

9th Annual Dundee Central School Pent-Steeple-Sprint-Field Invitational

Meet Information

Date: Friday, May 3rd 2024

Place: Dundee Central School, Track & Field Facility

Time: 4:30 pm

Entries: Entries are made via www.yentiming.com. Entry limits will be based on the number of teams participating. 10 teams will be the cutoff. 3 entries per track and per field event. 1500/1600 and steeple will be cut off at the top 16 runners. 1 pentathlon entry per gender. After entries are due you may reach out the meet director to see about the availability of a second spot. The entries will be due Wednesday, May 1st at 8:00pm.

Entry Fee: \$275 for each school for both boys and girls.

Make checks payable to: Dundee Central School

Send payment to: Scott Shepardson – Athletic Director
Dundee Central School
55 Water Street
Dundee, NY 14837

Events: 100m, 200m, 400m, 800m, 1500m/1600m, 4x100m, 4x400m 110 Hurdles, 400 Hurdles, Pentathlon, Steeple Chase, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put, Discus.

Timing: FAT timing will be used.

Facilities: 6/8 lane all weather surface with steeplechase. Two horizontal jumping areas with all weather surface runways. One high jump and one pole vault areas with all weather surfaces. One shot put and one discus area with concrete throwing surfaces.

Track Rules: Only 3/16” max pin spikes will be permitted. All spectators and non-competitors will not be permitted inside the competition areas.

Athlete Check-In: Athletes in all running events must check in with the clerk in the southwest corner of the track prior to the start of their race. Athletes in field events should report to the site of their event for check in prior to the start of competition.

Starting Blocks: Adjustable starting blocks are provided. However, you may use your own blocks as well.

Conduct of Meet: All running events will be conducted as finals. If more than one section is necessary, they will be run against time. Sections, lanes and flights will be seeded according to entry times or distances. Sections will be run slow to fast.

Concessions: Available at our concession stand.

Direct all questions to:

Scott Shepardson – Athletic Director Dundee High School

Phone: 607-243-5535 (school) Email: sshepardson@dundeecs.org

Email your intent to participate ASAP to sshepardson@dundeecs.org

School: _____ Coach: _____

Phone: _____ Email: _____