

# 4th Annual Marion Cross Country Invitational 5K Open Race

**Saturday October 19, 2013**

**Race Starts at 9:00a.m.**

**Location:** Marion HS, 4034 Warner Road, Marion NY 14505

**Entry Fee:** \$10.00 Register between 7:30am and 8:45am near the finish line. Checks payable to: Marion Track Club

**Awards:** Awards to the top Male and Female finishers in each of the following age divisions: 14/under, 15-18, 19-24, 25-29, 30-39, 40+

**Course:** The open race is the first race of the day, before the start of the Marion Invitational, and will begin at 9:00am. We use the same 5K cross country course as the Varsity HS races. Course maps will be available during registration.

## Open Race Entry Form

### Waiver of Liability

I know that competing in this race is potentially a hazardous activity. I should not enter and compete unless I am medically able and properly trained. I agree to abide by any decision of a meet official relative to my ability to safely complete my race. I assume all the risks associated with competing in this race including, but not limited to: falls, contact with other participants, the effects of weather, including cold, snow and/or ice, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Marion High School and Marion Track Club, their representatives and successors from all claims or liabilities of any kind arising from my participation in this meet.

Signature \_\_\_\_\_ Date 10-19-13  
(Parent/Guardian must sign if under 18)

**Print Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City/Town** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**E-Mail** \_\_\_\_\_ **Age** \_\_\_\_\_ **Gender** \_\_\_\_\_

**DOB (MM/DD/YY)** \_\_\_\_\_