

2016 WELLSVILLE ELKS SPRING DAY

Meet Information

Athletic Directors and Coaches: PLEASE READ CAREFULLY!!! Order of events has changed

HOSTED BY: Wellsville High School & Wellsville Elks Lodge #1495

HELD AT: WELLSVILLE ATHLETIC COMPLEX WELLSVILLE, NY

MEET DATE: Saturday, May 14, 2016

MEET DIRECTOR: Chris Brown, Girls Track Coach
264 N. Main St.
Wellsville, NY 14895
Phone: 607-356-3301 ext. 340 (school) 585-593-4701 (home) 716-498-8160 (cell)
e-mail: cbrown@whitesvillesd.org

SANCTION: NYS PHSAA rules and regulations apply.

SCORING: Six places will be scored in each event as follows: 10-8-6-4-2-1

AWARDS: T-Shirts will be awarded to the top finisher in the individual events. Medals will be awarded to runners on the top team in each relay event. Ribbons will be awarded to places 2-6 in all other events. Team plaques will be awarded for the top boys' and girls' teams and also to school with best combined score (boys & girls). Top male and female athletes of the meet will also receive a plaque.

FACILITY: An eight lane polyurethane all-weather track with accompanying surfaces for the pole vault, high jump, triple, and long jumps. There is ample seating for spectators in the bleachers.

ENTRY FEE: See attached Registration Form

LOCKER ROOMS: Locker room facilities are not available. Athletes are encouraged to come dressed to compete for the meet.

REST ROOMS: Rest Rooms are located next to the concession stand

CONCESSION STAND: The Wellsville Track Boosters will operate a concession stand throughout the meet. There will be a wide assortment of food and refreshments offered.

ENTRIES: **The deadline for all entries is 10:00 PM on Tuesday, May 10th, 2016.**

All entries must be made on-line at www.yentiming.com.

You may begin entering your athletes when you wish and make changes up to the deadline.

No additions or changes will be accepted after the entry deadline.

Coaches must pre-enter at least four and up to six individuals for the relay events. The final four relay names must be determined when the runners report to the Clerking Tent.

Scratches may be made at the meet but no additional competitors may be added at the meet.

(NOTE: All seeding will be done on Wednesday, May 11th, 2016)

PARTICIPATION LIMITATIONS: Limit of two (2) competitors for each individual event and one team in each relay event. Individuals will be limited to participating in a maximum of four (4) events including relays.

COACHES MEETING: There will be a coaches meeting at 9:15 AM

Between 8:45 & 9:00 there will be a brief ceremony honoring our senior track athletes

TRACK EVENTS:

1. **All running event results will be fully automatic timed (FAT) with a FinishLynx timing system.** Please note that we will time to the 1/1000 of a second in order to break ties but will print out to the 1/100 of a second.
2. There will be **no trials** in the **100m & 200m dash (boys/girls), 100m hurdles (girls), and 110m hurdles (boys)**. They will be seeded according to times coaches send in. Coaches should enter times to the tenths of second if a time is hand-timed and to the hundredths of a second if the entered time is FAT (Ex. 12. 57). All hand times will be converted to FAT during the seeding process.
3. **All races will be FINALS**. They will be run slowest to fastest with the six (6) fastest FAT times placing, regardless of what heat they are in.
4. Traditional **starting blocks** will be provided. Those desiring to use other blocks must bring their own blocks. Please label them!! Blocks will be approved at the clerking area.
5. **Spikes** that do not extend 1/8" beyond the surface of the sole are allowed for use on the all weather surfaces. Event judges and the Clerk-of-Course will monitor this closely. Those found participating in violation of the meet rule will be disqualified for unsportsmanlike conduct.
6. **Relay batons** must be provided by each participating school. They will be inspected by the Clerk prior to each relay event.
7. All contestants must check in at the clerking area when his/her event is first called. Failure to do so may be cause for disqualification. Anyone failing to report by the last call will be disqualified.
8. Be advised that the **three (3) turn stagger** will be used in the 1600 m. relay.
9. Competitors must remain on the track at the end of each heat/race until dismissed by the finish line judge

FIELD EVENTS:

1. Coaches must present their **POLE VAULT POLES AND VAULTING WEIGHT VERIFICATION FORM** to the judge at the pole vault pit **THIRTY (30) MINUTES PRIOR TO THE EVENT**.
2. There will be four (4) trials in the throwing and horizontal jumping events. No preliminaries

MISCELLANEOUS:

1. All competitive areas of the track and field are **restricted areas**. Non-competitors, coaches, managers, teammates, parents and friends are restricted from these areas at all times. Failure to comply with this restriction could result in disqualification of the competitor and removal from the facilities.
2. **Once running events begin, all warm-ups for these events must take place outside the fenced track area.**
3. All field event implements must be removed from the site and returned to the bus or equipment shed when the competitor is no longer active. **Absolutely no throwing or jumping will be allowed once a competition has ended.**
4. **Coaches and contestants must listen carefully to announcements.** Although a tentative schedule has been issued, meet management reserves the right to alter the schedule as time and conditions dictate. Failure to make appropriate adjustments will result in disqualification.
5. **Team buses may be parked in front of the school or in the lower lot near tennis courts.**

The Wellsville Track Teams would like to thank the Wellsville Elks Lodge for their generous support.

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Order of Events

TIME	Track (Running) Event(s)	TIME	Field Event
8-9:15 AM	Warm-Ups on Track Allowed	9:00 AM	PV Forms verified (PV Pit)
9:15 AM	Coaches Meeting in Clerking Tent	9:15 AM	Coaches Meeting in Clerking Tent
9:15 AM	Warm-Ups on Track End		
9:30 AM	Girls' 100 M. Pentathlon Hurdles	9:30 AM	Girls' Pole Vault
	Girls' 100 M. Hurdles – Finals		Girls' Shot Put
	Boys' 110HH Pentathlon Hurdles		Boys Discus
	Boys' 110 M. High Hurdles - Finals		Boys' High Jump
			Girls' Long Jump (Pit 1)
	Girls' 3200 M. Relay		
	Boys' 3200 M. Relay	After hurdles	Girls' Pent. Long Jump (Pit 2)
		After hurdles	Boys' Pent. High Jump
	Girls' 100 M. Dash – Finals	After Girls LJ	Boys Long Jump (Pit 1)
	Boys' 100 M. Dash - Finals	After Pent. Shot	Boys Pent. Long Jump (Pit 2)
	Girls' 2000 m Steeplechase		
	Boys' 3000 m Steeplechase	After Girls SP	Boys' Shot Put
		After Boys Disc	Girls' Discus
	Girls' 400 M. Dash	After Boys HJ	Girls' High Jump
	Boys' 400 M. Dash	After Boys LJ	Girls' Triple Jump (Pit 1)
		After Girls TJ	Boys' Triple Jump (Pit 1)
	Girls' 1500 M. Run	After Girls PV	Boys' Pole Vault
	Boys' 1600 M. Run	After Girls SP	Boys' Shot Put
		After Boys Disc	Girls' Discus
	Girls' 400 M. Relay	After Boys HJ	Girls' High Jump
	Boys' 400 M. Relay		
	Girls' 400 M. Hurdles		
	Boys' 400 M. Hurdles		
	Girls' 800 M. Run		
	Boys' 800 M. Run		
	Girls' 200 M. Dash		
	Boys' 200 M. Dash		
	Girls' 3000 M. Run		
	Boys' 3200 M. Run		
	Pent. 800 & 1500		
	Girls' 1600 M. Relay		
	Boys' 1600 M. Relay		
	Shuttle Hurdle Relay (Girls First)		

Wellsville Elks Spring Day Registration Form
Saturday May 14, 2016
Wellsville Athletic Complex

Coaches' Meeting **9:15 a.m. Sharp!!**
Field Events, Pentathlon & Hurdles **9:30 a.m.**
Track Events **10:00 a.m.**

Awards for places 1-6 in all events

Plaque for Combined Total (Boys & Girls)

Plaque for Wining Boys & Girls Teams

Plaque for outstanding performers of meet (male & female)

Entry Fee - \$80 per team \$150.00 for both (boys & girls teams)

Individual Entries will be accepted at \$10 per athlete per event

Meet run under NYSPHSAA rules

8 lane All-Weather surface for track, runways and high jump pad

1/8" spikes only

Please send registration form with payment or voucher by April 30th to:

Chris Brown

(Make check payable to WELLSVILLE TRACK BOOSTERS) 264 N. Main St.

Wellsville, N.Y. 14895

Registration Form Wellsville Spring Day Track Meet

_____ - Boys Team (\$80)

_____ - Girls Team (\$80)

_____ Team

_____ - Both Boys & Girls Teams (\$150.00)

Please check appropriate blank

