

2011 Cuba-Rushford Cross Country Invitational



Cuba-Rushford Central School – 5476 Rt 305 North – Cuba, NY 14727

XC Coach – Robert Sprague AD - Gary Wight

Phone: (585) 968 – 2650 FAX (585) 968-2651

The 15th annual Cuba-Rushford Cross Country Invitational will be held **Saturday, October 15th**,
at the Middle/High School

Entry Fee: \$70.00 per school, or \$40.00 per varsity team, or \$15.00 per individual runner.

Make checks or claim forms out to: **Cuba-Rushford Sports Boosters**
Cuba-Rushford Central School
5476 Route 305 North
Cuba, NY 14727

Race Schedule:

10:00 Walk the course	11:40 Varsity Girls Small School
11:00 Junior High Girls (7 th & 8 th Grades)	12:10 Varsity Girls Large School
11:20 Junior High Boys (7 th & 8 th grades)	12:40 Varsity Boys Small School
1:45 Awards Ceremony	1:10 Varsity Boys Large School

Unlimited number of runners per race. Top 7 runners will be scored (6 and 7 for displacement)

Course will be on grass. Varsity races are 3.1 miles and Junior High races are 1.5 miles.

Concession stand will be run by CRCS Sports Boosters.

T-shirts will be on sale at the concession stand.

Awards:	Team Plaque –	1 st through 3 rd place in all races	
	Individual Awards –	1 st – 3 rd place	5 x 7 plaque
		4 th – 25 th place	Medal
		26 th – 75 th place	Ribbon

Winning Varsity Coaches- T-shirt

Forms have been submitted to have this meet sanctioned.

Directions: Cuba-Rushford Middle School is located 1 mile north of the village of Cuba. If traveling west on Interstate Route 86 (Route 17), get off at exit 28, take a right on Route 305. The school is on your right. If traveling east on Route 86, get off exit 28 and take a left on route 305. The school is on your right

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Phone: (585) 968 – 2650 or Cell: (585) 307-7427 FAX: (585) 968-2651
e-mail - rsprague@crs.wnyric.org

Entry Form

School: _____ Coach: _____
Address: _____ Coaches phone: _____
City: _____ Zip code _____ School phone: _____
E-mail: _____

List number of runners at each level

_____ Varsity Boys Race Enrollment Grades 9-11 _____ (approx.)
_____ Varsity Girls Race
_____ Junior High Boys Race
_____ Junior High Girls Race

This entry form is due by Friday, October 7th. Your entry fee or claim form is also due at this time.

Checks payable to: **Cuba-Rushford Sports Boosters**

Mail Entry Form to : Robert Sprague
Cuba-Rushford Central School
5476 Route 305 N
Cuba, NY 14727