



Brighton Relays 2023



WHEN: Friday, April 28, 2023, 4:30P

WHERE: Brighton High School (1150 Winton Road South)

ENTRIES: 18 team limit. Four event maximum per athlete. ONE relay entry per team per event. All entries are due **by 8:30PM on Thursday, April 27th to www.yentiming.com**. Incomplete field event relays *are* allowed. Changes allowed day of meet using form. Results will be posted on the Section V Outdoor Track website.

FACILITIES: 6 lane, all-weather track. Two horizontal jumping pits, one high jump pit, one pole vault runway (behind bleachers) one shot put circle, one discus circle. Concessions and bathrooms available.

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**ORDER OF EVENTS—Girls/Boys**

**Begin at 4:30 P.M. (warm ups start at 4:00 P.M.)**

**Track Events**

110M/100M Hurdles Relay (3 hurdlers - add times) Boys/Girls\*

Distance Medley Relay (1200-400-800-1600)

4 x 200M Relay

Reverse Swedish Medley (400-300-200-100)

800M Coaches' Relay\*

**\*NOTE: Max 4 coaches; your choice for each leg's distance**

4 x 400M Relay

2x3000M/3200M (2 runners - add times)

**~Presentation of the Jeff Bordeaux Jr. Award~**

2 x 400IH (2 hurdlers-add times)

Sprint Medley Relay (400-200-200-800)

4 x 800M Relay

Throwers 4 x 100M Relay

4 x 100M Relay

**Field Event (2 per relays)**

Triple Jump- run concurrently on 2 pits

Followed by Long Jump

High Jump - Girls/Boys

Shot Put - Girls/Boys

Discus - Boys/Girls

Pole Vault – run on 1 pit concurrently

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SCORING & AWARDS: Top 6 places: 10-8-6-4-2-1; Trophies to top 2 girls' & boys' teams; in events, medals to 1st place, ribbons to 2nd – 6th place. *Only complete relays will count toward team scoring.*

***NEW*:** **Top track and top field team awards (most points per gender).**

COST:

- ✓ \$175 + official voucher for single (boys or girls) team
- ✓ \$ 300 + official voucher for a combined (boys and girls) team
- ✓ \$35 for individual relays; \$15 for single participant entry

MAKE CHECKS PAYABLE TO: Brighton Runners Booster Club. Checks and vouchers are due no later than **Monday, April 24th**. Please mail them to:

Shannon Times
Brighton High School Track and Field
1150 Winton Road South
Rochester, NY 14618

E-MAIL INTENT TO PARTICIPATE TO: timestf@gmail.com (585-506-5423)