

Genesee Community College and Section V Cross Country

GCC Cougar Invitational

Saturday, September 24, 2011 at 10:00 am

Rain or Shine

Hosted by Genesee Community College- Site of the 2011 Section V Cross Country Championships

Location: Genesee Community College is in Genesee County, Batavia, NY between Rochester and Buffalo. Their web address: <http://www.genesee.edu>

Driving Directions: To reach Genesee Community College from the New York State Thruway, use Exit 48. Turn right (north) on Route 98 and cross over the Thruway. Turn right onto West Saile Road (Airport Road) and continue to Bank Street. Turn right on Bank Street. After crossing over the Thruway again turn left onto Assemblyman R. Stephen Hawley Drive. Genesee Community College is on the left.

Facility: Genesee Community College offers an outstanding facility with a large gym, new locker rooms, and adequate bathroom areas for athletes and spectators. There is plenty of shelter available for both spectators and athletes should inclement weather prevail.

Course: A challenging 5000 meter 2 loop course is designed entirely on grass. It's great for spectators viewing and the start and finish are in the same area. Wooded trails and rolling hedgerows should provide variety for the runners. This will be the site of the 2011 Section V Championships. Spikes are recommended. Modified will run the first loop.

Refreshments/T-shirts: For your convenience there will be a refreshment stand and souvenir T-shirt sales, designed by INNOVATIVE EDGE SPORTS.

Teams/scoring: There will be 3 Boys' Varsity races and 3 Girls' Varsity races. There will be 1 Varsity B Boys' and 1 Varsity B Girls' and a modified Boys' and Modified Girls' race. All Varsity races will be limited to 10 runners and team scores will be kept. All other races will unlimited entries. The top three Varsity teams will receive a plaque and the top Varsity B team will receive a plaque.

Groups: Based on current NYS Classifications:

800 + Group I

300-799 Group II

0-299 Group III

Awards: 50 individual awards in all Boys' Varsity races and 50 individual awards in all Girls' Varsity races. There will be 50 individual awards in all JV Boys' and JV Girls' races. There will be TEAM awards to the top 3 teams in each Varsity race. There will be T-shirts for the top 10 Varsity Races and ribbons for all Modified finishers.

Race Format/Order of Races:

10:00 Girls Group III	12:15 Modified Boys
10:30 Boys Group III	12:30 Girls Group II
11:00 Girls Varsity B	1:00 Boys Group II
11:30 Boys Varsity B	1:30 Girls Group I
12:00 Modified Girls	2:00 Boys Group I

TIME ORDER IS APPROXIMATE

Entry Fee: Make checks/Vouchers out to Section V Cross Country. **Send Fee to Jackie Meyer**, Treasurer, Section V Athletics P.O. Box 55 Wolcott, NY 14590. \$150.00 per school or \$75.00 per team. \$30.00 per individual by **Wednesday September 21st**.

Complete online entry at <http://www.yentiming.com/crosscountry/coach/login>

NO Entries accepted without a voucher or P.O. This is an entry fee not a participate fee.

Questions or Concerns?: Direct all questions to Meet Director Andy Buckenmeyer, School Number (585) 591-1551 Cell Phone Number (585) 506-6497 Email: abuckenmeyer@alexandercsd.org
Entry questions to coachyen@aol.com