



2023 JOHN REED INVITATIONAL
TUSCARORA ELEMNTARY SCHOOL | ADDISON NY
SATURDAY, APRIL 22nd

DATE: Saturday, April 22nd

START TIME: 10:00 am | Ten team limit (C-D schools)

LOCATION: Addison Sports Complex
Tuscarora Elementary School | 7 Cleveland Dr, Addison, NY 14801

ENTRY FEE:

Boys and girls teams	\$175
Individual boys or girls teams	\$100
Individual entries	\$15

Make checks/vouchers payable to:

'Addison Central School District'

Mail to:

Mike Makowiec, Athletic Director

Addison Middle-High School | 1 Colwell Street | Addison NY 14801

DEADLINE: I need to know if you will be attending by Wednesday April 5th
How will I know you are attending?

You will... send Tim Lyons tlyons@addisoncsd.org, and Mike Makowiec mmakowie@addisoncsd.org, an email. Please include what teams you are entering (boys/girls/both). Let us know if it will just be individuals. Please include your cell phone number with the email.

ENTRIES: We will be using Yen Timing for our entries
Four athletes may be entered per event, one relay
Entries are due at Yen Timing by Wednesday, April 19th (9 pm)

TRACK: 8 lanes, spikes 1/8" | Meet will be run under NYSPHSAA rules

AWARDS: Overall Team trophy (b/g), ribbons for top six finishers in each event

SEEDING: (1) F.A.T. will be provided by Wellsville Track and Field. All athlete entries will be completed on Yen Timing.
(2) Scratches will be allowed, but no additions. Also, there will be no reseeding if athletes are scratched!



ORDER OF EVENTS

TRACK EVENTS

100/110 hurdles

4x800 relay

100

2000/3000 steeplechase

400

1500/1600

4x100 relay

400 Hurdles

800

200

3000/3200

4x100 throwers' relay (non-scoring)

4x400 relay

FIELD EVENTS

High Jump (boys and girls)

Discus (girls, then boys)

Shot Put (boys, then girls)

Pole Vault (girls begin, boys join at starting height)

Long Jump

Triple Jump (after long jump)