# 15<sup>th</sup> Annual Wayne Invitational Friday May 5<sup>th</sup> 2023 Wayne Central High School

No coaches meeting Competition starts promptly at 5:00 PM Facility

Eight Lane All –Weather Track

All-Weather surface for high jump area as well as for long and triple jump runways (two sand pits)

Pentathlon high jump will be run on a separate pit on the tennis courts.

Two shot put throwing circles
T-Shirts will be available for purchase
Scoring and Awards
Team Scoring 10, 8, 6, 4, 2, 1

Trophies for the 1st and 2nd place teams (boys and girls) Medal for 1st - Ribbons for places 2-6 in all events

Most outstanding awards – Track & Field – boys and girls

## SPECIAL AWARDS FOR PENT, 800, 1500/1600, STEEPLECHASE, 4X4, 4X8

FAT timing for all running events (excluding steeplechase)

## **Athlete Entry, Timing & Results:**

Entries will be done online through your team account (male / female) at www.yentiming.com.

The first PAID 16 schools will be entered into the meet.

Coaches are responsible for submitting their entries online no later than Wednesday, May 3<sup>nd</sup> at 9:00 PM Simply Login -update your roster and make a meet entry for each athlete.

Instructions for entry information will be sent out to schools when their entry fees are received.

## Fees: \$300 per school

Schools must have payments in advance or their athletes will not compete

#### Restrictions

4 events max. per athlete
2 athletes for laned events; 2 per non-laned events per school
1 athlete per team per gender for pentathlon (1 boy and 1 girl)
1 relay team per event per school
3/16" or less spikes only

Athletes not entered in an event prior to competition will not be allowed to participate NOTE: There will only be drops the day of the meet, NO additions.

Spectators and non-competitors will not be permitted on the in-field or competition area, No pets allowed at the site

Make check payable to: Wayne Cross Country/ Track and Field Booster (WCCTF)

Send check to: Wayne Cross Country Track & Field Booster Club P.O Box 83 Walworth, NY 14568

Intent to participate or questions, please contact Tim Burlee at 315-690-9061 or tburlee@waynecsd.org (e-mail preferred)

## **Order of Events**

G 100m Pent. Hurdles

G 100m Hurdles

B 110m Pent. Hurdles

B 110m Hurdles

G 4x800m Relay

B 4x800m Relay

G 100m

B 100m

G 2000m Steeplechase

B 3000m Steeplechase

G 400m

B 400m

G 1500m

B 1600m

G 4x100m Relay

B 4x100m Relay

G 400m Hurdles

B 400m Hurdles

G 800m

B 800m

G 200m

B 200m

G 3000m

B 3200m

G Pent. 800m

B Pent. 1500m

G 4x400m Relay

B 4x400m Relay

## **Field Events**

Long Jump: Boys West pit/Girls East pit flights (Three jumps each)

Triple Jump: Girls West pit/Boys East pit flights (Three jumps each)

Shot Put: Boys first followed by girls (Three throws each)

Discus: Girls first followed by boys (Three throws each)

High Jump: Girls first (starting height 3'9") followed by boys (starting height 4'9") Pole Vault Boys first (8' 0" starting height) followed by girls (6' 6" starting height)

## Pentathlon (Order of field events subject to change based upon meet progression)

100/110 Hurdles

Girls Long Jump / Boys High Jump (tennis court)

Girls Shot Put /Boys Shot Put

Girls High Jump (tennis court) / Boys Long Jump 800m/1500m