



3rd Annual Mercy Track & Field Invitational



April 15, 2023

- Location:** Abby Wambach '98 Track & Field
1437 Blossom Road, Rochester, NY 14610
- Start Time:** 10:00 am
- Entries:** * Email intent to Rick Russotti by **April 4th** (russotti.rick@gmail.com)
*Enter at YenTiming by **April 13th**
- Fees:**
1. \$150 per team (Plus 1 voucher)
 2. \$100 per single-sex team (Plus 1 voucher)
 3. \$20 per individual participant if full team is not attending
- Checks Payable to:** Our Lady of Mercy
c/o Mercy Athletic Department
1437 Blossom Rd.
Rochester, NY 14610
- Awards** Places 1-3 will receive medals in relay and individual events
Places 4-6 will receive ribbons
- Entry Limits** 3 individual events per athlete or 2 individual events and a relay
Two relay teams per gender, per event
- Order of events** 4x800
100/110 Hurdles
100 Meter
400 Meter
15/1600
4x100 relay
400 Hurdles
800 Meter
200 Meter
3000/3200 Meter
4x400
Shot/Disc, HJ/TJ/LJ, Pole Vault