

# Ferd Stenta Invitational

Friday, April 24 at 5pm

**ALL ENTRIES ARE DUE BY: TUESDAY, APRIL 21<sup>st</sup> BY MIDNIGHT**

Order of Events (girls followed by boys)

3000 followed by girls 2000 Steeplechase

Braedyn Ordway 800 Meter Coaches Steeplechase Challenge – All coaches are encouraged to compete. If we get 5 we will do it.

400 Hurdles

100

3000/3200

800

4x100 relay

200

4x800

400

100/110 Hurdles

Tony Versage Mile (1500/1600)

- Special award will be given to the winner of both the girls and boys races

4x400

4x100 Shuttle Hurdle relay (lowest height will be used)

### Field Events

Long Jump, then Triple Jump (2 pits will be used)

Boys and Girls Long will be run 1<sup>st</sup> on separate pits followed by Triple Jump

High Jump (Boys, then Girls)

Pole Vault (Girls, then Boys)

Shot Put (Boys, then Girls)

Discus (Girls, then Boys)

### Cost

The cost is \$150 per school for both boys and girls. \$100 for an individual team.

### Number of Entries:

3 individuals per event

1 relay per team

You do not need to include names for your relays on the seed sheets.

### Awards

T-shirts for the winner of each event and to the winning relay teams

### Special Awards

- 1) Outstanding Thrower
- 2) Outstanding Distance Runner
- 3) Outstanding Sprinter
- 4) Outstanding Jumper

### Meet Entries

Used the attachments for both the girls and boys entries

Email entries to [mclancy@bathcsd.org](mailto:mclancy@bathcsd.org)

### Parking

Instructions will be emailed to your Athletic Director separately