

# 8<sup>th</sup> Annual Wayne-Finger Lakes Coaches' "EARLY SEASON SCRAMBLE"

Here's a chance to run your team in an early season, non-traditional, low-key format!

**DATE: Saturday September 7<sup>th</sup>, 2013 --- 10AM Start**

**PLACE: Macedon, NY (Bullis Park) hosted by Pal-Mac**

**COURSE:** 5000m, mostly grass and wooded trails. 5000m course, spikes recommended.

**COST: \$95 per School** (This allows entry to both girls & boys race's)

**AWARDS:** T-Shirts to Top 10 in each division - **80 shirts will be handed out**  
Ribbons to 1-50 in each race, Plaque to Fastest Male/Female Runner of the Day

- All ribbons will be handed out in the chute.
- Top 10 Shirts can be picked up immediately after the race.
- Each runner will be handed an index card that they will turn in to receive their shirt.

**NO TEAM SCORING!**

**Divisions:** \*Large schools 10-12 (350 and above) \*Small Schools 10-12 (349 and under)

## **ORDER of EVENTS:**

**9:00-10:00 Tour course –pick up race packet**

10:00 girl's frosh/soph race (both divisions, 5k)

10:40 boy's frosh/soph race (both divisions, 5k)

11:20 girl's junior/senior race (both divisions, 5k)

12:00 boy's junior/senior race (both divisions, 5k)

## **Athlete Entry, Timing & Results:**

Entries will be done online through your team account (male / female) at [www.yentiming.com](http://www.yentiming.com) by **Thursday September 5<sup>th</sup> 8:00pm**. Simply Login and enter your roster for this meet. A bar coded label will be printed for each runner's pull tag.

Checks payable to: **FLHSAA (Finger Lakes High School Athletic Association)**

Send voucher/payment to: Carol Davis - FLHSAA Treasurer  
Geneva High School 101 Carter Road  
Geneva, NY 14456

**SEND YOUR INTENT BY E-MAIL TO: Paul Pfeiffer/ W-FL XC Chairman**  
[ppfeiffer@marioncs.org](mailto:ppfeiffer@marioncs.org)