

Attica Boosters Club Track and Field Invitational

Friday April 28th
Start Time 4:45 Track and Field Events

The first 16 schools will be accepted

<u>Facilities:</u> 8 lane all weather track with Steeplechase, two long jump/triple jump pits, 2 pole vault runways (we will only be using one for this event), two shot put circles, one discus circle. Concession stand with bathrooms located right next to the track.

Fees: \$325 per school

Make Checks payable to: Attica Boosters Club

Send Checks to: Attica Central School

Attention: Adam Landphair 3338 East Main Street Attica, NY 14011

Intent to participate or questions please contact: Adam Landphair alandphair@atticacsd.org (716) 531-1604

LIMITATIONS: Athletes Can Do Up To 4 Events. A Team May Enter 2 Athletes in field events and individual running events, and 1 Relay Team per School. Only ONE Pentathlete per school (1 male, and 1 female).

Awards: Medals to the top 3 finishers in each event and relay.

Trophy for winning boys and girls teams.

Scoring: 10, 8, 6, 4, 2, 1

Entries: Entries will be made on yentiming.com by Wednesday April 26th at 8:00 p.m.

<u>Concessions</u>: There will be concessions available throughout the night including a food truck on campus. Invitational t-shirts will be available for purchase as well.

Track Order of Events

Girl's Pentathlon 100m High Hurdles

Girl's 100m High Hurdles - Final

Boy's Pentathlon 110m High Hurdles

Boy's 110m High Hurdles - Final

Girl's 4x800m Relay - Final

Boy's 4x800m Relay - Final

Girl's 100m Dash - Final

Boy's 100m Dash - Final

Girl's 2000m Steeplechase - Final

Boy's 3000m Steeplechase - Final

Girl's 400m Dash - Final

Boy's 400m Dash - Final

Girl's 1500m Run - Final

Boy's 1600m Run - Final

Girl's 4x100m Relay - Final

Boy's 4x100m Relay - Final

Girl's 400m Intermediate Hurdles - Final

Boy's 400m Intermediate Hurdles - Final

Girl's 800m Run - Final

Boy's 800m Run - Final

Girl's 200m Dash - Final

Boy's 200m Dash - Final

Girl's 3000m Run - Final

Boy's 3200m Run - Final

Girl's Pentathlon 800m Run

Boy's Pentathlon 1500m Run

Girl's 4x400m Relay - Final

Boy's 4x400m Relay - Final

Field Events Order

Boys and Girls Long Jump in Flights (4 jumps each)

Girls Shot put followed by Boys (4 throws each)

Boys Discus followed by Girls (4 throws each)

Boys and Girls High Jump following Pent (Starting Heights Girls 4' Boys 5')

Girls Pole Vault followed by Boys (Starting Heights Girls 6' Boys 8'6")

Boys and Girls Triple Jump in Flights following long Jump (4 jumps each)

Pent Order of Events

100/110 Hurdles

Boys and Girls High Jump

Boys Long Jump and Girls Shot Put

Boys Shot Put and Girls Long Jump

800/1500