

**NEW YORK STATE FEDERATION SECONDARY SCHOOL
ATHLETIC ASSOCIATION**

AIS CHSAA PHSAA PSAL

Boys & Girls Cross Country Committee: Bob Baratta-Chairman & Toumament, Director,
CHSAA-Louis Vasquez-Assst. Director, AIS-George Calano , PSAL-Dwayne Burnett,
NYSPHSAA-Chuck Wiltse, Marbry Gansle

**THE 40th ANNUAL BOYS & GIRLS CROSS COUNTRY CHAMPIONSHIPS,
SATURDAY NOVEMBER 16, 2013. Bowdoin Park, Wappinger Falls, NY.
GIRLS RACE 12:15 PM BOYS RACE 1:00 PM**

HOSTED BY: The Federation Committee, at Bowdoin Park, Dutchess County Parks.
Officials, and volunteer student- athletes and adult groups from each league. MEET
DIRECTOR: BOB BARATTA ASST.DIR. LOUIS VASQUEZ JURY OF
APPEALS: FEDERATION CROSS-COUNTRY COMMITTEE .REFEREE:
TOM MC TAGGERT SITE COORDINATORS; Steve Arnett, Ken Kraft

Entries are limited to qualifiers through their association championships, approved by their
association chairperson and meet the Federation qualifying criteria and quotas.

<u>QUOTAS</u>	<u>TEAMS</u>	<u>AT- LARGE TEAMS</u>	<u>INDIVIDUALS</u>
NYSPHSAA	9	7	40
CHSAA UPSTATE	1*		3
CHSAA	3*	3*	12
PSAL	3*		12
MS	11		<u>J</u>
<u>TOTALS</u>	17	10	J70

***Four starred groups eligible for the three at-large bids. Fed Chair is final selector.**

COURSE: 5000m, VARIED TERRAIN AND SURFACES, SUITABLE FOR SPIKES ..
EXCELLENT SPECTATOR COURSE, WITH A FAIR START AND FINISH.

AWARDS: plaques and medals to first five teams. Forty individual medals. Awards
ceremony shortly after both races. Results and pictures on MileSplits, Metro Dyestat,
NYSPHSAA , Tully Runners, & Leone Timing websites.

**WE ARE USING CHIP TIMING, RESULTS, AND SCORING BY LEONE TIMING.
COACHES AND ATHLETES MUST COMPLY WITH PROCEDURES THAT MUST BE
ACCURATELY FOLLOWED BEFORE AND AFTER THE RACES.**

ENTRY FEES:TEAMS-\$75, INDIVIDUALS-SIS. ALL FEES MUST BE PAID BEFORE ATHLETES
CAN COMPETE. CHECK, CASH, MONEY ORDER. NO VOUCHERS OR PURCHASE ORDERS.
CHECKS PAYABLE TO NYS FEDERATION XC. PAY AT PICKUP OF NUMBER & CHIPS.

ALL PSAL, CHSAA, AND AIS ENTRIES ARE SUBMITTED THROUGH THEIR LEAGUE
CHAIRPERSONS. DO NOT FAX ENTRIES ON AN INDIVIDUAL SCHOOL BASIS. ALL
NYSPHSAA ENTRIES FROM THE STATE MEET SHOULD NOT BE FAXED. AT- LARGE ENTRIES
NOT COLLECTED AT THE STATE MEET MUST BE SENT TO - BOB BEER. FAX 631-345-9419.
OR E-MAILED TO BEERCOACH (gjAOL.COM. (text file or word file or download our form)

HOUSING: Meet Headquarters is the Ramada Inn and Conference center located just
north of US 84 on Route 9. This hotel is a full service hotel, with a great rate and meal
plans. It is 8 miles from the course. There are hotels and Malls along route 9.