

# EASTSIDE FIELD ACADEMY

**July 9th-11th**

**8:00am-12:00pm (\$125)**

## **Webster Thomas Field House**

- This camp will focus on Field events only. Shot, Disc, Long, Triple, High
- Space is limited to 40 throwers and 15 jumpers to ensure hands on coaching.
- Coaches from Webster Thomas as well as past Sectional Champs / Current and past D1 and D3 athletes will instruct in their respective events.
- This camp will be focused on giving athletes drills to improve their skills, and they will be able to leave the camp understanding the proper techniques to be successful in the future.

Registration starts at 7:45 Monday the 9th

8-8:30	Warmup	Warmup	Warmup
8:30-10:00	Technical session 1	Technical Session 1	Technical Session 1
10:05-10:25	Break	Break	Break
10:30-12:00	Technical Session 2	Technical session 2	Camp Competition

Questions? Contact Matt Carpenter at [Matthew\\_Carpenter@webstercsd.org](mailto:Matthew_Carpenter@webstercsd.org)

Send Registration to:, Matt Carpenter , 10 Kings Lacey Way, Fairport, NY 14450

Checks payable to : Matt Carpenter

\*This event, Activity, or program is not sponsored by the Webster Central School District.

Approval does not imply endorsement, but is a courtesy service to the community



NAME \_\_\_\_\_

Events (circle) Shot, Disc , LJ, TJ, HJ

Parent Name: \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ Shirt Size \_\_\_\_\_

Email will be sent to confirm registration when form is received, To get shirt must be in by July 1st.