



Clinic Weekend

March 25, 26, 2023

Clinic Weekend is a series of local 2-3 hour clinics presented throughout the Niagara Association. For specific information and details contact the coaches below.

Williamsville South HS

The Racewalk

Don Lawrence

Walk2agoal@gmail.com

Cheektowaga HS

Horizontal Jumps

Emilio Mancino

legendsathletics716@gmail.com

Jamestown

Throws, Jumps, Distance

Cristin Hockenberry

cristinhock@aol.com

Lake Effect Track Club

Endurance

Michelle and Frank Bogdan

Bogdan.n.michelle@gmail.com

Clinic Weekend is made possible by the generous support of the Lions Clubs of WNY. Lions support tomorrow's leaders today.



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