# 9<sup>th</sup> Annual Wayne-Finger Lakes Coaches' "EARLY SEASON SCRAMBLE"

Here's a chance to run your team in an early season, non-traditional, low-key format!

DATE: Saturday September 6<sup>th</sup>, 2014 --- 10AM Start

PLACE: Red Creek School Campus -Red Creek, NY

**COURSE:** 5000m, mostly grass and wooded trails. 5000m course, spikes recommended.

**COST:** Part of WFL Dues -or- \$95 per School (This allows entry to both girls & boys race's)

**AWARDS:** T-Shirts to Top 10 in each division - <u>80 shirts will be handed out</u>
Ribbons to 1-50 in each race, Plaque to Fastest Male/Female Runner of the Day

- All ribbons will be handed out in the chute.
- Top 10 Shirts can be picked up immediately after the race.
- Each runner will be handed an index card that they will turn in to receive their shirt.

#### NO TEAM SCORING!

Divisions: \*Large schools 10-12 (350 and above) \*Small Schools 10-12 (349 and under)

#### **ORDER of EVENTS:**

## 9:00-10:00 Tour course -pick up race packet

10:00 girl's frosh/soph race (both divisions, 5k)

10:40 boy's frosh/soph race (both divisions, 5k)

11:20 girl's junior/senior race (both divisions, 5k)

12:00 boy's junior/senior race (both divisions, 5k)

### **Athlete Entry, Timing & Results:**

Entries will be done online through your team account (male / female) at <a href="www.yentiming.com">www.yentiming.com</a>
by **Thursday September 5<sup>th</sup> 8:00pm**. Simply Login and enter your roster for this meet.
A bar coded label will be printed for each runner's pull tag.

Checks payable to: FLHSAA (Finger Lakes High School Athletic Association)

Send voucher/payment to: Carol Davis - FLHSAA Treasurer Geneva High School 101 Carter Road Geneva, NY 14456

SEND YOUR INTENT BY E-MAIL TO: Paul Pfeiffer/ W-FL XC Chairman

ppfeiffer@marioncs.org