora Elementary School |7 Cleveland Dr, Addison, NY 14801 **ENTRY FEE:** Boys and girls teams \$175 Individual boys or girls teams \$100 Individual entries \$15 Make checks/vouchers payable to: 'Addison Central School District' Mail to: Mike Makowiec, Athletic Director Addison Middle-High School | 1 Colwell Street | Addison NY 14801 **DEADLINE:** I need to know if you will be attending by Friday April 2nd How will I know you are attending? You will... send Tim Lyons tlyons@addisoncsd.org and Mike Makowiec mmakowie@addisoncsd.org an email. Please include what teams you are entering (boys/girls/both). Let us know if it will just be individuals. Please include your cell phone number with the email. **ENTRIES:** We will be using Yen Timing for our entries Four athletes may be entered per event, one relay Entries are due at Yen Timing by Wednesday April 20th (9 pm) 8 lanes, spikes 1/8" | Meet will be run under NYSPHSAA rules TRACK: AWARDS: Overall Team trophy (b/g), ribbons for top six finishers in each event SEEDING: (1) F.A.T. will be provided by Wellsville Track and Field. All athlete entries will be completed on Yen Timing. (2) Scratches will be allowed, but no additions. Also, there will be no reseeding if athletes are scratched!



ORDER OF EVENTS

TRACK EVENTS

100/110 hurdles 4x800 relay 100 2000/3000 steeplechase 400 1500/1600 4x100 relay 400 Hurdles 800 200 3000/3200 4x100 throwers' relay (non-scoring) 4x400 relay

FIELD EVENTS

High Jump (boys and girls) Discus (girls, then boys) Shot Put (boys, then girls) Pole Vault (girls begin, boys join at starting height) Long Jump Triple Jump (after long jump)