

### Section Five Top 10 All-Time Outdoor Performers

Updated August 1, 2023

**Note:** Performances need to take place in a sanctioned high school meet during the recognized high school season, from the first contest in the spring to the day after the N.Y. State Championships.

#### Boys 100m Dash

10.46	Jermaine Stafford ( Franklin, 1994)
10.3+	Trent Jackson ( Franklin, 1961)
10.3	Jermaine Holloway (Marshall, 1995 City-Catholic)
10.56	Dwayne McClary (East, 1996)
10.56	Jordan Mann ( Lyndonville, 2007 state meet)
10.58	Spencer Carter ( Fairport, 2007 H&H)
10.58	Andrae Hunter (Charlotte, 2014 state meet)
10.59	Maurice Jackson ( Marshall, 1997 Class A Sectionals)
10.63	Mekhi Christensen ( Irondequoit, 2023 Lancer Invite)
10.63	Brian Smith (Greece Athena/Odyssey 2013 qualifier)
10.4+	Bill O'Connell ( Gates-Chili, 1971)
10.4	Bam McDonald (Rush-Henrietta, 1997 MCPHSAA)
10.67	O.J. Singletary (University Prep, 2023 Class B1 Championships)
10.69	Kelly Brown (Wilson Magnet, 2016 State meet)
10.71	Noah Williams (McQuaid, 2017 state qualifier)
10.5+	Lamott Jarrett ( Monroe, 1969)
10.5+	Chris Downs ( Monroe, 1975)

Stafford ran a wind aided 10.0 at the His and Her. As a sophomore he ran a 10.2 but was recorded on only 2 watches.

+ = converted 100 yd. dash time, all times in 10th are hand held, add .24 to convert to FAT

#### Girls 100m Dash

11.65	**Lanae-Tava Thomas (Rush-Henrietta, 2018 Federation))
11.88	Zilla Higgs ( East, 1991 state meet)
11.7	Lisa Horton ( East, 1985 state meet)
11.94	Catarra Burroughs (Wilson, 2014 state meet)
12.02	Doreisha Davis ( Penfield, 1997 Class A Sectionals))
12.04	Krissy Wolcott ( Oakfield-Alabama, 2001)
11.8	Kela Jackson ( Wilson Magnet, 2002 Spring Breakout)
11.8	Ese Ejaife (Brighton, 1999 State Meet)
11.8 (w)	Courtney Lattimore (East High, 2000 qualifier)
12.05	Melody Harloff-(Victor- 2023, Class A1 Championships)
12.06	Sametra Kelly ( Edison, 2008 MOC)
12.08	Crystal Graham ( Edison, 2009 MOC)
12.08	Madeline Kopp (Spencerport, 2013 Qualifier)
12.11	Abby Frank (Penfield, 2017 Class A)

#### Boys 200m Dash

20.7+	Bill O'Connell ( Gates-Chili, 1971)
21.02	Ken Burke ( East, 1985 state meet) #
21.02	Jermaine Stafford ( Franklin, 1990 state meet)
20.9+	Greg Hayes ( Marion, 1972)
21.16	Brian Smith (Greece Athena/Odyssey MCPHSAA 2013)
21.22	Kelly Brown ( Wilson Magnet, 2016 state meet)
21.25	Andrae Hunter (Charlotte, 2014 state meet)
21.31	Noah Williams (McQuaid, 2017 state meet)
21.1	Mike Ford ( East, 1992)
21.2	Antwoine Anderson (Franklin, 1994)

21.2	Bam McDonald (Rush-Henrietta, 1998 A Sectionals)
21.2+#	Robert Pollock (Brighton, 1941)
21.2	Jermaine Blue (Penfield, his & Her 1993)
21.47	Norwood Hughes (Newark, 2022 A2-B1 Sectionals)

+ + converted 220 yd times, ^ - dead heat in same race # - run on a straight away

### Girls 200m Dash

23.42	**Lanae-Tave Thomas (Rush-Henrietta, 2017 state meet), state meet and state record)
24.29	Doriesha Davis ( Penfield, 1997 Class A sectionals)
24.1	Lisa Horton ( East, 1986)
24.2+	Ronnie Wilson ( East, 1978 City Championships)
<b>24.53</b>	Djeynada Thiam(Edison Tech, 2019 state meet)
24.3	Zilla Higgs ( East, 1991)
24.64	Irene Evans ( East, 1987 state meet)
24.66	Brianna Cromartie ( Aquinas, 2008 A Sectionals)
24.75	Jamiee McClary ( Mercy, 2007 state meet)
<b>24.78</b>	<b>**Ay'rianna Moore (Churchville-Chile, 2022 His &amp; Her)</b>

### Boys 400m Dash

46.81	Brycen Spratling (Webster Schroeder, 2010 state meet)
46.6	Mike Ford (East. 1992 His & Her)
47.07	O.J. Singletary- (University Prep, 2023-NY State Championships)
47.79	Jacob Miller (Brockport, 2022 State Meet_Fed.)
47.6	Maurice Hill ( Franklin, 1991 His & Her)
47.86	Thomas Evans ( Franklin, 1993 state meet)
47.93	Joe Greene (Edison Tech, 2005 state meet)
47.99	Jaquil Baxter (Edison Tech, Class AA Sectionals)
48.34	William Ashford (East high, 1989 qualifier)
48.1	Garfield Ellenwood ( Franklin, 1991 His & Her)
48.30	Simon Lamparelli- (Attica, 2023- NY State Championships)

### Girls 400m Dash

52.69	***Sammy Watson (Rush-Henrietta, 2015 state meet)
54.58	**Vanessa Watson (Spencerport, 2017 state meet)
54.68	Ceara Watson (Rush-Henrietta, 2015 state meet)
54.99	Madeline Kopp ( Spencerport, 2013 State Meet )
55.23	Brianna Cromartie ( Aquinas, 2008 Arcadia (Cal.) Invite)
55.34	Kelley Johnson ( Monroe, 1985)
55.93	Sheena Davidson (East High, 2000 State Meet)
55.7	Karen Elliot (Penfield, 1993 MCPHSAA)
56.12	Sharisse Gaskins (East High, 2008 A Sectionals)
55.9	Kim Batten ( East, 1987 AA Sectionals)

\* Laurie Stephens – Brockport, 1974 – ran a **53.8** 440yds as a member of the boy's team in 1974, and a **52.8** in a summer meet at the Canadian National Exhibition in 1974.

### Boys 800m Run

1:50.96	**Ben Bulkeley (Fairport, 2017 state meet, state meet record)
1:51.05	Brad Sumner (McQuaid, 1989)
1:51.7	Tom Horton ( McQuaid, 1976)
1:52.31	Andrew Pirnie (Hilton – 2011 MOC)
1:53.01	Eric Fontanez ( 2009, Hilton, state meet)

1:53.11           \*\*\*Mike Mallow (Fairport, 2016 state meet)  
 1:53.57           Nico Bellavia (Victor, 2018 States)  
 1:53.6            Doug Gunzelman (Fairport, 1998 MOC)  
 1:53.6            Phil Hoey ( Pittsford, 1980)  
 1:54.01           Eric English ( Pittsford Mendon, 2006 state meet)  
 1:54.20           Matt Cain ( Brockport, 2007 MOC)

-Brad Sumner, McQuaid, ran a 1:50.76 at the Keebler meet , an after season meet, in 1983  
 -Eric Kendrick, McQuaid , ran a 1:54.2 880 yd. in 1966, prior to McQuaid joining Section Five  
 -Mike Mallow – Fairport – ran a 1:52.28 at the New Balance Nationals on June17, 2016

### Girls 800m Run

2:04.89           Sammy Watson (Rush-Henrietta, 2015 Class AA sectionals)  
 2:09.3            Asia Henry ( Wilson Magnet, 2009 Brighton Relays)  
 2:09.86           Haley Riorden (Rush-Henrietta, 2018 States)  
 2:11.43           Hayleigh Palloti (Livonia, 2016 Livonia Invite)  
 2:11.47           Zoe Marcus-(Fairport, 2023 NY State Championships)  
 2:12.31           Anna Kostarellis (ChurchvilleChili, 2017 Class AA)  
 2:12.43           Mindy Sawnor ( Greece Athena, 2009 MOC)  
 2:12.83           Sharon Roberts ( Penfield, 1985)  
 2:12.94           Allison Snyder( Honeoye Falls-Lima, 1993 state meet)  
 2:12.97           Rachel Hosmer ( Brighton, 1985)

-Sammy Watson , Rush-Henrietta, ran a 2:03.54 at the IAAF World Youth Championships in Cali, Columbia on July 19<sup>th</sup>, 2015 while winning the Gold medal.  
 -Sammy Watson ran a 2:03.06 in a meet in New Hampshire on June 2, 2016 On June25 Sammy ran a 2:02.91 to win the USATF Junior National Championship. This is an Olympic Qualifying standard performance.  
 Sammy Watson ran a 2:01.47 at the Perfontaine and a 2:00.78 at the Addias Meet, both in 2017 when she ended her high school career.  
 -Ceara Watson ran a 2:08.61 at the New Balance Nationals, June 19, 2015 in a post season championship.

### Boys 1600m Run

4:07.4            +Chris Horton McQuaid,( Golden West, 1973)  
 4:09.9+           John Tuttle ( Alfred-Almond, 1977 Louckes Games)  
 4:11.7+           Dan Supulski ( Dansville, 1969)  
 4:12.39           Keith Pease ( Greece Athena/Odyssey, 2013 state meet)  
 4:12.5            Grant Whitney (Penfield, 1974)  
 4:12.87           Stave Mangan ( Honeoye Falls-Lima, 2010 state meet)  
 4:13.2+           David Norris ( Geneva, 1974)  
 4:13.83           Mickey Burke (Rush-Henrietta, 2014 AA Sectionals)  
 4:14.46           Vince Sherry ( Victor, 1998 state meet)  
 4:14.47           Brian Lilly ( Fairport, 1998 state meet)  
 4:14.59           **Broden Haltiner (Newark, 2022 State Meet)**

+Chris Horton, McQuaid – ran a 4:07.4 during a 4:09 mile at the Golden West, the week graduation after in 1973.

### Girls 1500m Run

4:22.09           \*\*Sammy Watson (Rush-Henrietta, 2016 state meet)  
 4:28.94           Eileen O’Hara ( Webster Thomas, 2013 state meet )  
 4:30.13           Katie Lembo ( Penfield, 2013 MC quad. )  
 4:32.75           Shaylyn Tuite ( Pittsford Mendon, 2011 MCPHSA)  
 4:32.7            Becky Gallivan ( Marion, 1985)  
**4:33.08           Annalee Capuano (Irondequoit, 2022 Monroe County Championhips)**  
 4:33.24           Hayleigh Palotti (Livonia, 2018 State Qualifier)

4:33.6	Stacy Prey ( Brighton, 1984 state meet)
4:34.0	Allison Snyder ( Honeoye Falls-Lima, 1999)
4:34.0	Christa Downey ( Livonia, 1999 MOC)
4:34.2	Sally Smith ( Pittsford Sutherland, 1984 MOC)

### **Boys 3200m Run**

8:53.9+	John Tuttle ( Alfred-Almond, 1977)
8:54.2+	Grant Whitney (Penfield, 1982)
9:02.13	Mickey Burke ( Rush-Henreitta, 2013 state meet)
9:02.62	Paul Dellinger (Brighton, 2017 Loucke's Game)
9:03.87	Nathan Lawler (Pittsford Mendon, 2017 Loucke's Games)
9:07.56	Pat Dupont (Fairport – 2008 State Meet)
9:07.60	**Sam Lawler (Pittsford Mendon, 2019 Louckes Games)
9:09.21	Carl Mauro ( Hornell, 1995 state meet)
9:09.0+	Jim Coddington ( Greece Arcadia, 1977)
9:11.31	Cohen Miles-Rath ( Wayland-Cohocton, 2011 state meet)

### **Girls 3000m Run**

9:35.73	Amanda Vestri (Webster Thomas, 2017 state meet)
9:36.56	Stacy Prey ( Brighton, 1985)
9:41.31	Shaylyn Tuite ( Pittsford Mendon, 2010 state meet)
9:41.67	Katie Lembo ( Penfield, 2013 state meet )
9:42,89	Eileen O'Hara ( Webster Thomas- 2013 Runnin' Rebel)
9:43.6	Deresa Walters ( Penfield, 1987)
9:50.01	Sammy Watson (Rush-Henreitta, 2017 Hilton Cadet Invite)
9:55.51	Anna Kostarellis (Churchville-Chili, 2017 state qualifier)
9:56.0	Kim Trawitz ( Fairport, 1985)
9:56.0	Sally Smith ( Pittsford Sutherland, 1984 MOC)
9:56.34	Liz Cufari ( Pittsford, 2004 state meet)

### **Boys 110m High Hurdles**

13.92	George Pardner ( Franklin, 1999 Class Championships)
14.08	Jahmahl Pardner ( Aquinas, 2012 Class B Sectionals)
14.08	Terrell Gissendanner ( Edison, 2004 MOC)
14.10	Brett Harrington ( Edison, 2009 state meet)
14.18	Kelly Brown (Wilson Magnet, 2016 AA/A sectionals)
14.22	Roy Douglas ( Pittsford Sutherland, 1982)
14.24	Eric Williams ( Batavia, 2012 Class B Sectionals)
14.0	Ken Burke ( East, 1985 state meet)
14.0	Haneef Sharif ( Gates-Chili, 1997 MOC)
14.0	Bob Johnson ( Madison, Sectionals, 1976)
14.29	Jim Sorel ( Brockport, 2004 state meet)

### **Girls 100m High Hurdles**

14.14	Allie VanBuren ( Batavia, 2010 MOC)
14.17	Kela Jackson ( Wilson Magnet, 2004 MOC)
14.27	**Anaya Dees (Hilton, 2019 state meet)
14.31	Camryn Cole-Webster Schroeder, 2023 NY State Championships
14.31	Lisa Taylor ( East, 1990 state meet)
14.1	Nikki Kieliszak ( Webster, 2000)
14.35	Kristen Kuehn ( Greece Athena, 1993 AA Sectionals)
14.2	Lystra Bartolomew ( Fairport, 1996)
14.45	Indya Richards (Gates-Chile, 2018 States)

14.51 Brooklyn Ventura (Waterloo, 2009 state meet-trials)  
14.3 Karen Elliot ( Penfield, 1993 AA Sectionals)  
14.54 Isabel Hirtelen-Booker ( Harley-Allendale-Columbia, 2012 state meet)

#### **Boys 400m Intermediate Hurdles**

52.81 Rob Skidmore ( Alexander, 2004 state meet)  
53.74 Terrel Gissendanner ( Edison, 2004 AA Sectionals)  
54.00 Michael Bayley (Victor, 2019 state qualifier)  
54.10 Mike Roberts ( Fairport, 1980 state meet)  
54.13 Nate Waye (Geneva, 1989 state meet)  
54.15 Greg Utley ( Webster Schroeder, 1986 state meet)  
54.29 Zach Zeller ( Greece Athena, 2009 MCPHSAA)  
54.31 Adrian Turner ( Rush-Henrietta, 2009 MCPHSAA)  
54.32 OJ Singletary-(University Prep, 2023 –State Qualifier)  
54.33 Alex Egeli (Batavia, 2014 state meet)

#### **Girls 400m Low Hurdles**

58.57 \*\*Vanessa Watson (Spencerport, 2018 Monroe County Championships)  
1:00.13 Karen Elliot ( Penfield, 1993 state meet)  
1:00.14 Kristen Kuehn ( Greece Athena, 1993 state meet)  
1:00.68 NaTasha Greggs ( Wilson Magnet, 2010 state meet)  
1:00.77 Justina Sanders-Schifano (Sodus, 2015 state meet, Federation race)  
1:00.86 Dorian Broadly ( Wilson Magnet, 2010 state meet)  
1:00.94 Kim Batten ( East, 1987 state meet))  
1:01.65 Brooklyn Ventura ( Waterloo, 2008 state meet)  
**1:01.66 Maddie Pitts (Victor-2022 Victor MCPHSAA)**  
1:01.80 \*\*Sinead Sargeant (Fairport, 2017 state meet)

#### **Boys 400m Relay**

40.73 Franklin ( 1993 state meet – Garfield Ellenwood, Thomas Evans, Antwoine Anderson, Jermaine Stafford)  
41.0 Franklin (1992, His and Her – Jon Johnson, Garfield Ellenwood, Shawn Howard, Jermaine Stafford)  
41.71 Rush-Henrietta –Matthew Blue, Miles Boykins, Jason Boykins, Tamaree Haygood) (2019 Class AA)  
41.74 Greece Olympia (2013 state meet - Desmond Mobley, Craig Hardgers, Ja’marie Jefferson, Carnell Nobel)  
41.80 East ( 2006 state meet – Brent McGill, Ezekiel Porter, Vinson Hixson, Alton McKinney )  
41.82 University Prep (2023 state meet - O.J. Singletary, Juelz Russell, Jayvon Johnson, Christopher Jean)  
41.87 East ( 1985 state meet – Darnell Dunbar, Ken Burke, Terry Richards, LaVonne Richards)  
41.90 Rush-Henreitta (Myles Calhoun, Lukas D’Alfonso, Kobe Lewis, Anthony Brinson, 2017 state meet)  
41.91 Marshall ( 1997 MOC)  
41.7 Franklin ( 1991 MOC – Jermaine Stafford, Garfield Ellenwood, Charles Green, Maurice Hill)

#### **Girls 400m Relay**

46.61 Rush-Henrietta(Stephanie Nwachi, Jaelyn David, Oumou Donzo, Lanae-Tave Thomas, 2018 Fed.)  
47.40 Rush-Henrietta (Stephanie Nwachi, Tori Thompson, Adama Donzo, Lanae-Tava Thomas, 2016 states)  
47.74 Rush-Henreitta (2015, Qual.- Lanas-Tava Thomas, Tori Thompson, Adama Donzo, Stephanie Nwachi)  
48.06 Edison ( 2000 – Linda Williams, Charrise Everett, Laquita Thomas, Sheena Davidson )  
48.25 Edison ( 2009 Moc – Sametra Kelly, Ashley Brooks, Danielle King, Crystal Graham )  
48.36 Rush-Henrietta (2014 State Qualifier- Adama Donzo, Tori Thompson, Lanae-Tava Thomas  
Tiaja Jeffries)  
48.46  
48.2 East (1986-Charlotte Nesmith,Kelley Johnson, Yauneek Jackson, Lisa Horton)  
48.49 Gates-Chili (Indya Richards, Brianna Randolph, Dyonte Allen, SherDavesia Jacgue, 2017 state meet)  
48.51 Edison ( 2006 Cities – Traquanda Brook, Neshay Maxwell, Sheleine Daniels, Najia McGee)

### **Boys 1600m Relay**

3:14.76	Franklin (1993 – Garfield Ellenwood, Thomas Evans, Antwoine Anderson, Jermaine Stafford )
3:17.51	Rush-Henrietta-Giovan McKnight, Jason Boykins, Miles Boykins, Ben Hulbert (2019 state meet)
3:17.64	Franklin (1992 state meet – Thomas Evans, Antwoine Anderson, Jon Johnson, Garfield Ellenwood )
3:18.64	Edison (2009 state meet – Quinton Harley, Jonathan Santana, Mark Canady, Joseph Hlywa )
3:19.15	Rush-Henrietta (Stephen Beckham, Aiden Daniels, Ben Hulbert, Noah Brown, 2018 Qualifier)
3:19.48	Rush-Henrietta (Aiden Daniels, Noah Brown, Lukas D’Alfonso, Brandon George, 2017 state meet)
3:19.51	Hilton ( 2007 – MOC - Mike Giordano, Ben Wallace, John Picardo, Eric Fontanez ).
3:19.79	East (1998 state meet)
3:19.95	Edison ( 2000 state meet)
3:20.14	McQuaid (2015 state qualifier – Atiba McLaren, Daniel Rooney, Noah Williams, Amari Lawrence)

### **Girls 1600m Relay**

3:43.94	Rush-Henrietta (2015 state meet-Lanae-Tava Thomas, Tori Thompson, Ceara Watson, Sammy Watson)
3:48.99	East (1986 state meet – Kim Batten, Irene Evans, Lisa Horton, Kelley Johnson )
3:52.17	Wilson Magnet (2009 state meet – NaTasha Greggs, Asia Henry Doriane Broady, Tara Murphy)
3:52.26	Wilson Magnet ( 2008 MOC – NaTasha Greggs, Asia Henry, Tara Murphy, Doriane Broady)
3:52.52	Rush-Henrietta (Milan Linzy, Haley Riorden, Stephanie Nwachi, Lanae-Tave Thomas, 2018 States)
3:52.72	Rush-Henrietta ( 2014 state meet- Ceara Watson, Emily Zeafla, Elvira Martinez, Sammy Watson)
3:53.25	Pittsford ( 1998 state meet – Colleen Doody, Courtney Harring, Meg Lewis, Kristen Doody)
3:54.26	Fairport ( 2008 MOC – Caitlin Cociova, Lauren Burke, Angela Ryck, Michelle Barnum )
3:55.55	Wilson Magnet ( 2009 moc – Natasha Greggs, Asia Henry, Doriane Broady, Tara Murphy)
3:55.8	Pittsford ( 1999 MCPHSAA – Colleen Doody, Alysia Evanitsky, Courtney Harring, Kristen Doody)

### **Boys 3200m Relay**

7:43.66	Rush-Henrietta ( 2011 state meet – Colby Burke, Alex Raymond, Andrew Sweeney, Mickey Burke)
7:45.5+	McQuaid ( 1975 state meet – Tom Lott, Tom Horton, Tim Lawrence, John Farrell)
7:46.85	Fairport (2016 state meet – Ben Bulkeley, Matt Orcutt, Mike Mallow, Nathan Markle)
7:47.18	Fairport (Ben Bulkeley, Sean Henretta, Samuel Shaver, Nathan Markle, 2017 state qualifier)
7:47.76	Webster Schroeder ( 2010 state meet – Anthony Piacentini, AJ Nasello, Brycen Spratling, Ben Ftau)
7:48.11	Honeoye Falls-Lima ( 2010 state meet – Kevin Hoose, Christian Cole, Alex Deir, Steve Mangan)
7:48.4+	McQuaid ( 1976 state meet – Dave Ama, Nathan Peck, Tom Lott, Tom Horton)
7:49.13	Victor ( Nico Bellevia, Hunter Braun, Connor Preston, Andrew Schmuhl (2017 state qualifier)
7:49.31	McQuaid ( 1989 Hartford Invite, Scott Romanowski, Mickey Stone, Jason Fahy, Brad Sumner)
7:49.47	Fairport (1993 – Mike Reif, Adam Seavey, Teague Ruder, Jeff Brighton)
7:49.9+	McQuaid ( 1974 state meet, Tom Lott, Schaeffer, John Farrell, Tim Horton)
7:50.16	McQuaid ( 1988 state meet – Chris Cusack, Chris Adin, Scott Romanowski, Brad Sumner)
7:50.19	McQuaid ( 1985 state meet – Steve Rapp, Rob Smillie, Scott Paterson, Dave Warth)

### **Girls 3200m Relay**

9:09.09	Fairport (2009 state meet – Jen Spitzer, Angela Ryck, Jenny Springer, Lauren Burke)
9:10.78	Honeoye Falls-Lima ( 2006 MOC – Alex Mustrado, Meghan VonHouton, Liz Deir, Audrey Mangan)
9:11.21	Rush-Henrietta- Monica Gregg, Haley Riorden, Christina Gates, Lily Oliver (2019 state meet)
9:14.69	Rush-Henrietta ( 2008 – Laura Varble, Jamie Varble, Cassie DiMarino, Zarah Quinn)
9:15.89	Rush-Henrietta (2013 state meet -Emma Jones, Ceara Watson, Alex Cooper, Alana MacDonald)
9:16.11	Rush-Henrietta(Haely Riorden, Lily Oliver, Monica Gregg, Bailey Pierce(2018 States)
9:17.92	Hilton (2006 state meet – Allison Sawy3er, Caroline Schultz, Becca Ritchie, Shelby Herman)
9:18.11	Rush-Henrietta 2017 Royal Comet, Emma Canny, Monica Greeg, Haley Rioerden, Sammy Watson)
9:18.67	Webster Thomas ( 2011 MOC – Shavonna Hinton, Molly Halpin, Melissa Mazzo, Shannon O’Hara)
9:18.71	Honeoye Falls-Lima (1999 state meet, Stephanie Coles, Amber Dodzweit, Mary Iaculli, Allison Snyder)

### Boys 3000m Steeplechase

9:02.56	Noel Bateman ( Aquinas, 2006 state meet (record)
9:07.02	Pat Dupont (Fairport – 2008 State Meet)
9:09.88	Brennan Root (Rush-Henrietta, 2013 state meet)
9:11.24	Tyler Ranke ( Hilton, 2014 state meet )
9:14.5	John Tuttle ( Alfred-Almond, 1977 Louckes Games)
9:19.80	Brady Fergusson ( East, 2002 state meet)
9:23.22	Sam Lawler (Pittsford Mendon, 2019 Qualifier)
9:23.77	Jared Rousell ( Webster Thomas, 2011 state meet)
9:24.80	Alex Deir ( Honeoye Falls-Lima, 2009 state meet)
9:25.16	Dawson Bathgate (East Rochester, 2016 state meet)

### Girls' 2000m Steeplechase

6:43.78	Valerie Palermo (Webster Schroeder, state meet 2013)
6:45.91	Shaylyn Tuite ( Pittsford Mendon, 2011 MOC)
6:45.19	Liz Deir ( Honeoye Falls-Lime, 2006 BB Sectionals)
6:50.78	Leila Mantilla ( Penfied, 2012 AA sectionals)
6:51.22	Allison Sawyer ( Hilton, 2006 MOC)
6:52.83	Hannah Cole ( Honeoye Falls-Lima, state meet, 2013)
6:56.36	Anna Kostarellis (Churchville-Chili, 2017 state meet)
6:56.74	Allison Hoh ( Honeoye Falls-Lima, 2010 state meet)
6:59.63	Lauren Ferriman I ( Fairport, 2004 state meet)
6:58.12	*Elsa Cole (Fillmore, 2016 state meet)

### Boys Pentathlon

3820 pts.	Kyle Rollins (Geneseo, 2017 state qualifier)
3707 pts.	Tomaris Bell ( McQuaid, 2009 City Catholic Championships)
3629 pts.	Pat Meyer ( Hilton, 2012 state meet)
3484 pts.	Mike Dronk ( Victor, 2009 state meet)
3406 pts.	Adam Long ( Bath-Haverling, 2004 MOC)
3386pts.	Mike Weller ( Wayne, 1998 Wayne County Championships)
3382 pts.	Jordan Addison (West Irondequoit, 2011)
3352 pts.	Andrew Omoriegie (Gates-Chili, 2006)
<b>3352 pts.</b>	<b>Ian Szemcsak (East Rochester, 2022 State Meet)</b>
3337 pts.	Melverton McFarlane ( East, 1995 AA sectionals)
3314 pts.	Tamaree Haygood (Rush-Henrietta, 2019 Elk Spring Day-Wellsville)

Note: Craig Butler (Pittsford, 1991 MOC) scored 3307 pts. in 1991 probably with the old table

### Girls Pentathlon

3492 pts.	Jadyn Mullen- (Alexander, 2023 NY State Championships)
3435 pts.	Aposha Blocker ( Brockport, 1994)
3405 pts.	Kari Cleveland ( Penfield, 1986 MOC)
3363 pts.	Emily Lavarney (South Seneca, 2017 state meet)
3299 pts.	Renee Schmidt ( Newark, 1983) <i>old tables</i>
3268 pts.	Makayla Binter (Greece Arcadia, 2016 state meet)
3247 pts.	Michelle Galganski ( Alexander, 1986 state meet)
3244 pts.	Maddie Pitts- (Victor, 2022 Victor Pent/Steeplechase Invite)
3237 pts.	Stephanie Hyde (Rush-Henrietta, 2018 States)
3230 pts.	Holly Jones ( Fairport, 1990)

, - Sandi West, Livonia, 3222 pts. with the old table (1980 state meet),

### Boys Shot Put

64'5.75"	Roger Taylor ( Canandaigua, 1967)
64'4.25"	Kevin Akins ( Webster Schroeder, 1978)
63'11"	Bill Dugan ( Hornell, 1977)
62'11.75"	Greg Reyner ( Cardinal Mooney, 1983)
61'00.25"	Matthew Auble-(Warsaw, 2023 Livonia Invite)
59'9.5"	Anthony Ray (Batavia, 2018 Monro County Championships)
59'6.75"	Dan Mastrella ( Aquinas, 1976)
59'4.75"	Dave Gross ( Brockport, 2008 AA sectionals)
58'11.5"	Jake McPherson (Rush-Henrietta, 2018 Federation)
58'6"	Joe Loiacono ( Greece Olympia, 1999 state meet)

### Girls Shot Put

46'10.50"	LaTanya Parker ( Newark, 1999)
45'4"	Erica Williams ( Batavia, 2012 Royal Comet)
44'0	Heather Wachob ( Penn Yan, 1981 state meet)
43'6"	**Monique Hardy (Webster Thomas, 2019 state meet)
42'6"	Sue Livergood ( Wellsville, 1988 MOC)
42'2.50"	Antiionette Johnson ( East Irondequoit Eastridge 2009 A sectionals)
41'10.50"	Paula Allen ( Newark, 1994 Finger Lakes Invite)
<b>41'9.5"</b>	**Rachel Koonman-Fairport (2019 Class AA Sectionals)
41'8.5"	Victoire Kothor (2014 state qualifier)
41'6.50"	Sonja Fitts ( Gates-Chili, 1988 MOC)

### Boys Discus

<b>188'03"</b>	Matthew Auble-(Warsaw, 2023 Livonia Invite)
185'1"	Kevin Akins ( Webster Schroeder, 1978)
184'6"	Mike Taylor ( East, 2002 MOC)
175'1"	Jason Rizzo ( Newark, 1988 state meet)
174'5"	Joe Loiacono ( Greece Olympia, 1988 state meet)
172'5"	Bob Good ( Brockport, 1979)
172'1"	Greg Reyner ( Cardinal Mooney, 1982)
169'2"	Mark Puev ( Webster, 1987 state meet)
<b>167'5"</b>	<b>Will Trembley (Newark- 2022 Royal Comet)</b>
167'2"	Evan Nesmith (Pittsford-Mendon, 2022 State Qualifier)

- Rizzo is listed as the Finger Lakes league record holder with a 175'6"
- Bob Good, Brockport, throw a 173'5 in dual meet against Arcadia in 1979.
- Mike Cordes, Notre Dame, had a 178' throw prior to ND joining Section Five.
- Auble's performance meets all the criteria for this list, but not as the overall record. He holds that record of 186'3" set at Batavia invite.

### Girls Discus

151'3"	LaTanya Parker ( Newark, 1999 MOC)
149'6"	Claire Dishong ( Brockport, 2009 MOC)
143'9"	Jen Jones (Arkport, 2004)
137'3"	****Brianna Young (Brockport, 2015 qualifier)
136'2"	Amy Nichols (Newark, 1997 state meet)
135'8"	Paula Allen (Newark, 1995 MOC)
135'4"	Anna Schults ( Hornell, 2001)



134'9" Madison Offhaus (Warsaw, 2018 Cal-Mum Invite)  
134'5" Alyssia Smith (Wellsville, 2014 Falconer Invitational)  
**133'4"** \*\*Monique Hardy-Webster Thomas (2019 State Qualifier)

### **Boys Long Jump**

25'2" Desmond Mobley ( Greece Olympia, 2012 state meet)  
24'4" Julius Gerald ( Edison, 2001)  
24'1.5" Joshua McCleary (Greece-Olympia, 2018 States)  
24'3.50" John Lesure ( Greece Athena, 1998)  
24'00.75" Tamaree Heygood- Rush-Henrietta (2019 Class AA Sectionals)  
23'11" Andre' McCloud ( Bath-Haverling, 2008 LCAA)  
23'8.75" Joe Greene ( Edison, 2005)  
23'8.75" Marcus McFadden-Gates-Chili (2019 Class AA Sectionals)  
23'8.50" Tyler Rattray-Clyde-Savannah) 2016 CC/C Sectinals)  
23'8" Wain Mengel ( West Irondequoit, 1965)  
23'6" John Dawkins (Edison, 1969)

### **Girls Long Jump**

21'00" \*\*Lanae-Tava Thomas (Rush-Henrietta, 2017 Royal Comet))  
20'0.25" Marlana Robinson ( Brighton, 1997)  
19'8" Camyrn Cole- (Webster Schroeder, 2023 NY State Championships)  
19'8" Kim Batten ( East, 1987)  
19'1.5" Jillian Ambler-Fairport, 2023 Qualifier)  
19'1.5" \*\*\*Anaya Dees (Hilton, 2018 Royal Comet)  
19'0.75" Askieka Anderson ( East, 1995 His and Her)  
19'00" Makayla Binter (Greece Arcadia, 2016 state qualifier {pent} )  
18'11" Jenn Gurrant ( Batavia, 2005 MOC)  
18'10.25" Apasha Blocker (Brockport, 1994)  
18'9.75" Jackie Blake ( Greece Olympia, 1985)  
18'9" Andy Kopf ( Spencerport,1987)  
18'9" \*\*Corintia Griffith (Webster Schroeder, 2022 John Arco Invite)

**\* Lanae-Tava Thomas jumped 22'11" to win the 15-16 age Junior Olympic championship on July 27.2017**

### **Boys Triple Jump**

51'5.25" Gary Jones ( Webster Schroeder, 2006 MOC)  
50'10.75" Tobi Tella (McQuaid, 2016 state meet -Federation competition)  
49'7" Rubin Owens ( LeRoy, 2014 state meet)  
48'11" Anthony Butler (2016 state meet)  
48'6.75" Rickie Edwards ( East, 1991)  
48'6.25" Jermaine Blue ( Penfield, 1993 His & Her)  
48'5.50" Marcus Wilson ( Greece Olympia, 1986 state meet)  
48'4" Calvin Kirkland ( Franklin, 2000)  
**48'3.5"** **\*Manuel Sepulveda (East Rochester, 2022 W-FL Championships)**  
48'2.75" Dennis Jamison ( Edison, 2004 AA sectionals)  
47'10.50" Adam Steinwachs ( Churchville-Chili, 1995 AA sectionals)  
47'10.50" Jayvon Larkin ( Wilson Magnet, 2011 state meet)

### **Girls Triple Jump**

41'5.50" Marlana Robinson ( Brighton, 1997)  
41'4.25" Corintia Griffith-(Webster Schroeder, 2023 NY State Championships)  
40'6" Kim Batten ( East, 1987)  
39'10.50 " Andie Kopf ( Spencerport, 1987 MOC)

39'9"	**Anaya Dees-Hilton (2019 Class AA Sectionals)
39'6.25"	Quayona Carithers ( Clyde-Savannah, 2004 state meet)
39'3.75"	Jenn Gurrant ( Batavia, 2005)
39'3"	**Nia Williams-Matthews – Aquinas (2019 State Qualifier)
38'10.75"	Aiden Brennan ( Harely-Allendale-Columbia, 2012 W-FL multi meet #6)
38'8"	Deidra Foster ( Lyons, 2000 state meet)

### **Boys High Jump**

6'11"	Sergio Case ( Palmyra-Macedon, 1990 state meet)
6'10.75"	Tomaris Bell ( McQuaid, 2008 MOC pentathlon)
6'10"	Steve Pace ( Spencerport, 1978 state meet)
6'10"	Matt Cushman ( Hilton, 2000 His & Her)
6'10"	*Brandon Burke (Byron-Beregen/Elba, 2016 CC/C Sectionals)
6'9"	John Howitt ( Corning East, 1980 MOC)
6'9"	Dan Moles ( Red Jacket, 1994 D sectionals)
6'9"	Luke Shafer ( McQuaid, 2002 Spring Breakout)
6'9"	Anthony Hariston ( Webster ?, 2002 MOC)
6'9"	Peter Bligh ( Greece Arcdia, 2007 state meet)
6'8.75"	Kyle Rollins (Geneseo, 2017 state qualifier {pent})
6'8"	Dave Herritt ( Corning East, 1980)
6'8"	Eric Fontanez (Hilton, 2008 MOC & 2009 state meet)
6'8"	Steve Lindsay ( Greece Athena, 1995 MCPHSAA)
6'8"	Desmond Mobley ( Greece Olympia, 2012 MCPHSAA)

### **Girls High Jump**

<b>5'11"</b>	<b>*Camryn Cole (Webster Schroeder, 2022 Monroe County Championhips)</b>
5'8.50"	Kim DePrez (Fairport, 2002)
5'8.25"	Carol Munger ( Canandaigua, 1998)
5'8"	Vivian Davis ( Avoca, 1980 state meet)
5'8"	Alayna Banks ( Webster, 1998 A sectionals)
5'8"	Holly Jones ( Fairport,?)
5'7.25"	Judy Ingham ( Hilton, 1981 His & Her)
5'7"	Sara Irwin ( Hornell, 1995 MOC)
5'7"	LeNetta Banks ( Victor, 1996 state meet)
5'6.75"	**Danielle Fisk-Honeoye Falls-Lima (2019 State Qualifier)
5'6.50"	Jennifer Lindsay ( Honeoye Falls-Lima, 1989)
5'6.50"	Julianne Lawnczak ( Churchville-Chili, 2009 MOC)

### **Boys Pole Vault**

16'2"	Andrew Park ( Fairport, 2003 state meet)
15'9"	Mike Dempsey ( Gates-Chili, 2006)
15'7"	Jeff Buttaccio ( Midlakes, 2000)
15'7"	Dylan DelConte(Gates-Chili, 2018 State Qualifier)
15'6"	Nelson Rivera ( Newark, 1999)
15'4"	Mike Reynolds ( Fairport, 2005 MOC)
15'4"	Ethan Mcquire (Penfield, 2015 qualifier)
15'3"	Nick Herman ( Gates-Chili, 2004 AA sectionals)
15'3"	Dustin Meyers –Gates-Chili (2019 State Meet)
15'2.50"	Jason Dalhman ( Aquinas, 1999)
15'1"	Dave Fladd ( Victor, 1987 state meet)
15'1"	Jason Menzie (Byron-Bergen, 2000)
15'0"	Kris Williams ( Fairport, 2006 AA sectionals)
15'0"	Max Curren ( Williamson, 2014 W-FL Quad)

## Girls Pole Vault

13'3"	***Erica Ellis (Gates-Chili, 2017 state qualifier)
13'1"	**Laura Reigle-Hilton (2021)
12'7"	Karmen Auble ( Warsaw, 2013 Runnin' Rebel)
12'3"	Jennifer O'Neill ( Fairport, 2004)
11'10"	Earnei Burapan (Hilton, 2017 LeRoy Invite)
11'9"	Zoe Camillaci ( Hilton, 2013 MCPHSAA)
11'7"	Ireland Armstrong ( Bath-Haverling, 2013 LCAA)
11'6"	Matilde Spagna-(Gates-Chili, 2023 Class A1 Championships)
11'6"	Hayley Christano ( Hilton, 2010 state meet)
11'6"	Hannah Root (Honeoye Falls-Lima, 2016 state qualifier)
11'6"	Cara Pellechia (Hilton, 2022 Monroe County Championships)
11'4"	***Carli Kirkwood-Byron-Bergen (2019 Genesee Region Championships)
11'3"	Chaire Dishong ( Brockport, 2009)
11'3"	Charlene Kearns ( Gates-Chili, 2013 Pembroke)
11'3"	Brigitte Koharski-Honeoye Falls-Lima) (2019 State Meet)
11'3"	Rebecca Bready (Gates-Chili, Wayne Invitational)
11'3"	*Lauren Schrader (Victor, 2022 State Qualifier)
11'1"	Morgan Adams ( Pavilion, 2017 Tiger Invite)

- Matilde Spagna was an exchange student from Italy. Her 11'6" is an Italian age group record.

### **You can help.**

This is a list of top performers, not performances. This list was generated from lists originally done by John Moriello of the Democrat and Chronicle. I have been maintaining it for the last 20+ years or so. I can use your help. Please look over these performances and let me know of any corrections or additions. Because this is a section wide list I am including only verified performances. Verified meaning performances generally from multiple team meets, most likely invitationals or championship meets. These meets can be verified by published results. **Since this is a spring track list, only performances during the spring season are considered. The spring season usually runs from the last week of March through to the day after the state meet.**

If you have any information on the listed performers or feel that someone has been omitted please let me know at [sect5trac@frontiernet.net](mailto:sect5trac@frontiernet.net) and I will investigate.

Thanks,

Lance Bush