

EASTSIDE FIELD ACADEMY

Weight Throw Camp

July 12th

8:00am-12:00pm (\$40) Coaches (\$25)

Webster Thomas Field House

- Intended for students entering 9-12th
- Learn the basics of good technique to get you started towards a successful Indoor season.
- 5 of the last 6 Class A sectional titles have been won by Thomas athletes, and current home of NYS Champion and All american.
- **LIMIT OF 30 spots available.**

8-8:30	Warmup
8:30-10:00	Technical session 1
10:05-10:25	Break
10:30-12:00	Technical Session 2/ comp

Questions? Contact Matt Carpenter at Matthew_Carpenter@webstercsd.org

Send Registration to:, Matt Carpenter , 10 Kings Lacey Way, Fairport, NY 14450

Checks payable to : Matt Carpenter

*This event, Activity, or program is not sponsored by the Webster Central School District.

Approval does not imply endorsement, but is a courtesy service to the community



NAME _____

Parent Name: _____ Phone _____

Email _____

Email will be sent to confirm registration when form is received