

# Genesee Community College and Section V Cross Country

## GCC Cougar Invitational

Saturday, September 21, 2013 at 10:00 am

Rain or Shine

Hosted by Genesee Community College

Site of the 2013 Section V Cross Country Championships

**Location:** Genesee Community College is in Genesee County, Batavia, NY between Rochester and Buffalo. Their web address: <http://www.genesee.edu>

**Driving Directions:** To reach Genesee Community College from the New York State Thruway, use Exit 48. Turn right (north) on Route 98 and cross over the Thruway. Turn right onto West Saile Road (Airport Road) and continue to Bank Street. Turn right on Bank Street. After crossing over the Thruway again turn left onto Assemblyman R. Stephen Hawley Drive. Genesee Community College is on the left.

**Facility:** Genesee Community College offers an outstanding facility with a large gym, new locker rooms, and adequate bathroom areas for athletes and spectators. There is plenty of shelter available for both spectators and athletes should inclement weather prevail.

**Course:** A challenging 5000 meter 2 loop course is designed entirely on grass. It's great for spectators viewing and the start and finish are in the same area. Wooded trails and rolling hedgerows should provide variety for the runners. This will be the site of the 2013 Section V Championships. Spikes are recommended. Modified will run the first loop.

**Refreshments/T-shirts:** For your convenience there will be a refreshment stand and souvenir T-shirt sales, designed by INNOVATIVE EDGE SPORTS.

**Teams/Scoring:** There will be 3 Boys' Varsity races and 3 Girls Varsity races. There will be 2 JV Boys and 2 JV Girls and a modified Boys and Modified Girls race. All Varsity races will be limited to 7 runners and team scores will be kept. All other races will have unlimited entries. Only Varsity races will score!

**Groups:** Based on current NYS Classifications:

Large	600 and above
Medium	600-261
Small	260 and below

**Awards:** 50 individual awards in all Boys Varsity races and 50 individual awards in all Girls Varsity races. There will be 25 individual awards in all JV Boys and JV Girls races. There will be TEAM awards to the top 5 teams in each Varsity race. There will be NO TEAM score kept for the JV or Modified races. There will be T-shirts for the top 15 Varsity Races and ribbons for all Modified finishers.

### Race Format/Order of Races:

10:00 Girls Varsity Small	12:30 Girls Varsity Medium
10:30 Boys Varsity Small	1:00 Boys Varsity Medium
11:00 JV Girls Small/Medium	1:30 Girls JV Large
11:30 JV Boys Small/Medium	2:00 Boys JV Large
12:00 Modified Girls	2:30 Girls Varsity Large
12:15 Modified Boys	3:00 Boys Varsity Large

**TIME ORDER IS APPROXIMATE!**

**Entry Fee:** Make Checks/Vouchers out to Section V Cross Country. **Send Fee to Jackie Meyer, Treasurer, Section V Athletics P.O. Box 55 Wolcott, NY 14590.** \$150.00 per school or \$75.00 per team. \$30.00 per individual by **Wednesday September 18th.**

**All late entries will only be accepted with a \$50.00 late fee!**

**Complete Online Entry Form at <http://www.coach.yentiming.com>**

**Questions or Concerns?:** Direct all questions to Meet Director Andy Buckenmeyer, School Number (585) 591-1551 Cell Phone Number (585) 506-6497 Email: [abuckenmeyer@alexandercsd.org](mailto:abuckenmeyer@alexandercsd.org) Entry questions to [coachyen@gmail.com](mailto:coachyen@gmail.com)