

# Ferd Stenta Invitational

Friday, April 8th at 5pm

**ALL ENTRIES ARE DUE BY: TUESDAY, APRIL 5<sup>th</sup> BY MIDNIGHT**

\*Due to the change in date we are unsure how many schools will be able to attend. We will host the meet if there are more than 5 or more schools. Please respond quickly if you plan to attend.

## Order of Events (girls followed by boys)

3000 followed by girls 2000 Steeplechase

Braedyn Ordway 800 Meter Coaches Steeplechase Challenge – All coaches are encouraged to compete. If we get 5 we will do it.

400 Hurdles

100

3000/3200

800

4x100 relay

200

4x800

400

100/110 Hurdles

Tony Versage Mile (1500/1600)

- Special award will be given to the winner of both the girls and boys races

4x400

4x100 Shuttle Hurdle relay (lowest height will be used)

## Field Events

Long Jump, then Triple Jump (2 pits will be used)

Boys and Girls Long will be run 1<sup>st</sup> on separate pits followed by Triple Jump

High Jump (Boys, then Girls)

Pole Vault (Girls, then Boys)

Shot Put (Boys, then Girls)

Discus (Girls, then Boys)

## Cost

- Both boys and girls teams: \$175
- Individual girls or boys team: \$90
- Deadline for payment is Friday, April 1<sup>st</sup> 2016
- Make checks or vouchers payable to: "Bath Central School District." Please write "track invite" in the memo line.
- Address: Randy Abrams, Athletic Director  
Bath Central School  
25 Ellas Avenue  
Bath, NY 14810

## Number of Entries:

3 individuals per event

1 relay per team

You do not need to include names for your relays on the seed sheets.

## Awards

T-shirts for the winner of each event and to the winning relay teams

### Special Awards

- 1) Outstanding Thrower
- 2) Outstanding Distance Runner
- 3) Outstanding Sprinter
- 4) Outstanding Jumper

### Meet Entries

Used the attachments for both the girls and boys entries

Email entries to [tludden@bathcsd.org](mailto:tludden@bathcsd.org)

### Parking

Instructions will be emailed to your Athletic Director separately