57th ANNUAL Castiglione-Tobin HORNELL INVITATIONAL TRACK & FIELD MEET

Coaches: Please forward this information to your athletic director.

All correspondence will be made via e-mail. It is important that your updated e-mail addresses be sent to the meet director.

DATE: Friday, May 5, 2023 * Start: 5:00 PM (Coaches' Meeting: 4:30 PM)

AWARDS: Team Trophies: (1) Girls' Team Winner

(2) Boys' Team Winner

(3) Combined Boys' & Girls' Points

Individual: (1) Medals for 1st-3rd individual events and 1st relays

(2) Ribbons for 4th-6th individual events and 2nd-6th relays (3) Plagues for Boy & Girl MVP Track, Field performers

ENTRY FEE: Boys' and Girls' Teams: \$ 250.00

Individual Boys' or Girls' Teams: \$ 125.00

Individual Boys' or Girls' entries: \$ 25 per athlete (if less than \$ 80)

IMPORTANT: Deadline for registration is Wednesday, April 12th, 2023. Coaches, please email the meet director (mike.degaetano@hornellcsd.org) to confirm your intent to participate.

DEADLINE: Registration fee must be received by Wednesday, April 19th, 2023. (*No team will be added after this date*).

All entries must include prepayment or voucher NO EXCEPTIONS!

PLEASE TAKE NOTE!

Make checks or vouchers payable to: Hornell City School District

And mail to:

John Cardamone, Athletic Director Hornell High School 134 Seneca Street Hornell, NY 14843

john.cardamone@hornellcsd.org

ENTRIES: Dependent upon the number of teams entered, but please enter up to <u>three</u> <u>athletes</u> per event. If we must limit participation, we will do so according to the registration order, i.e., first come, first served.

Regardless of the number of teams entered, shot put, discus, pole vault, 3000/3200, and steeplechase competitors will be limited (see details below) and one relay team is permitted per school (relay entries should include all possible runners with a maximum of 6).

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TRACK: Six-lane all-weather surface. 1/8" spikes only on the track and all runways.

EVENTS: We will run the Sectional event order with steeplechase, but no pentathlon.

All events are finals.

Track: (Girls, then Boys)
100/110 Hurdles
4x800 Relay
100
2000/3000 Steeplechase
400
1500/1600
4x100 Relay
400 Hurdles
800
200
3000/3200
4x100 Throwers' Relay
4x400 Relay

Field:

High Jump (two pits: boys and girls)

Discus (girls, then boys)
Shot Put (boys, then girls)

Pole Vault (two pits: girls outside, boys inside)

Long Jump (two pits: boys and girls)

Triple Jump (after long jump; two pits: boys and

girls)

ENTRIES and SEEDING:

- (1) All athlete entries will be completed on MileSplit.
- (2) Scratches will be allowed, but no additions and no re-seeding after scratches.
- (3) **Notice regarding shot put, discus, steeplechase, and 3200/3000-meter runs.** Submit up to the maximum allowed based on meet enrollment. However, because of time and facility limitations, the following will occur to facilitate meet management:
 - (A) **Shot Put and Discus:** The level of competition will determine the field, with a minimum of **32** (4 flights of 8) and a maximum of **40** (4 flights of 10). Flights will be ordered from highest to lowest seed. Throwers in the top one or two flights (as determined by thrower skill) will receive four throws in these respective events (no finals). The remaining flights will have two or three throws based on lighting conditions.
 - (B) **Pole Vault:** As stated above for throwing events, we will make a judgment based on the quality of jumpers and the total number of entries.
 - (C) **Steeplechase and 3200/3000 meter runs:** We will limit entries to create one heat of each with a manageable number of runners (we have traditionally capped at 24). The best seed times will be selected.

MEET ENTRIES: https://ny.milesplit.com/meets/513639-hornell-invitational-2023/info#.Y7sey0jMKCg

^{*}The meet will be run under the N.Y.S.P.H.S.A.A. rules.